

NOVEMBER 2023

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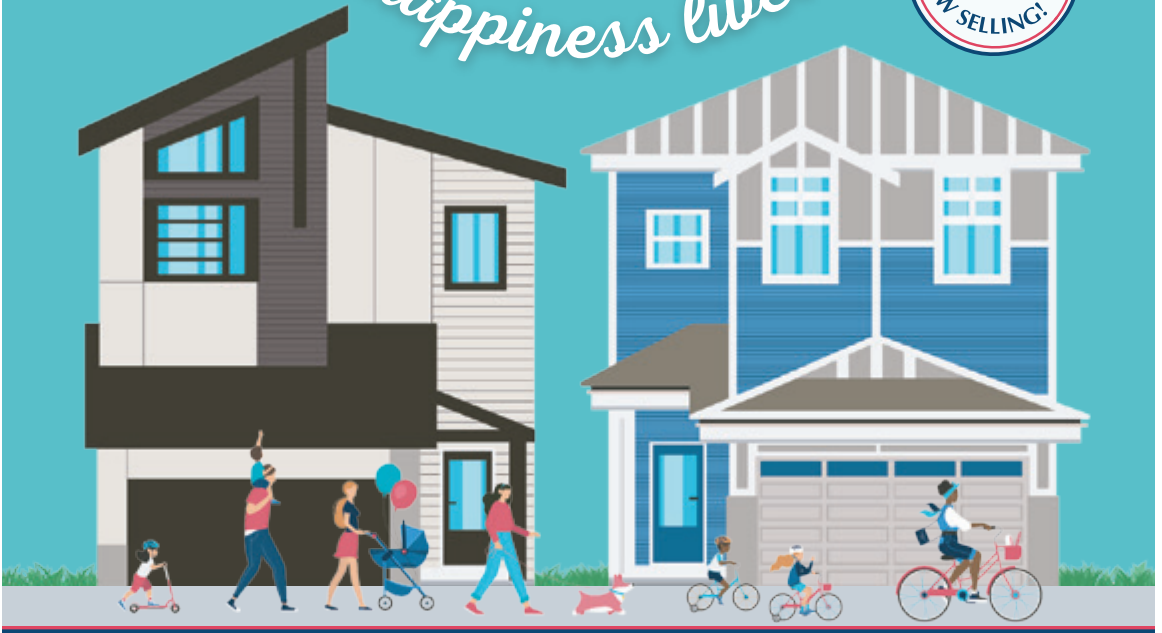
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The **Residential Parking Permit Program** limits on-street parking in busy areas so residents have better access to parking near their homes.



The program is offered by request. Only about 2% of households use this service.



New fees ensure that the cost of running the service is covered by those who benefit from it.



You only need a permit if your street has parking restriction signs and you want to park on the street.

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INFORMATION for **SOMERSET RESIDENTS**



We hope you enjoy receiving the Newsletter of Somerset residents association. This newsletter is one of the many community-focused activities of the SRA along with our newly revamped website. Make sure you stop by the website [www. Somersetwaterpark.org](http://www.Somersetwaterpark.org).

Questions or Comments?

We welcome all resident ideas, compliments, questions and queries, and please notify the SRA of any safety concerns immediately.

Vandalism

Continues to happen, if you witness park vandalism call (CPS) police immediately (403-266-1234).

Annual Invoice

Are you yet to pay your annual dues! Please let the SRA know if there are special circumstances preventing payment (see below).

Have a question that is not park related? Visit the 'Somerset/Bridlewood Community Association' website: www.mysbcacalgary.wordpress.com/.

Contact Information: Somerset Residents Association

Phone: 403-807-8736; Email: somersetresidents@shaw.ca;
Website: www.somersetwaterpark.org.

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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The Church of Jesus Christ of Latter-day Saints

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FAC Southwest (Campus of First Alliance Church)

16520 24 St SW
(Glenmore Christian
Academy)
Sundays, 11:15 am

Red Deer Lake United Church

96187 178 Ave West,
Foothills, AB T1S 2R9

Board of Directors

Sarah Milne	President
Jad Abboud	Vice President
Lena Chalmers	Secretary and Communications Lead
Nicole Klein	Treasurer
Sheryl Normandeau	Community Garden Director and Membership Director
Curtis Bouliane	Director at Large
Michelle Braun	Director at Large
Lena Chalmers	Director at Large
Melanie Dunn	Director at Large
Donna Revenco	Director at Large

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EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE**

SOMERSET



BRIDLEWOOD



Cats, Canines, & Critters of Calgary



Bisous, *Deer Run*



Fergus, *Willow Park*



Nacho, *Panorama Hills*



Marley, *Brentwood*

To have your pet featured, email news@mycalgary.com

SBCA Snippets

The latest from your community association:

The SBCA would like to extend a huge thank you to former Board Secretary and Communications Lead Amanda Ducheminsky for her service. We wish her and her family the very best.

