

OCTOBER 2023

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# SOMERSET BRIDLEWOOD BEACON

THE OFFICIAL VOICE OF THE SOMERSET BRIDLEWOOD COMMUNITY ASSOCIATION



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**OCTOBER 14, 2023**  
10 am – 2 pm



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# INFORMATION for **SOMERSET RESIDENTS**



We hope you enjoy receiving the Newsletter of Somerset residents association. This newsletter is one of the many community-focused activities of the SRA along with our newly revamped website. Make sure you stop by the website [www. Somersetwaterpark.org](http://www.Somersetwaterpark.org).

### Questions or Comments?

We welcome all resident ideas, compliments, questions and queries, and please notify the SRA of any safety concerns immediately.

### Vandalism

Continues to happen, if you witness park vandalism call (CPS) police immediately (403-266-1234).

### Annual Invoice

Are you yet to pay your annual dues! Please let the SRA know if there are special circumstances preventing payment (see below).

Have a question that is not park related? Visit the 'Somerset / Bridlewood Community Association' website: [www.mysbcacalgary.wordpress.com/](http://www.mysbcacalgary.wordpress.com/).

### Contact Information: Somerset Residents Association

Phone: 403-807-8736; Email: [somersetresidents@shaw.ca](mailto:somersetresidents@shaw.ca);  
Website: [www.somersetwaterpark.org](http://www.somersetwaterpark.org).

**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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# CHURCHES

### Peace Lutheran

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Calgary, AB T2Y 0E1

### St. Patrick Parish

1414 Shawnessy Blvd  
SW, Calgary, AB T2Y 2L7

### The Church of Jesus Christ of Latter-day Saints

30 Everstone Blvd,  
Calgary, AB T2Y 4S5

### FAC Southwest (Campus of First Alliance Church)

16520 24 St SW  
(Glenmore Christian  
Academy)  
Sundays, 11:15 am

### Red Deer Lake United Church

96187 178 Ave West,  
Foothills, AB T1S 2R9

## Board of Directors

Sarah Milne	President
Jad Abboud	Vice President
Amanda Ducheminsky	Secretary and Communications Lead
Nicole Klein	Treasurer
Sheryl Normandeau	Community Garden Director and Membership Director
Curtis Bouliane	Director at Large
Michelle Braun	Director at Large
Lena Chalmers	Director at Large
Melanie Dunn	Director at Large
Donna Revenco	Director at Large

**SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS,  
EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE**

**SOMERSET**



**BRIDLEWOOD**



## SBCA Snippets



The latest from your community association:

This summer, we teamed up with long-term resident Mona Kapoor to recognize some of our neighbourhood's nicest garden displays! Six nominees were selected in both Somerset and Bridlewood, with two top-threes picked from each community. Only front yards were considered this season, with a sign placed next to each showstopper to demonstrate our appreciation.

With a SBCA board full of gardeners, and Mona focusing on local real estate, we know firsthand the love, time, and care you put into making our block more beautiful. Whether it be begonias or berries, your blooms help support a vibrant community. Well thought-out gardens also contribute to a healthy ecosystem full of pollinators and wildlife, with native plants and creative landscaping supporting water conservation. We want to personally thank you for your ongoing curb appeal efforts.

Check out the Somerset Bridlewood Community Association Facebook page and Instagram (@mysbcacalgary) to view all of this year's winners, nominees, and honourable mention photos!

Have a photo of your own to share with the community? Want to be featured in the newsletter? We're still looking for cover photos and Superstar submission stories. Read on to learn about our first superstar featuring more on our garden contest sponsor, Mona!

We hope you found some great finds during last month's weekend-long Treasure Hunt. Did you know that in Lethbridge, their hunt is called "reuse rendezvous," in which their large population of university students particularly benefit?

Last but not least, the Good Food Box program continues to slowly grow, as more and more residents are taking advantage of the affordable fresh food option. SBCA

president, Sarah, shares her small unboxing bounty with her cat enjoying the spoils as well!



Each month's box contains a random variety of produce provided by the Community Kitchen Program of Calgary. Sarah's small box, ordered in August, contained five lbs of potatoes, three lbs of peaches, two lbs of grapes, two lbs of onions, two lbs of carrots, one lb of strawberries, celery, lettuce, three bananas, three apples, three pears, three oranges, two cobs of corn, and one enormous tomato. Medium boxes are \$30 and large are \$40. Place your order with Sheryl by October 10, to be picked up by October 20, at 403-288-3134 at somersetgfb@gmail.com.

