

AUGUST 2025

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THE POST

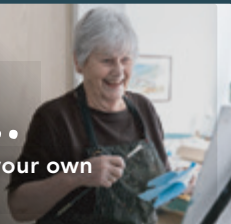
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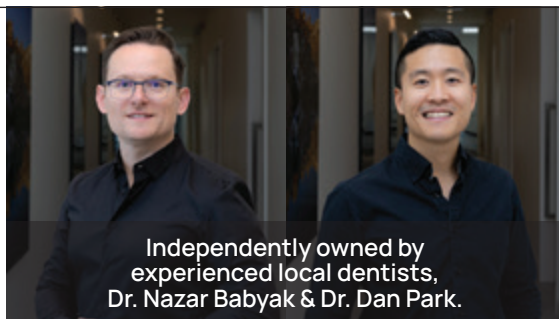
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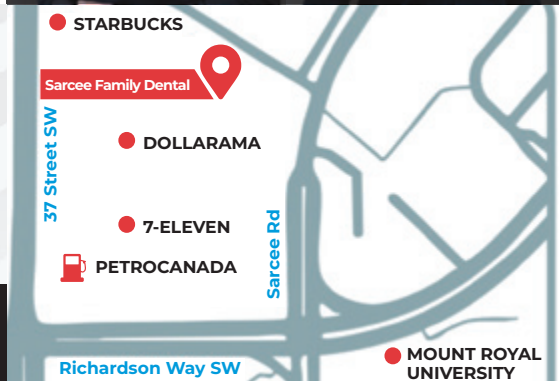
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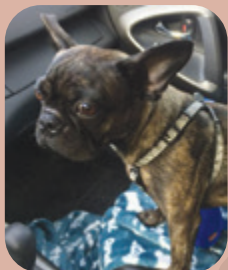
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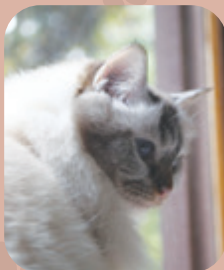
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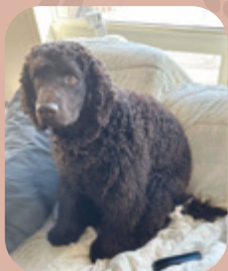
Ella, Mount Royal



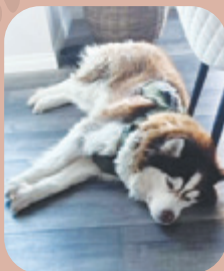
Mac, Evanston



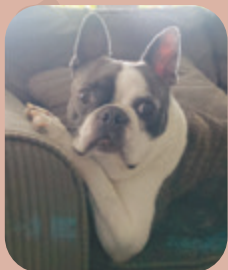
Mango, Evanston



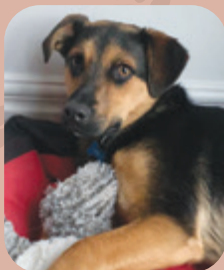
Mick and Turd,
Hidden Creek



Mishka, Evanston



Moseley, Strathcona



Winston, Sunnyside

To have your pet featured, email news@mycalgary.com

RPCA BOARD

Visit our website for the latest information:

www.rutlandparkcommunity.com

Board meetings are held the second Tuesday of each month at 7:00 pm; everyone is welcome.

BOARD OF DIRECTORS 2024/2025

President	Craig Marceau president@rutlandparkcommunity.com
Vice President and Development and Traffic	Leanne Ellis development@rutlandparkcommunity.com
Treasurer	Lisa Luhnning treasurer@rutlandparkcommunity.com
Secretary	Acting Director secretary@rutlandparkcommunity.com
Infrastructure Projects	Mark Yobb markyrobb@rutlandparkcommunity.com
Sarcee Meadows Liaison	Jeremy Hart sarceemeadows@rutlandparkcommunity.com
Membership	Ted Stewart membership@rutlandparkcommunity.com
Ice Rink	Steve Dubois rink@rutlandparkcommunity.com
Lincoln Park Liaison	Vacant lincolnparkliaison@rutlandparkcommunity.com
West View Parc Liaison	Vacant westviewparcliaison@rutlandparkcommunity.com
Currie Barracks Liaison	Dave Rose curriebarracks@rutlandparkcommunity.com
Community Events	Vacant socialevents@rutlandparkcommunity.com
Website Director	Vacant communications@rutlandparkcommunity.com

