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		Properties		Median Price	
		Listed	Sold	Listed	Sold
January	25	22	11	\$485,000	\$485,000
December	24	5	9	\$475,000	\$475,000
November	24	12	19	\$699,900	\$808,888
October	24	25	20	\$481,350	\$480,500
September	24	32	22	\$497,400	\$523,500
August	24	19	20	\$479,900	\$473,950
July	24	27	20	\$806,500	\$829,250
June	24	23	21	\$550,000	\$545,000
May	24	27	24	\$464,450	\$487,500
April	24	26	20	\$592,400	\$587,500
March	24	13	17	\$779,900	\$810,000
February	24	19	18	\$699,950	\$709,950

To view more detailed information that comprise the above MLS averages please visit sig.mycalgary.com







Dr. Crystal Cobb is now accepting patients

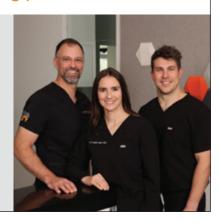
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CONTENTS

- 6 CA BOARD CONTACT LIST
- 7 PRESIDENT'S MESSAGE
- 9 MARCH CROSSWORD
- 10 RECIPE: BREAKFAST QUESADILLA
- 11 YOUR CITY OF CALGARY: EARTH HOUR 2025
- 12 BUSINESS CLASSIFIEDS









SCAN HERE TO VIEW ADDITIONAL SIGNAL HILL CONTENT









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Board Contact List

President	Ronald Waters president@shca.ca	
Vice President	Rob Leong veepee@shca.ca	
Secretary	Chelsea MacMillan secretary@shca.ca	
Treasurer	Rachelle Karski treasurer@shca.ca	
Fundraising	Gord Vogt fund@shca.ca	
Social	Aroop Rayu social@shca.ca	
Communications and Membership	Vacant membership@shca.ca	
Technical	Curtis Lesperance web@shca.ca	
Business Liaison	Harrison Yau business@shca.ca	
Development	John Lamacchia development@shca.ca	
Property and Facilities	Terry McGuire maintenance@shca.ca	
Maintenance Director	Vacant	
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PRESIDENT'S MESSAGE

I think that I'll start off with a couple of housekeeping matters. Directorat-Large Amanda van der Merwe has resigned from the board and we thank her for her contributions while she



served; especially as our Treasurer, shepherding us to a modern accounting program. We wish her well in any future endeavours she wishes to take on.

Gord Vogt, our Fundraising Director also wanted to express the following: "A big thank you to all our casino volunteers!

Another successful casino was held on January 1 and 2. A very dedicated group donated their time and energy (and sleep) to raising funds required to run our community for the next 18 months. Their names in alphabetical order are: Alice L., Alla X., Andrea L., Brenda B., Brian L., Carol L., Cathy T., Dan B., David I., Deb K., Doug H., Gerry L., Janet P., John G., Jun H., June P., Kyra B., Laurel M., Linda V., Lois F., Lu H., Mary D., Maureen M., Pauline P., Peter W., Susan I., Terry M., Tracy M., TracyLyn M., Vern M., and last but not least Ward C. Another group of volunteers put themselves on call to be available in case something got in the way - Barb C., Curtis L., Ghada Z., Inam T., Jim C., Masoud P., and Ron W.

The casino proceeds are aggregated with all other charities that hold casinos in the first quarter of 2025. Disbursement of funds is usually available to the community within two months of quarter end. We apply for our next casino on the morning after we complete our duties. Our application went in at 4:00 am on the third.

If you recognize one of your 38 neighbour's names in this list, make sure to thank them and ask them about their experience."

Thanks again, Fundraising Director Gord Vogt!

Were you able to join us at our skating party that we held in February? It was cold, but not too cold. The youth group from Richmond Hill Baptist Church served hot dogs and hot chocolate to all. What a great way to enjoy a Friday night! Thanks to all who volunteered. I had two hot dogs – simple but excellent. This will surely become an annual event.

Polite Canadians have always been laid back when it comes to our shared commonality. As a community, we have been awakened to what it is to be Canadian. I have never seen such a desire to show national pride as I see now. To be sure when you make the effort to 'buy Canadian' you are not losing in quality or variety. It is an excellent way to show support for what makes us unique.

We will now enter the season that could aptly be called the political season! From now until the end of this year we will be inundated with appeals for our vote, on so many different levels. Don't be overwhelmed. Research what you can. We say every vote is pivotal, but each season we as an individual can express what we think is best. Our association maintains a neutral stance regarding political entities – so best of luck to all who are running this season.

Finally, with renovations happening at West Side Rec, our board lost it's meeting place. The Manor Village at Signature Park graciously provided us their boardroom for our February meeting. Thank you so much.

You missed my message last month because I was overseas and could not complete my message on time. We are back now. Of course, you can always reach me at President@shca.ca or info@shca.ca. We also have brand new Facebook and Instagram accounts. You can look up Signal Hill Community Association, or their addresses are https://www.facebook.com/profile.php?id=61570346871697 and https://www.instagram.com/shca.yyc/ respectively. Please check them out and provide us with input on their development.

Ronald Waters





A Majestic Mediterranean Odyssey Awaits



Port with us on **Saturday, April 5** for the Verve Aspen Woods



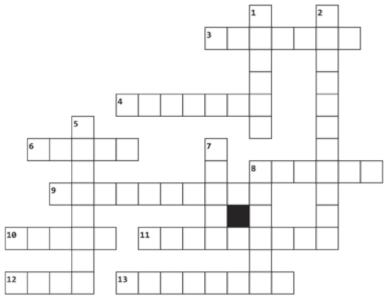
Open House

Join us for this Mediterranean themed event from **1-4pm**.