### Congrats to this year's Best Garden Contest winners!

#1 - 19 Bridlepost Green and 48 Somerglen Heath



#2 - 320 Bridlewood Ave and 50 Somerset Dr



#3 - 407 Bridlewood Ave and 89 Somerset Dr





Somerset Bridlewood Community Association (SBCA)

## Celebrating 25 years!

Incorporated in 1997



### Our Vision

Somerset Bridlewood Community Association is a multicultural community which engages and supports connections among neighbours of all ages.

### Our Mission

We encourage social, cultural and recreational activities by inspiring our neighbours to create a positive impact with pride and ownership.



132-250 Shawville Blvd SE  
PO Box 176  
Calgary, AB T2Y 2Z1  
sbcasecretarycalgary@gmail.com

[www.mysbcacalgary.wordpress.com](http://www.mysbcacalgary.wordpress.com)



## Get a membership

Members are the cornerstone to the association. We develop activities and services to enhance our community's needs and interests. Your membership goes towards those activities, maintaining the community garden, and supporting the neighbourhood.

Senior (65 +) Membership \$10

Family Membership \$20

Business Membership \$40

### Purchase or renew online

*Note: Community Association memberships are separate and not affiliated with Residents Association fees.*

## Get involved

Did you know that SBCA is run entirely by volunteers? Volunteers are the backbone of the organization. A community that works together thrives together. It is a great way to participate in decisions made and give back, all while becoming more engaged in your neighbourhood.

Join the Board of Directors  
Volunteer at Community Events  
Share Skills & Start New Programs  
Sponsor or Donate

# Fall Candle Care: How to Prevent Tunneling

by Evermore Handmade, Local Candle Business



Fall is a popular time for candlelight and cozy nights in, which means dusting off your candle collection. You might notice that some have developed a deep “tunnel” around the wick, making it difficult to light. Tunneling also shortens the life of your candle as only the wax in the centre of the candle will burn down.

Here are a few easy ways to prevent or fix tunneling so you can enjoy your favourite candles this season:

### Prevention

When you light a candle for the first time, allow it to burn long enough to melt all the way to the edges of the candle jar. This ensures an even burn for the duration of your candle’s life as wax has a “memory” so to speak. The first burn sets the tone for subsequent burns and will help you get the most burn-time out of your new candle.

If you find that your candles are constantly tunneling, despite letting the wax melt to the edges of the jar, consider buying higher quality candles. Most candles on the market are made of paraffin wax (a toxic byproduct of petroleum) and are more predisposed to tunneling. Higher grade waxes like coconut, soy, or beeswax burn cleaner, longer, and more evenly.

### The Fix

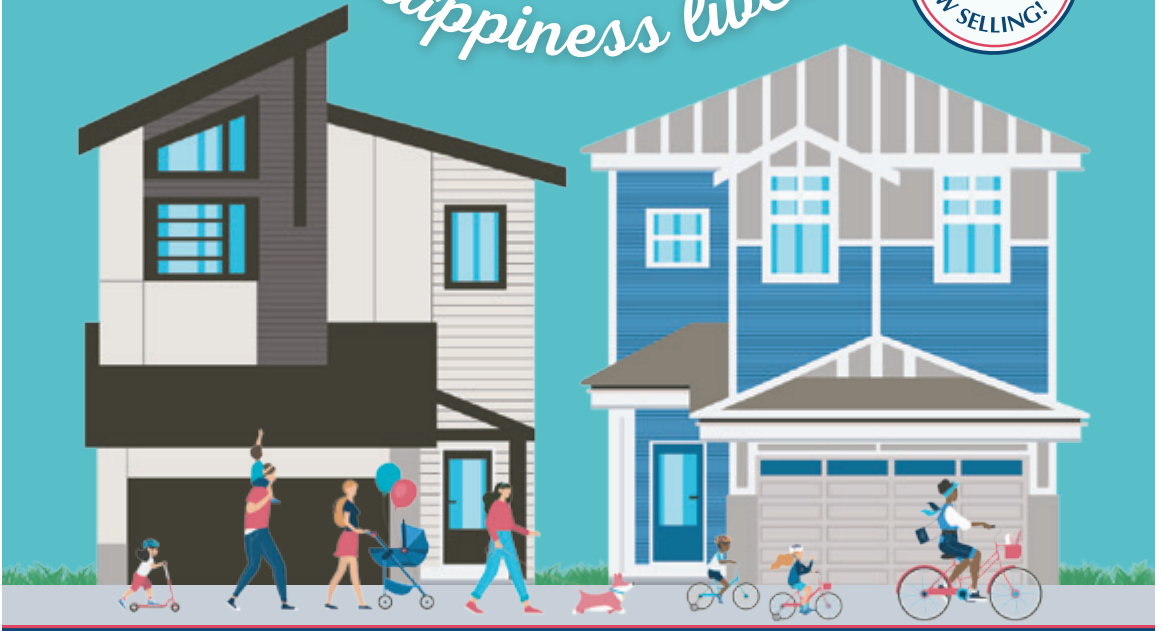
If you have an old candle that’s already tunneling, here are two easy ways to fix it:

1. Set your oven to 80°C (176°F) then remove anything flammable from your candle, such as labels or string. Once the oven is hot, place your candle on a baking tray for five minutes. This should heat the entire surface of the wax, making it smooth. With oven mitts, remove the candle and let it cool before lighting it.
2. Wrap aluminum foil around the top of your candle and angle it inwards like a dome. Ensure that the flame is far enough away from the foil and that there is still a hole to vent air. The foil will help the wax to heat up evenly. Keep a careful eye on your candle until the top layer of wax has melted, leaving a smooth surface, then remove the foil.

With these easy steps, you can enjoy your candles this season without any tunneling. If this article helped you, be sure to share it with a friend or loved one!

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## Somerset Bridlewood Superstars!

For almost 20 years, Mona's shining spirit has been helping to brighten Bridlewood since moving here in 2005. With her daughter Maya just graduating high school, and her real estate business thriving, this super mom and local all-star is well known throughout the neighbourhood.

In the early years, she could be found organizing block parties, hosting public events, and delivering food hampers. On top of her many ongoing ventures, these days, you can find her hosting the Diwali Bazaar in Shawnessy and running a popular neighbour group on Facebook.



Having received a kidney transplant from her father over 10 years ago, Mona's also a passionate advocate for organ donations. Living with Type 1 Diabetes, she also successfully received the Islet Cell Transplant treatment, allowing her to live insulin-free for many years.



Some of her favourite memories living here include playing at the waterpark with her daughter and building lifelong friendships.

Know someone from the neighbourhood who deserves to be featured? Please contact us at [sbcasecretarycalgary@gmail.com](mailto:sbcasecretarycalgary@gmail.com).

## Cats, Canines, & Critters of Calgary



Bonnie, Bridgeland



Moose, Canyon Meadows



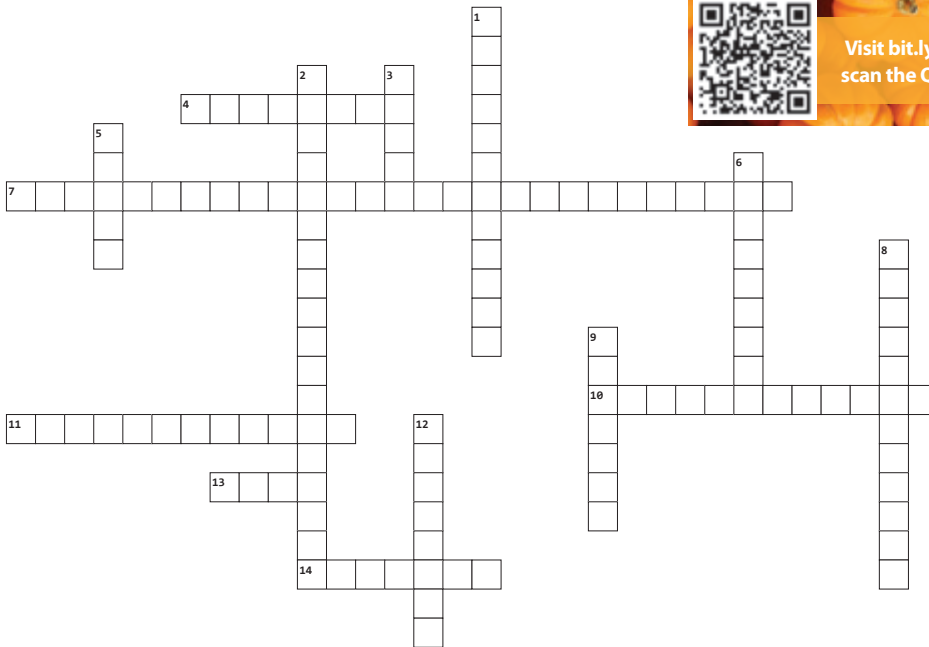
Ash, Mckenzie Towne



Sparky, Douglas Glen

To have your pet featured, email [news@mycalgary.com](mailto:news@mycalgary.com)