CONTACTS

Community Association Phone Number	403-246-8318
Hall Rentals	Please call Lola at 403-474-3845 or email hallrentals@rutlandparkcommunity.com
City Recreation Coordinator	Vacant
Police Resource Officer	Constable Art Szabo reg# 4809 ASzabo@calgarypolice.ca
Emergency Contact for RPCA Hall	Lola 403-617-3241
Community Social Worker	Vacant

COMMUNITY ASSOCIATION MEMBERSHIP FORM

Mail or drop off your completed application to: Rutland Park Community Association, 3130 - 40 Avenue SW, Calgary, AB, T3E 6W9 or membership@rutlandparkcommunity.com

Select Membership Type:

- ☐ Family: 1 year - \$15; 3 year - \$36 ☐ Single: 1 year - \$5; 3 year - \$12
☐ Senior: 1 year - \$5; 3 year - \$12

Name: _____ (please print)

Home Address: _____

Phone Number: _____

Email Address: _____

Payment Enclosed: _____

Be sure to include your email address so we can keep you up to date with community news and events of interest to you.

Your support through membership is critical to Rutland Park Community Association's success in negotiations with the various governments (municipal, provincial and federal) and business entities that your board interacts with on a regular basis.

Thank you for your participation.

Rutland Park Mission and Values:

The results of several brainstorming sessions by the Rutland Park community board were presented at the May 23 Town Hall Meeting. These important statements will be used to guide our work and decisions. Your feedback is welcome!

Our Mission and Values:

Our mission is to engage community residents, advocate on their behalf, foster community spirit, and practice meaningful stewardship while honouring our past.

What your Board Commits to Do:

- I. Engaging and including residents of our community
- II. Addressing community concerns in a transparent fashion
- III. Conducting board business in an ethical and fiscally responsible manner
- IV. Making decisions based on the needs of the community as a whole

- V. Communicating board decisions with one voice
- VI. Following through on the commitments and action plans we undertake

Community Values we will uphold:

- honouring our heritage
- connectedness: bringing people together
- knowing neighbours, cultural hub, social activities
- everybody is given a voice
- slow inner city living
- pride in our community: volunteerism, participation
- safe community where people can have fun
- pleasant surroundings/maintaining green space and excellent community facilities
- pedestrian friendly: easy walking, cars secondary to people
- self contained: close to amenities, community garden, sustainable
- accessible, age friendly
- desirable quality of life: all season activities
- promote accessible recreational activities

Rutland Park Community Hall Rentals

3130 - 40 Avenue SW, Calgary, AB, T3E 6W9

Current Rental Rates Hourly Rate: \$50/hour Friday, Saturday, Sunday – full day rate: \$400. Non-refundable admin fee: \$50. A four-hour minimum rental is required on Fridays, Saturdays, and Sundays. If you are interested in renting the hall or would like more information on any of the classes running at the hall, please contact Lola at 403-474-3845 or email hallrentals@rutlandparkcommunity.com. Visit the Community Association website to see what our beautiful hall looks like: www.rutlandparkcommunity.com/hall-rentals/.

DEVELOPMENT AND TRAFFIC REPORT

I would just like to highlight what has been happening/going on behind the scenes this past month, in no particular order:

Thank you, Lea R. for donating 'No Parking' plaques for us to use as signs for our Community Cleanup! This helps keep our annual costs down.

Thank you, Jon J. for creating the stands for our 'No Parking' signs! These allowed us to use them along the street as needed.

Thank you to all our Neighbour Day volunteers! Thank you, Danny Greene and Chantal O. for organizing this event. Unfortunately, we had to postpone the June 21 date due to weather warnings. Hopefully we will have regrouped for July. Thanks for your patience!

Just a reminder that our Community Cleanup Day will be September 13 this year. Rosa M. will be reaching out for volunteers. Thank you, Rosa for organizing this event!

We will likely see work starting on the Sarina Homes development on Richmond Green in the next couple of months. They have recently submitted their application for Phase 3 townhomes along Sarcee Road.

Currie has recently seen another application for multi-residential housing along Quesnay Wood Drive; we look forward to seeing more of the area developed.