One word: Pizza! We're still finalizing the details, but the Somerset Bridlewood Community Association is currently working on a fundraiser that should make your tastebuds very happy. Watch out for our socials for more information before the end of the year!

The Somerset Good Food Box depot, an initiative of the Community Kitchen Program of Calgary, is open to everyone, with affordable fresh produce boxes offered monthly. If you're interested in finding out more details about the program and to order, please contact the depot at somersetgfb@gmail.com. The deadline to order for December's delivery is November 28.



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7			3		5			2

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Dr. Troy Davies
CEO Catholic
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Sacred Service*
*What Happens When Prayer
Gets Off Its Knees*



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Somerset Bridlewood Community Association (SBCA)

Celebrating 25 years!

Incorporated in 1997



Our Vision

Somerset Bridlewood Community Association is a multicultural community which engages and supports connections among neighbours of all ages.

Our Mission

We encourage social, cultural and recreational activities by inspiring our neighbours to create a positive impact with pride and ownership.



132-250 Shawville Blvd SE
PO Box 176
Calgary, AB T2Y 2ZY
sbcasecretarycalgary@gmail.com

www.mysbcacalgary.wordpress.com



Get a membership

Members are the cornerstone to the association. We develop activities and services to enhance our community's needs and interests. Your membership goes towards those activities, maintaining the community garden, and supporting the neighbourhood.

Senior (65 +) Membership \$10

Family Membership \$20

Business Membership \$40

Purchase or renew online

Note: Community Association memberships are separate and not affiliated with Residents Association fees.

Get involved

Did you know that SBCA is run entirely by volunteers? Volunteers are the backbone of the organization. A community that works together thrives together. It is a great way to participate in decisions made and give back, all while becoming more engaged in your neighbourhood.

Join the Board of Directors
Volunteer at Community Events
Share Skills & Start New Programs
Sponsor or Donate

Somerset Bridlewood Community Garden

Thanksgiving was just last month, and we had a lot to be thankful for in the garden this season! Although the prolonged heat made conditions a bit challenging, our garden plots were filled with beautiful and tasty produce and we were able to share some of what we grew with neighbours and passers-by through our “snacking bucket” on the fence of the garden, as well as through a Grow-A-Row donation of onions and potatoes to the Calgary Food Bank. We had a generous donation of garden soil from a benefactor, as well as some beautiful oregano and leek plants gifted to us by a kind gardener in the community. Another one of our garden members donated delicious tomato, sorrel, and sage plants. All through the growing season, our gardeners worked together to keep the garden beds irrigated, mow and trim the grass, turn the compost pile, and force (most of) the weeds into submission ... all while having fun chatting together and learning from each other.

We want to say a huge thank you to everyone who came out to our garden events over the spring and summer. We had a great turnout for Janet Melrose’s informative talk in March. We held a pop-up seed swap event at the Shawnessy Library in April. Our Neighbour Day celebration featured a fun zucchini planting activity for the kids, and we held an informal talk and open house in late summer that was a good chance to visit the garden during its peak. Finally, the story time at the garden sessions held in conjunction with the Calgary Public Library garnered a positive response from the community, and we hope to host more of them in 2024. Indeed, we have huge plans for this winter and all of next year, so keep watching our social media for more events and projects we will be working on and sharing with the communities of Somerset and Bridlewood.

If you’re already thinking ahead to next year’s growing season and you’re interested in renting a garden bed at the Somerset Bridlewood Community Garden, please message me (sbcagardencalgary@gmail.com) to be placed on the waitlist.

Until next time!

Sheryl Normandeau, Community Garden Director



No matter how much you sweat, we can get the stink out!

We offer cleaning services for sports equipment and personal protective equipment, including helmets, shoulder and elbow pads, knee and shin pads, footwear, skates, or gloves – almost any equipment used by athletes or workers can be cleaned, disinfected, & refreshed.