# October Crossword



Visit [bit.ly/mycalgaryanswers](https://bit.ly/mycalgaryanswers) or scan the QR code for the answers

World Series game took place; the LA Dodgers beat the \_\_\_\_\_ after 7 hours and 20 minutes.

2. Every fall, these majestic, winged insects migrate 4,000 kilometres from Canada to Mexico.
3. Born on October 24, 1986, this Canadian rap artist rose to fame on the television drama, *Degrassi*.
5. In the Middle Ages, this was used to sweeten candy.
6. This traditional Halloween candy was originally called 'Chicken Feed.'
8. Hailing from Transylvania, Vlad the Impaler served as inspiration for novelist Bram Stoker's blood-thirsty protagonist, \_\_\_\_\_.
9. In North America, this fruit becomes very popular in October.
12. Harvested in October and November in Canada, these legumes are a complete protein, meaning that they have all nine essential amino acids.

## Across

4. Published on October 27, 2016, this novel by Naomi Alderman depicts a world where females develop the ability to release an electrical charge from their fingers, thus becoming the dominant sex.
7. Released on October 29, 1993, this stop-motion film, written by Tim Burton, is a Halloween classic.
10. Born on October 9, 1823, \_\_\_\_\_ was the first woman to own and publish her own newspaper, *The Provincial Freeman*, in Canada.
11. Observed on October 11, International \_\_\_\_\_ aims to celebrate and empower young girls while advocating for their rights and recognizing the unique challenges that they face.
13. October's official birthstone and Australia's national gemstone.
14. This 2,000-year-old Celtic festival marks the end of harvest and honours the spirits that are believed to walk the Earth on this day.

## Down

1. In October of 2018, the longest postseason Baseball

## ASK THE GARDEN EXPERT



Introducing monthly tips for the home gardener! Brought to you by Somerset Bridlewood's Community Garden Director, accredited horticulturist, and *Guides for the Prairie Gardener* co-author, Sheryl Normandeau.

### Top Three Tips and Tricks

#### #1 Can I harvest my winter squash before it's ripe on the vine?

Frost is in the forecast! Squash that have started to turn colour may be cut off the vines (leave about two inches of stalk intact on the fruit). Wash the skins with a soft cloth. Place the fruit in a warm, dry, sunny location and turn them periodically so they can finish changing colour.

#### #2 How should I store potatoes after they've been harvested?

Do not wash potatoes before storing. Brush them gently to remove excess soil but do not damage skins. Store potatoes in a dark, well-ventilated area at about seven to ten degrees Celsius. Depending on the variety, they will store about four months.

#### #3 Will green tomatoes ripen off the plant?

Usually, yes. They contain a plant hormone called ethylene that facilitates ripening. Gently wash and dry tomatoes, then place them in single layers in cardboard trays (leave some space between each fruit). Keep them in a warm, dry location out of direct sunlight. There's no need to wrap them in paper. Turn them periodically and remove any that are rotting.

*Have a question for our expert? Email [sbcagardencalgary@gmail.com](mailto:sbcagardencalgary@gmail.com) for a chance to be featured!*



## Somerset Bridlewood Community Garden

Can you believe that pumpkin spice season is here already? Plenty of both summer and winter squash (and a few pumpkins!) were grown in the community garden this year. If you grew squash at home and had pollination troubles and therefore poor yields, consider manually helping your plants along next year. Look for the male flowers and female flowers on your squash plants; the males will have long thin stems while the females will have thicker stems with what looks like small fruits forming just beneath the blooms. You can use a toothbrush or an artist's paintbrush to transfer pollen from the male flowers to the female flowers and hopefully increase your chances of getting fruit. Sometimes, the bees just don't show up when we need them to!