Please welcome Dave R. as our new Currie liaison. We look forward to working with him as Currie builds out. At some point, Currie will also have a Homeowners Association as well as being part of our Community Association.

Hope you are all having a safe and wonderful summer!

If you have not already signed up for our email updates, please do so at our website—www.rutlandparkcommunity.com. The City often gives us very short notice for upcoming events, and this is the quickest way for us to reach you. Please also join us on Facebook—Rutland Park Community Association. Thank you for your ongoing support.

Leanne Ellis

Executive VP and Development and Traffic
development@rutlandparkcommunity.com

Reconnect! Discover! Square Dance Program

Intro to Today's
Square Dancing

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Rutland Park



For all the latest news, events, updates, and community activity, please join us on Facebook. Search for Rutland Park Community Association. You'll immediately recognize us with our logo.

Curried Shrimp and Mixed Greens Salad

by Jennifer Puri



Food from the sea; shrimp have been a popular food source for a very long time. Shrimp are usually smaller than prawns but are similar in taste and texture.

Quick and easy to cook, shrimp can be found in just about every cuisine and are a popular ingredient in appetizers, salads, soups, pastas, and curries.

Shrimp are also recognized for their nutritional value and are a good source of protein, zinc, iron, vitamin B12, Omega 3, and selenium. They are low in calories, fat, and carbohydrates, and are a healthy food source that can fit well into a balanced diet.

Shrimp are lean and high in protein and can be poached, broiled, sautéed, or grilled. A flavourful curry dressing with shrimp like the one in the curried shrimp and mixed greens salad, also makes a delightful appetizer.

Prep Time: 15 minutes

Cook Time: 0

Servings: 4

Ingredients:

- 1 lb. cooked shrimp (peeled and tails removed)
- ½ cup mayonnaise
- ½ tsp. curry powder
- ⅓ cup Greek yoghurt

- 1 green onion, finely sliced
- 1 celery rib, finely chopped
- ¼ tsp. coarsely ground black pepper
- 2 tbsp. chopped coriander leaves
- 150 gm mixed greens

Direction:

- In a small bowl, blend the mayonnaise, curry powder, Greek yoghurt, celery, green onion, and black pepper.
- Next, add the cooked shrimp and coriander leaves and gently mix together. Cover and place in the refrigerator for at least an hour before serving.
- To serve, divide the mixed greens between four salad bowls. Place the shrimp salad on top and garnish with fresh strawberries, melon, or papaya slices if desired.
- Curried shrimp salad can be served with crackers, on a bun, or wrapped in lettuce leaves.

Bon Appétit!



3-1-1 Calgary App Gets an Update

by The City of Calgary

The newly updated 3-1-1 Calgary app empowers Calgarians to work together, covering more than 90 City services. Every photo and report submitted helps The City respond more quickly and helps improve service delivery keeping our communities running smoothly. "Use the app when you notice issues and encourage your neighbours and friends to do the same," says Gilberto Ancheta, 3-1-1 Coordinator.

How to Use the App

Report issues you see like potholes, graffiti, or missed waste collection. Simply describe the concern, upload photos, tag the location, and submit your request.

New Changes

New features include real-time status updates on submitted requests, allowing users to track progress and receive notifications. The app also includes a built-in City news feed sharing key programs, services, and updates. With only 30 percent of 3-1-1 requests coming through the app, there's opportunity to grow this efficient digital option. Download the Calgary 3-1-1 app today and help spread the word.



**9 PM
ROUTINE**

**CALGARY
POLICE
SERVICE**

☒ CHECKLIST

- Remove valuables & garage door openers from vehicles
- Lock vehicles
- Close overhead garage door
- Lock door between garage & house
- Close & lock all external doors
- Ensure windows are shut
- Turn on exterior light



Musings

Summer rolls along! By the time this goes to print, the days will already be beginning to shorten. In just a few weeks our students will be back in school for another exciting year. When I think about the history of Rutland Park, our local school Sir James always played such a vital role. A good number of our community events were held at the school, as we did not have the luxury of a community hall. Now, I understand the school will begin a new chapter, as the boys' program winds down.

Sarcee Meadow is in the final stages of the retro fit. The complex is looking fabulous, and many of our yards are being totally revitalized, as my photo shows all of you. Thanks to Cindy and her family, your yard is a show piece!