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Call to RSVP to our annual sun & sea adventure **(403) 240-4404**10 Aspenshire Dr SW, Calgary Visit us at VerveAspenWoods.com

March Crossword



Across

- 3. Known as the "Fight of the Century", on March 8, 1971, Muhammad Ali's 31-fight winning streak was ended by Joe in Madison Square Garden.
- 4. Nathan _____ was born on March 27, 1971, in Edmonton, Alberta, and is best known for his role as Captain Malcolm on *Firefly*.
- 6. Pink _______'s album *The Dark Side of the Moon* was released on March 1, 1973, and stayed on the Billboard Top 200 album charts for 741 weeks!
- 8. A ______ Life, an emotional novel following the lives of four friends and written by Hanya Yanagihara, was first published on March 10, 2015.
- 9. This pale-blue gemstone is one of March's birthstones.
- 10. On March 26, 1953, Dr. Jonas Salk successfully tested a vaccine for this disease that has affected notable individuals such as Frida Kahlo, Franklin D. Roosevelt, Joni Mitchell, and Neil Young in the past.
- 11. Known for her roles in *Schitt's Creek*, *Home Alone*, and *Beetlejuice*, _____ O'Hara was born on March 4, 1954, in Toronto, Ontario.
- 12. The month of March is named after this Roman god of war.

13. This iconic film about a giant ape causing chaos in New York City first premiered on March 2, 1933, at Radio City Music Hall.

Down

- 1. Daylight _____ Time will start on Sunday, March 9 this year.
- 2. This national park with geothermal features spanning across Wyoming, Montana, and Idaho became the first national park in the world on March 1, 1872.
- 5. Daffodils and ______ are the official birth flowers of March.
- 7. March is officially ______ Heritage Month in Canada and celebrates the history and impact of individuals, past and present, from the country nicknamed the "Emerald Isle".
- 8. On March 2, 2024, _____ James made NBA history by becoming the first player to score 40,000 career points.



Breakfast Quesadilla

by Jennifer Puri

Eggs are tasty, filling, and good for your health as a whole; eggs contain a little bit of every nutrient you need. Cheap and easy to prepare, they are an inexpensive source of high-quality lean protein.



Blue, green, brown, or white eggs may have different colours but there is no difference in taste or nutrition between them. An average hen lays 300 to 325 eggs per year. The colour of the yolk depends on the hen's diet and age, and typically as hens age, their eggs become larger.

An extremely versatile ingredient, eggs are not just for eating but are used to make beauty products such as face masks, compost, and garden fertilizer. In many cultures, the egg is a symbol of new life, fertility, and rebirth.

Eggs are also a breakfast/brunch mainstay, and scrambled, poached, baked, or fried are some of the ways to consume eggs. Quick and simple to cook, eggs can also be used in burritos or quesadillas as shown in the recipe for breakfast quesadillas below.

Prep Time: 20 minutes **Cook Time:** 20 minutes

Servings: 2 Ingredients:

• 2 large tortillas

- 1 ½ tsp. olive oil
- 1 chorizo sausage, cooked and casing removed
- 3 eggs lightly beaten
- ¼ tsp. salt
- 1 tbsp. butter
- 1 cup shredded Mexican cheese
- 2 cups kale washed, stemmed, and coarsely chopped
- 1 cup sliced button mushrooms
- ¼ cup chopped green onion
- ullet 2 cup chopped red bell pepper
- \bullet ½ jalapeno, seeds removed and chopped (optional)
- Cooking spray

Directions:

- Heat olive oil in a pan or nonstick skillet on medium heat. Add onions and sauté for about two minutes. Next add red peppers and mushrooms and sauté for another two minutes and then add kale, jalapeno pepper, and chorizo sausage. Cook until veggies are tender and then remove from heat and keep warm.
- In a skillet, melt butter on medium heat and pour in the egg mixture with a ¼ tsp. of salt. Cook eggs while stirring until they start to firm up then scramble until they are cooked through and remove from heat.
- Coat a large skillet or fry pan with cooking spray and heat on medium heat. Place a tortilla in the pan and sprinkle a ¼ cup of cheese on one half of the tortilla followed by half the veggie mixture and half the scrambled egg. Top with a ¼ cup of cheese and fold tortilla in half over filling. Cook for a few minutes until tortilla is golden brown, turning once.
- Transfer quesadilla to a cutting board and repeat the process with the second tortilla.
- Slice each quesadilla into two or three slices and serve with your favourite hot salsa, quacamole, or sour cream.

Bon Appétit!





YOUR CITY OF CALGARY

Earth Hour 2025

by The City of Calgary

Calgary Unplugged is an annual family-friendly Earth Hour event. Join us for music, entertainment, and learn about environmental actions you can take in your community. Bring along some personal LED lighting and dance to the DJ when the lights go down for the Earth Hour party!

• Location: Central Library (800 3 Street SE)

• Date: Saturday, March 22

• Time: 7:00 to 9:30 pm

You can still participate in Earth Hour if you can't make it to the event! Reduce your impact by turning off nonessential lights, "unplug" from electronics at 8:30 pm, and take this time to reconnect with people, play games, or enjoy hobbies.

Share your participation in Earth Hour on social media with #EarthHour and #EarthHourYYC.

Calgary Unplugged is hosted by The Arusha Centre, with support from The City of Calgary and community agencies.





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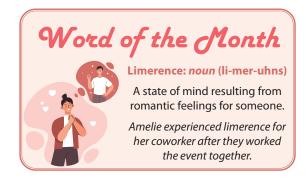
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