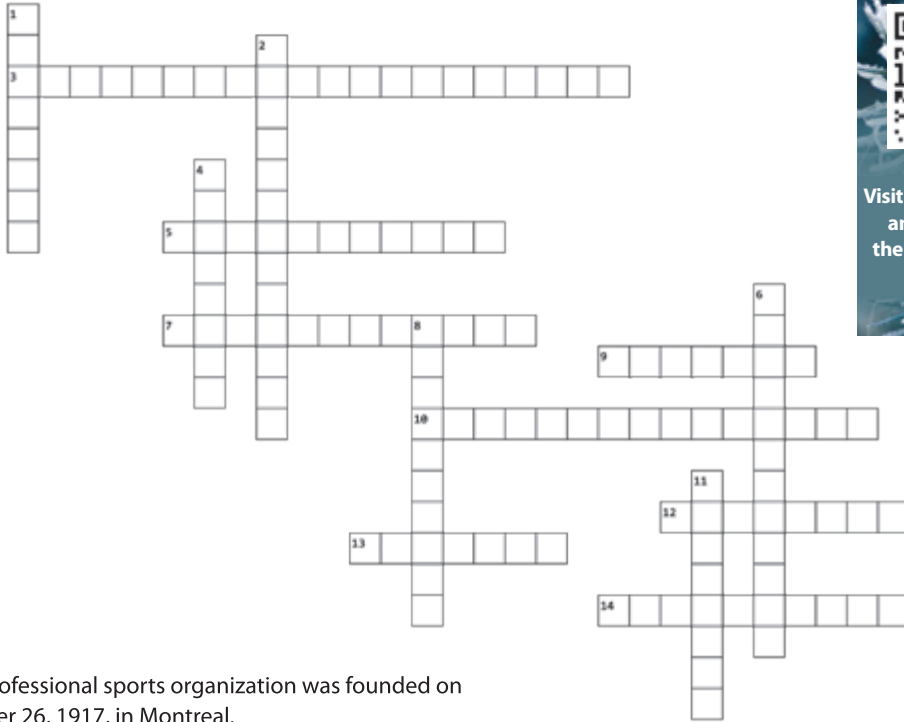


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November Crossword



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answers or scan
the QR code for the
answers

Across

3. This professional sports organization was founded on November 26, 1917, in Montreal.
5. Born on November 12, 1980, but he's just Ken.
7. November is National _____ Month, and during this 30-day period, thousands of writers around the world attempt to complete a full manuscript – minimum 50,000 words.
9. On November 1, 1946, the fist NBA game occurred between the New York Knickerbockers and the Toronto _____.
10. This weekly country music radio broadcast premiered in Nashville, Tennessee on November 28, 1925.
12. This month is the only month used in the 26-letter NATO phonetic alphabet.
13. Pink Floyd's iconic 11th album, _____, was released on November 30, 1979.
14. On November 29, 1961, the Mercury-Atlas 5 circled the Earth twice with Enos, a male _____ onboard; thankfully, he survived the three hour and 20-minute space flight.

Down

1. On World _____ Day, celebrated on November 13, many wear cardigans in honour of Fred Rogers who promoted love and self-esteem building on his show.
2. November's official flower, which originates from East Asia.
4. Released on November 22, 1995, this film featuring Tom Hanks and Tim Allen was the first feature-length film made entirely by CGI technology.
6. The world's longest running play, written by Agatha Christie, premiered on November 25, 1952, in London.
8. November 1, 1611, was the first recorded performance of this Shakespearean tragicomedy. It was performed for King James.
11. The reason people grow moustaches in November.

Vietnamese Chicken and Pork Balls

by Jennifer Puri



“Yerba Bueno” or the Good

Herb refers to the dark green leaves of mint which are packed with nutrients, particularly Vitamin A which is essential for eye health and night vision.

Mint is big business and is used across the globe in everything from chutneys to mojitos. Commercial mint oils have become associated with toothpaste, candies, gum, chocolates, fragrances, and skin products.

We associate fresh mint flavour with oral hygiene, but for thousands of years we have also used it to clean our skin and as a “stomach soother”. Fresh mint leaves are edible cooked or raw. Cooking can help add flavour, but it can also be added to water, smoothies, herbal teas, salads, dips, sauces, and chocolate chip cookies. Peppermint tea is the perfect calorie and caffeine-free tea to drink any time of the day.