Due to that very bad weather in June, the Neighbour Day event was cancelled. Maybe another day was selected for this popular event. With September fast approaching, we will get ready for cleanup day.

Well friends, it is time to sign off for now. Keep well and happy, we will talk soon.

Cheers,

Isabell



Real Estate Update

Last 12 Months RUTLAND PARK MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
June 2025	\$884,250	\$875,000
May 2025	\$0	\$0
April 2025	\$0	\$0
March 2025	\$879,000	\$856,500
February 2025	\$0	\$0
January 2025	\$999,900	\$995,000
December 2024	\$349,000	\$370,000
November 2024	\$0	\$0
October 2024	\$592,500	\$593,500
September 2024	\$885,000	\$885,000
August 2024	\$689,900	\$689,900
July 2024	\$367,400	\$389,250

Last 12 Months LINCOLN PARK MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
June 2025	\$333,888	\$317,425
May 2025	\$337,450	\$336,450
April 2025	\$282,444	\$281,250
March 2025	\$299,900	\$296,000
February 2025	\$349,450	\$332,500
January 2025	\$369,900	\$361,500
December 2024	\$344,450	\$338,250
November 2024	\$305,950	\$304,700
October 2024	\$303,950	\$302,000
September 2024	\$369,000	\$369,000
August 2024	\$294,450	\$298,750
July 2024	\$274,394	\$273,250

To view more detailed information that comprise the above MLS averages please visit rutl.mycalgary.com, linc.mycalgary.com or curr.mycalgary.com

Last 12 Months CURRIE BARRACKS MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
June 2025	\$844,900	\$878,000
May 2025	\$444,900	\$444,900
April 2025	\$707,450	\$690,000
March 2025	\$489,900	\$459,900
February 2025	\$364,900	\$349,900
January 2025	\$686,950	\$667,500
December 2024	\$877,000	\$859,750
November 2024	\$725,000	\$750,000
October 2024	\$709,512	\$709,512
September 2024	\$350,000	\$345,000
August 2024	\$377,450	\$372,000
July 2024	\$734,895	\$734,895

**NO OBLIGATION
HOME EVALUATION**

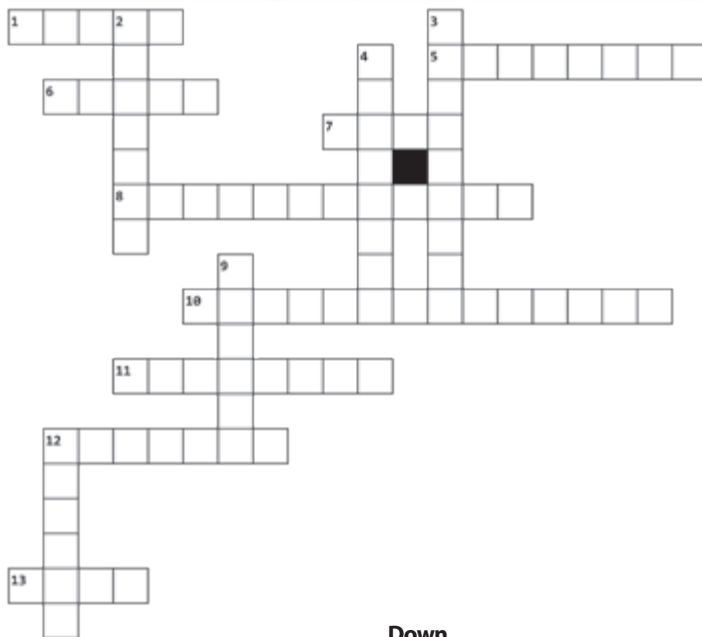
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August Crossword



Across

1. This classic Disney film about a young deer premiered in August 1942.
5. Canadian astronaut, Chris _____, was born in Sarnia, Ontario on August 29, 1959.
6. Canadian American actor Patrick J. Adams was born on August 27, 1981, in Toronto and is best known for his role as Mike Ross in this legal drama series.
7. *The Wizard of Oz* premiered on August 15, 1939, and was based upon the book written by Lyman Frank _____.
8. English navigator John Rut sent the first known letter from North America in August 1527 while anchored at St. John's, _____.
10. In August 1837, pharmacists John Lea and William Perrins started production of this condiment containing soy sauce and vinegar.
11. People born in August are lucky to have three birthstones to choose from: peridot, spinel, and _____.
12. The _____ Chapel in Vatican City was consecrated by Pope Sixtus IV on August 9, 1483.
13. International _____ Handers Day is observed annually on August 13.