The community garden celebrated the gift of four new fruit trees this summer! We received two Evans cherry trees and two different cultivars of apple trees from the City of Calgary as they promote the growth (pun intended!) of the city's tree canopy coverage. It will be a while before the trees bear fruit but we're working hard to make them comfortable in their new homes in the garden. If you planted new trees this summer, ensure that they have had enough water before they enter dormancy; as well, use mulch at the base of the trees to give them their best possible chance of weathering our Calgary winter. Bark chips or nuggets are a great mulch, but you can also use a pile of dry leaves as a temporary and very inexpensive cover.

If you're already thinking ahead to 2024's growing season and you're interested in renting a garden bed at the Somerset Bridlewood Community Garden, please message me ([sbcagardencalgary@gmail.com](mailto:sbcagardencalgary@gmail.com)) to be placed on the waitlist.

Until next time!

*Sheryl Normandeau, Community Garden Director*





## Somerset Real Estate Update

Last 12 Months Somerset  
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
August 2023	\$ 277,450	\$ 277,950
July 2023	\$ 269,000	\$ 270,000
June 2023	\$ 282,400	\$ 279,500
May 2023	\$ 499,950	\$ 528,000
April 2023	\$ 352,500	\$ 395,250
March 2023	\$ 325,000	\$ 325,000
February 2023	\$ 402,450	\$ 389,500
January 2023	\$ 189,900	\$ 192,500
December 2022	\$ 436,500	\$ 440,250
November 2022	\$ 523,500	\$ 508,925
October 2022	\$ 369,800	\$ 347,500
September 2022	\$ 319,900	\$ 336,000

Last 12 Months Somerset  
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
August 2023	30	22
July 2023	19	17
June 2023	22	20
May 2023	13	18
April 2023	29	22
March 2023	18	17
February 2023	11	8
January 2023	5	6
December 2022	9	10
November 2022	6	14
October 2022	10	15
September 2022	21	11

To view more detailed information that comprise the above  
MLS averages please visit [some.mycalgary.com](https://www.some.mycalgary.com)

## Bridlewood Real Estate Update

Last 12 Months Bridlewood  
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
August 2023	\$ 509,950	\$ 524,553
July 2023	\$ 347,450	\$ 352,500
June 2023	\$ 434,900	\$ 445,500
May 2023	\$ 522,450	\$ 537,500
April 2023	\$ 482,300	\$ 514,350
March 2023	\$ 470,000	\$ 475,000
February 2023	\$ 239,900	\$ 239,900
January 2023	\$ 424,900	\$ 406,000
December 2022	\$ 240,000	\$ 237,166
November 2022	\$ 467,500	\$ 455,000
October 2022	\$ 465,000	\$ 453,000
September 2022	\$ 487,450	\$ 481,000

Last 12 Months Bridlewood  
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
August 2023	22	24
July 2023	23	22
June 2023	23	16
May 2023	20	28
April 2023	25	22
March 2023	27	23
February 2023	15	17
January 2023	11	5
December 2022	8	11
November 2022	7	16
October 2022	13	13
September 2022	21	22

To view more detailed information that comprise the above  
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**MP Calgary Midnapore**

**Stephanie Kusie**

204 – 279 Midpark Way SE

Calgary, AB T2X 1M2

📞 403-225-3480 📠 403-255-3504

✉️ stephanie.kusie.c1@parl.gc.ca

🌐 stephaniekusiemp.ca

Dear Constituents,

Last month I returned to Ottawa for the start of the fall session of Parliament. Our common-sense Conservative team kicked off the session highlighting our plan to bring it home for all Canadians.

A key pillar of our plan is to bring home lower prices. We will do this by capping costs and stopping government waste to bring down inflation and interest rates. We will also cancel both Liberal carbon taxes and stop punishing hardworking Canadians like yourself just for buying food, filling up your car, and heating your home. In Parliament we have used every tool available to us as the Official Opposition, including multiple Opposition Day Motions calling on the government to make life more affordable for Canadians. We will continue to pressure the government to take a common-sense approach and ease the financial burden that families and individuals across Canada are feeling.

From my family to yours, I'd like to wish all constituents a Happy Thanksgiving! I hope you have the opportunity to gather with loved ones and appreciate all that we have been blessed with. I am extremely thankful to call Calgary Midnapore home.