A generous portion of fresh mint and coriander leaves have been used in the preparation of this delicious version of Vietnamese Chicken and Pork Balls. Enjoy!

Prep Time: 35 minutes

Cook Time: 22 minutes

Servings: Four to six

Ingredients:

- ½ lb. ground chicken
- ½ lb. ground pork
- 2 eggs
- 1 cup finely ground bread crumbs
- 3 garlic cloves, minced
- 1 tbsp. fresh ginger, minced
- 3 green onions, finely sliced
- 1 pale yellow lemon grass stalk (located under the tough outer leaves), finely chopped (optional)
- ½ tsp red pepper flakes
- 4 tbsp. fish sauce
- 3 tbsps. fresh mint leaves, finely sliced
- 3 tbsp. of fresh coriander leaves, finely sliced
- ½ cup un-salted peanuts

- 8 oz. cooked vermicelli noodles
- 2 butterleaf lettuce heads
- Pickled vegetables
- Sweet chilli sauce
- Thai dipping sauce
- Coriander leaves for garnish

Directions:

- Preheat oven to 400 degrees Fahrenheit.
- In a medium mixing bowl, gently combine ground chicken, pork, eggs, fish sauce, garlic, ginger, green onions, lemon grass, bread crumbs, cilantro, and mint.
- Use wet hands to form golf ball size balls (approximately 18 to 22) and arrange on a foil-lined baking sheet, taking care to leave space between each ball. Bake for approximately 20 minutes, flipping once during cooking or until balls are cooked through.
- To serve, place a spoonful of vermicelli in each lettuce cup and sprinkle with Thai fish sauce. Top with chicken and pork balls, pickled veggies, sweet chilli sauce, peanuts, and coriander leaves to taste.
- Alternatively, serve chicken and pork balls on a platter attached to a toothpick and fresh or canned pineapple pieces. Garnish with pickled veggies and sweet chili sauce.

Bon Appétit!



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Join us at Red Deer Lake United Church where we come together in community and explore God together Sunday mornings at 10:30 am. We are an affirming, safe space for all. We are located on the south side of the new ring road in SW Calgary. Check us out online at <https://reddeerlakeuc.com/>

FAITH & COFFEE: Bring your coffee and join us at Red Deer Lake United Church on the first Wednesday of the month as we explore the stories of our faith and hear the wisdom they offer us today.

HANDCRAFTED MARKET: Early Christmas shopping? Crafts, gifts, wreaths, artwork, decorations, homemade preserves, lotions, goodies, Christmas cakes, apple pies & more! For more information visit us at <https://reddeerlakeuc.com/fundraisers2023>

- Saturday, Nov 18th; 10 am - 3 pm
- Sunday, Nov 19th; 10 am - 1 pm
- Sunday, Nov 26th; 10 am - 3 pm
- Sunday, Dec 3rd; 10 am - 3 pm

TURKEY SUPPER: Don't miss our annual Country Turkey Supper, fun musical entertainment, and homemade pies on Saturday, November 18 at 5 pm. Tickets are on sale now at <https://reddeerlakeuc.com/tickets/turkey-supper>

ONLINE AUCTION: Great gifts, household items, artwork, certificates for services, baskets of goodies, and so many other fantastic items to bid on! Visit us at <https://shorturl.at/czBJ4>

QUILT RAFFLE: Win beautiful, handcrafted quilts. Tickets \$5 or 3 for \$12. Available at the Church on Sundays or at the Market. Draw date: Dec 3 at 1pm.

CONCERT SERIES: Love live music? Check out the On the Edge Concert Series at <https://reddeerlakeuc.com/concerts>





Somerset Real Estate Update

Last 12 Months Somerset
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
September 2023	\$ 375,000	\$ 380,000
August 2023	\$ 277,450	\$ 277,950
July 2023	\$ 269,000	\$ 270,000
June 2023	\$ 282,400	\$ 279,500
May 2023	\$ 499,950	\$ 528,000
April 2023	\$ 352,500	\$ 395,250
March 2023	\$ 325,000	\$ 325,000
February 2023	\$ 402,450	\$ 389,500
January 2023	\$ 189,900	\$ 192,500
December 2022	\$ 436,500	\$ 440,250
November 2022	\$ 523,500	\$ 508,925
October 2022	\$ 369,800	\$ 347,500