Down

2. In August 2008, the _____ Summer Olympics became one of the most watched television events in history with approximately 4.7 billion viewers.
3. On August 4, 1693, it is believed that Dom Pérignon invented this sparkling wine.
4. Delia Owen's murder mystery novel, *Where the _____ Sing*, was published in August 2018.
9. Usain Bolt won the 200m at this Olympic Games on August 9, 2012, becoming the first man to win both the 100m and 200m at two consecutive Olympics.
12. Inventor Isaac _____ was granted a patent for his eponymous sewing machine on August 12, 1851, revolutionizing garment production.



Celebrating Calgary 150 - Calgary at War

by Anthony Imbrogno (*The Calgary Heritage Initiative Society/Heritage Inspires YYC*)

To all those who have served to protect our freedom, we are forever grateful.

During the South African War (1899-1902), Lord Strathcona formed a mounted regiment of cowboys and former NWMP officers. King Edward VII awarded the title of Royal to the NWMP. The RCMP went on to police the Klondike Gold Rush.

At Central Memorial Park National Historic Site, the "Horseman of the Plains" statue commemorates the war. Its creation paved the way for the other memorials.

World War I (1914-1918) saw thousands of Canadians volunteer. A military camp dubbed Sarcie City trained 45,000 soldiers. Before departing, they created rock art on Signal Hill.

One Calgarian enlistee was William Ware, who served in France as part of an all-black unit. Princess Patricia's Light Infantry served at the Somme and Vimy Ridge. Today, the Canadian National Vimy Memorial is a symbol of national unity.

Meanwhile, Southern Alberta Light Horse fought in history's first tank attack while others were in the last cavalry charge in Canadian history.

During the war, Mewata Armouries was built with medieval castle features. Suspicions about immigrants from enemy countries led authorities to establish internment camps at Cave and Basin, Banff.

A sanatorium was built in Bowness in 1918 to treat returning soldiers. Baker Park is named for its head doctor.

Memorial Drive was created in 1922 as a "Road of Remembrance" to honour fallen soldiers.

The world was again at war in September 1939, with 1.1 million Canadians serving.

Princess Patricia's Light Infantry landed in Sicily and was the first Allied force to enter Amsterdam, while Calgary Highlanders liberated Dieppe.

Alberta was home to pilot training under the British Commonwealth Air Training Plan. President Roosevelt called Canada the "aerodrome of democracy". Vulcan, AB supported a training station but is famous for its connection to beloved Star Trek character, Mr. Spock.

A drill hall was constructed at McCall Field, while Renfrew's Rutledge Hanger became a training base.

In 1998, Currie Barracks closed and became a new residential neighbourhood, including Garrison Woods.

At Burnsland Cemetery, a Field of Honour holds the graves of soldiers.

May they rest in peace.

*All copyright images cannot be shared without prior permission.



"Lord Strathcona's Horse en route to Boer War in South Africa," [ca. 1900], (CU1195484) by Unknown. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. Aboard S. S. 'Monterey'. <https://digitalcollections.ucalgary.ca/asset-management/2R3BF1SM0NSC>.



"Central Park [Memorial Park], Calgary, Alberta," [ca. 1914-1919], (CU183768) by Reader W. R.. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. <https://digitalcollections.ucalgary.ca/asset-management/2R3BF1OWOTYK?WS=SearchResults>.



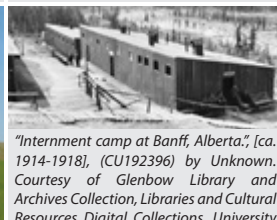
"137th Battalion, Canadian Expeditionary Force leaving by train, Calgary, Alberta," 1916-08, (CU183747) by Unknown. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. <https://digitalcollections.ucalgary.ca/asset-management/2R3BF1OWOOII?WS=SearchResults>.