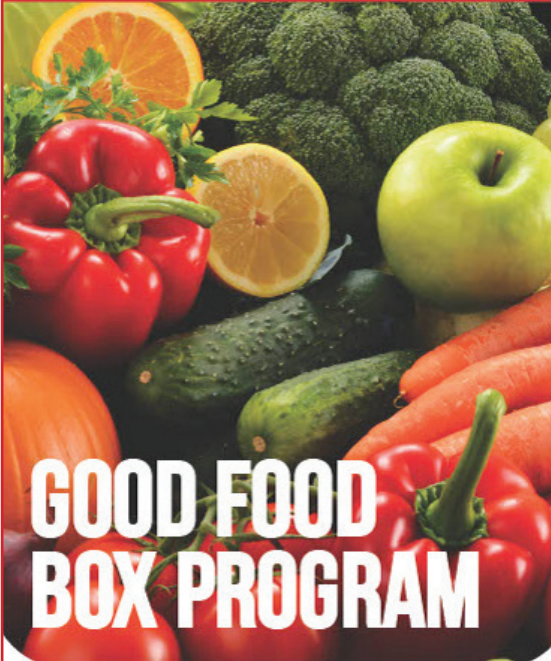
To stay up to date on my ongoing work in Ottawa on your behalf, please sign up for my monthly e-newsletter. You can do so online at [StephanieKusieMP.ca](http://StephanieKusieMP.ca). Another way to keep engaged is through my social media – @StephanieKusiePolitian (Facebook), @StephanieKusie (X/Twitter and Instagram), @StephanieKusieMP (YouTube).

Happy Thanksgiving and have a fun and spooky Halloween!

Sincerely,

*Stephanie Kusie*

MP Calgary Midnapore



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For more information, please contact

**SHERYL NORMANDEAU**

PH. 403.288.3134 E. [somersetgfb@gmail.com](mailto:somersetgfb@gmail.com)

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## GAMES & PUZZLES


### Halloween Edition

1. In the 1800s, these immigrants brought the tradition of Halloween to the US.
2. Based on Stephen King's novel, this 2017 film is the highest grossing horror movie of all time.
3. The two Ms in M&M's candy-coated chocolates stand for \_\_\_\_\_ and \_\_\_\_\_.
4. In the *Halloween* film series, a mask of this *Star Trek* character was spraypainted and worn by serial killer Michael Myers.
5. Jack-o'-lanterns were originally carved out of \_\_\_\_\_.
6. Stephen Clarke holds the Guinness World Record for fastest carved pumpkin, completing it in \_\_\_\_\_ seconds.

SCAN THE QR CODE FOR  
THE ANSWERS!

## Unofficial National Food



Some claim that donuts are Canada's 'unofficial national food.' This is probably because we have the highest concentration of donut shops per capita. If that isn't enough, we also consume the most donuts per capita compared to any other country in the world!

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**PAINTING:** Calgary's wall repaint experts. Fast, free estimates and colour consults. Friendly, clean, and on time. Check out our great reviews! Father and son power team. Fully insured. Please call/text Eric at 587-893-0326. [www.elementpaintinginc.ca](http://www.elementpaintinginc.ca). Thank you.

**HUNTER'S HEATING AND COOLING:** Woodbine-based Red Seal journeyman committed to honest, quality work and fair pricing. Top quality Lennox air conditioners and furnaces. We also install tank-less water heaters, garage heaters and more. Payment plans available. For a free quote and trustworthy advice, call Breck at 403-969-2735 or visit [www.huntersheating.com](http://www.huntersheating.com).

**GUTTER DOCTOR:** Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 50,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! [www.gutterdoctor.ca](http://www.gutterdoctor.ca), 403-714-0711.

**HOME DECOR CONSIGNMENT STORE:** Looking for consigners! If you are moving or downsizing and want to make some extra cash, become a consignor with a locally owned business, over 15 years of experience, we specialize in reselling home décor/kitchenware. Call 403-398-7544, text 403-966-0467, or email [zoesstoreyyc@gmail.com](mailto:zoesstoreyyc@gmail.com). Zoe's Store: Located at 1403 14th Street SW. <http://zoesstore.com/>.

If you are considering selling, call us for a **Zero Obligation Home Evaluation** and strategy discussion on how to achieve **Top Dollar** for your home!

## Somerset

Detached Home Stats - Last 45 Days



**19**

# New Properties



**11**

# Sold Properties



**16**

Average Days on Market



**\$593,506**

Median Sold Price

## Bridlewood

Detached Home Stats - Last 45 Days



**27**

# New Properties



**19**

# Sold Properties



**16**

Average Days on Market



**\$554,436**

Median Sold Price

**Your Home is in High Demand! Call Today!**



**JH** **JORDY HUNTRODS**  
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