Last 12 Months Somerset
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
September 2023	25	31
August 2023	29	22
July 2023	18	17
June 2023	22	20
May 2023	13	18
April 2023	29	22
March 2023	18	17
February 2023	11	8
January 2023	5	6
December 2022	9	10
November 2022	6	14
October 2022	10	15

To view more detailed information that comprise the above
MLS averages please visit some.mycalgary.com

Bridlewood Real Estate Update

Last 12 Months Bridlewood
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
September 2023	\$ 529,900	\$ 535,500
August 2023	\$ 509,950	\$ 524,553
July 2023	\$ 347,450	\$ 352,500
June 2023	\$ 434,900	\$ 445,500
May 2023	\$ 522,450	\$ 537,500
April 2023	\$ 482,300	\$ 514,350
March 2023	\$ 470,000	\$ 475,000
February 2023	\$ 239,900	\$ 239,900
January 2023	\$ 424,900	\$ 406,000
December 2022	\$ 240,000	\$ 237,166
November 2022	\$ 467,500	\$ 455,000
October 2022	\$ 465,000	\$ 453,000

Last 12 Months Bridlewood
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
September 2023	19	17
August 2023	21	24
July 2023	23	22
June 2023	23	16
May 2023	20	28
April 2023	25	22
March 2023	27	23
February 2023	15	17
January 2023	11	5
December 2022	8	11
November 2022	7	16
October 2022	13	13

To view more detailed information that comprise the above
MLS averages please visit brdl.mycalgary.com

GAMES & PUZZLES

Guess That Food!

1. This sweet treat was invented by dentist William Morrison and confectioner John C. Wharton in 1897 in Nashville, Tennessee.
2. Greek immigrant Sam Panopoulos created this controversial type of pizza in Chatham, Ontario.
3. The first food planted in space.
4. This chocolatey cereal dessert is thought to have been invented by Alfred James Russell in Red Deer, Alberta.
5. US president, Thomas Jefferson, and his chef, James Hemings, brought this classic dish to America from Paris.
6. A Québec staple, this dish was invented in 1957 and is Québécois slang for a "mess."



Dear Constituents,

The month of November gives us all time to reflect, remember, and pay tribute to our brave sons and daughters that have fought and, in some cases, paid the ultimate sacrifice for our country.

Prime Minister Wilfred Laurier once said, "Canada is free, and freedom is its nationality."

We know this freedom is only the case today because of these brave Canadians. Their sacrifices allow us to worship where we want, love who we want, and live in peace.

Let's not forget.

The Fall Session is now well underway, and I've been busy standing up for our riding of Calgary Midnapore in Parliament. Every week, I read countless emails and letters from constituents who are concerned with the current path our country is on after eight years of Justin Trudeau – I agree.

My Conservative colleagues and I, led by our leader Pierre Poilievre, are determined to turn the hurt many Canadians are feeling into hope. A hope that they can live in a country where hard work pays, and they can live and retire with dignity. Our commonsense team is fighting for this every day in our nation's capital, and we will continue to pressure this government to bring home lower prices, powerful paycheques, homes workers can afford, safe streets, and freedom for Canadians.

As always, I will continue to be a strong voice for our riding in Ottawa and stand up for what families and individuals in Calgary Midnapore expect me to.

To stay up to date on my ongoing work in Ottawa on your behalf, please sign up for my monthly e-newsletter. You can do so online at StephanieKusieMP.ca. Another way to keep engaged is through my social media – @StephanieKusiePolitican (Facebook), @StephanieKusie (X and Instagram), @StephanieKusieMP (YouTube).

Sincerely,

Stephanie Kusie

MP Calgary Midnapore

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

BRIDLEWOOD DAYHOME: Lots of activities: sensory play classes, music classes, arts, cooking classes, nature studies and science projects. Healthy home-cooked meals. A full-year program focused on the child's interests and needs. Enrollment for the fall is now open. 587-917-1079. Nadia. www.curiousexplorersyyc.ca.

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If you are considering selling, call us for a **Zero Obligation Home Evaluation** and strategy discussion on how to achieve **Top Dollar** for your home!

Somerset

Detached Home Stats - Last 45 Days



21

New Properties



14

Sold Properties



16

Average Days on Market



\$592,854

Median Sold Price

Bridlewood

Detached Home Stats - Last 45 Days



22

New Properties



13

Sold Properties



16

Average Days on Market



\$565,283

Median Sold Price

Your Home is in High Demand! Call Today!



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