"Canadian soldiers at Vimy Ridge," 1917, (CU178364) by Unknown. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. <https://digitalcollections.ucalgary.ca/asset-management/2R3BF1OBRU7X?WS=SearchResults>.



Vimy Ridge National Memorial, France, March 2007. Photo courtesy of Anthony Imbrogno.



"Internment camp at Banff, Alberta," [ca. 1914-1918], (CU192396) by Unknown. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. <https://digitalcollections.ucalgary.ca/asset-management/2R3BF1O1XJTU?WS=SearchResults>.



"William J. Ware in military uniform, Calgary, Alberta," [ca. 1916-1918], (CU1174787) by Unknown. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. <https://digitalcollections.ucalgary.ca/asset-management/2R3BF1SVRJk3>.



"Battle of Britain day, Calgary, Alberta," 1954-09, (CU1139806) by De Lorme, Jack. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. <https://digitalcollections.ucalgary.ca/asset-management/2R3BF1FYEC6M?WS=SearchResults>.



Battalion Park, Calgary, 2007 (Chuck Szmurlo, via Creative Commons Attribution-Share Alike 3.0 Unported license). <https://commons.wikimedia.org/wiki/File:Battalion-Park-Szmurlo.jpg>.



Memorial Drive, Calgary, November 2013, daveblogs007 via Creative Commons Attribution 2.0 Generic license. [https://commons.wikimedia.org/wiki/File:Memorial_Drive_Calgary_\(10764720245\).jpg](https://commons.wikimedia.org/wiki/File:Memorial_Drive_Calgary_(10764720245).jpg).



Canadese militair omringd door drie vrouwen uit Marken (Canadian soldier surrounded by three women from Marken), Amsterdam, 8 May 1945 (Nationaal Archief, via Creative Commons CC0 1.0 Universal Public Domain Dedication). https://commons.wikimedia.org/wiki/File:Canadese_militair_omringd_door_drie_vrouwen_uit_Marken_-_BestanddeelNr_900-2854.jpg. <https://www.nationaalarchief.nl/onderzoeken/fotocollectie/ac087730-d0b4-102d-bcf8-003048976d84>.



"Formation flying near No. 5 Elementary Flying Training School, High River, Alberta," [ca. 1941-1945], (CU1129912) by Unknown. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. <https://digitalcollections.ucalgary.ca/asset-management/2R3BF1FR0BA9?WS=SearchResults>.



Statue of the Constitution-class Federation Starship USS Enterprise, Vulcan, AB, August 2023. Photo courtesy of Anthony Imbrogno.



"Field of honour, Burnsland cemetery, Calgary, Alberta," [ca. 1920-1923], (CU183830) by Unknown. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. <https://www.calgary.ca/arts-culture/heritage-sites/scripts/historic-sites.html?dhcResourceId=239>.



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Finding the Right Counselling Support in Your Calgary Community

by Rod Mitchell, MC, MSc, R. Psych.

Calgary winters can feel endless. Job markets shift. Relationships face stress. Life throws curveballs that leave even the strongest people feeling overwhelmed.

Seeking counselling support shows wisdom, not weakness. You're taking action to improve your mental health and well-being. Calgary offers many excellent counselling options, but each quadrant has different resources and accessibility factors.

The key is knowing where to look and what questions to ask. Finding the right therapeutic fit takes some research, but the effort pays off when you connect with someone who truly understands your needs and can help you move forward.

Know Your Neighbourhood Network

Start your search close to home. These community resources often know local mental health practitioners.

Immediate Resources:

- Family Doctor or Walk-In Clinic - Best starting point for professional referrals
- Community Associations - Many maintain lists of local therapists and host wellness workshops
- Calgary Public Library Branches - Staff provide mental health resource guides and information about local support groups

If You Have Children:

- School Counsellors - Excellent source for family-friendly therapist recommendations
- Recreation Centres - Staff know about local support groups and wellness programs

Cultural and Faith Communities:

- Religious Centres and Cultural Organizations - Often provide counselling or referrals to culturally sensitive practitioners. These resources understand your Calgary neighbourhood's unique needs and can point you toward practitioners who work well with people from your area.

Vetting Your Counselling Options

Ask these essential questions when contacting potential therapists.



Qualifications and Experience:

- What are their credentials? (Registered psychologist, clinical social worker, counselling therapist)
- Do they have experience with your specific concerns?
- What therapy approaches do they use?

Practical Considerations:

- How flexible is their scheduling?
- What are their fees and payment options?
- Do they offer sliding scale pricing?
- Can they provide virtual sessions during Calgary's harsh winters?
- What's their cancellation policy?

Treatment Approach:

- How do they typically work with clients facing your situation?
- What does a typical session look like?
- Do they involve family members or partners when appropriate?
- How do they handle confidentiality?

You don't need to understand every therapeutic technique, but you should feel comfortable with their general approach. Most therapists will answer these questions during a brief initial consultation.

Next Steps

Taking that first step toward counselling shows strength. Whether you're dealing with anxiety, relationship challenges, or life transitions, support exists in your Calgary community.

Your mental health matters, and the right support is available when you're ready to seek it.

TAKE ON WELLNESS

Organ and Tissue Donation

by Alberta Health Services



One organ donor can save up to eight lives and one tissue donor can dramatically improve up to 75 lives.

How to Act on Your Good Intentions

A deceased person can donate organs such as lungs, heart, kidneys, and liver – and/or tissues such as eyes, skin, bone, and tendons. If you're interested in leaving these gifts, please register your decision online at GiveLifeAlberta.ca or in person at a motor vehicle registry office. Donor cards don't exist anymore; if you have signed the back of your Alberta Health card in the past, you are asked to join Alberta's registry in one of the ways above.

Albertans are also encouraged to share their wishes with their loved ones. Generally, if someone is eligible to donate at the time of their death, the Give Life Alberta donation team will check the registry and inform their family about their donation decision. It will then be up to their family to decide if they'd like to proceed with donation or not. Many previous donor families have found that decision was easier if they knew what their loved one wanted.

Sharing Your Donation Decision

Donation discussions don't need to be grim. The national award-winning Give Life Alberta public awareness campaign All the Ways portrays creative ways one could tell their family they'd like to be a donor, for example in the form of a cake, a card, or even a t-shirt. Families could also spark the conversation by watching public awareness videos and real-life donor and transplant recipient stories on GiveLifeAlberta.ca.

Constant Need for Organs and Tissues

While Alberta marked another record year in 2024 – with 317 deceased organ and tissue donors — there are more than 500 people waiting for life-saving transplants in our province. Last year, 33 people on the wait list died.

For contact information and to learn more about organ and tissue donation, visit GiveLifeAlberta.ca.



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Sturgeon Moon



The gorgeous full moon that occurs in August is called the Sturgeon Moon. If you didn't already know, a sturgeon is a prehistoric-looking fish that has been traced back to around 136 million years ago! The name of this full moon comes from these fish that used to be abundant in the Great Lakes.



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Dear Neighbours,

There is no denying that there is an affordability crisis in our province. It is truly heart wrenching that although we live in the richest province in the country, many of our neighbours, friends, and family are struggling to make ends meet.

Our province has the highest auto insurance premiums in Canada and under the current Alberta government they are going to go up by 15 percent or more. To make matters worse, the Alberta government is also going to remove the right to sue insurance companies if they don't provide the benefits that injured people are owed.

It's called no-fault insurance, and this government's privately delivered, no-fault insurance is the worst of all possible insurance models: expensive and unaccountable.

The price we pay for electricity has quadrupled under the provincial government but instead of focusing on bringing those rates down, the Alberta government smothered investment by putting a ban on new electricity projects.

With rents sky-high, the government increased property taxes by \$250 on every Calgary household and increased real-estate transfer taxes by hundreds of dollars to make buying your own home even more expensive.

And just a few weeks ago, the Alberta government announced they will raise the prices seniors pay to get their prescriptions filled, and they are also going to start charging Albertans at least \$100 for their COVID booster shots.

Albertans deserve better.

All Albertans deserve a government that is focused on real plans to create opportunities and good jobs for every Albertan. All Albertans deserve to live free of worry about how they are going to pay their bills and provide for their families.

Please reach out to my office to discuss these issues or any other issue that is top of mind.

There is hope for a better future.

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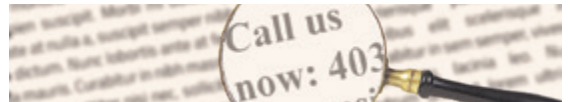
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