

JUNE 2023

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THE OFFICIAL SOUTHWOOD COMMUNITY NEWSLETTER

AGM
JUNE 8

MEETING
JUNE 15

PAVEMENT PAINTING
JUNE 17



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PRESIDENT'S MESSAGE

Hello Southwood!

I don't know about you, but spring is my favourite season of the year, minus the allergies of course! I love seeing nature come to life and the beautiful colours that emerge as the weather warms up.

Southwood Community Association will be hosting our Annual General Meeting on Thursday, June 8, starting at 7:30 pm. You can attend in person at 11 Sackville Dr (we will have refreshments) or online via Zoom. Meeting ID: 288 454 5027. Passcode: CA.

This year, I will be entering my eighth year acting on the board of directors and I have decided to step down as president and move into the past president role. Being part of the community association has been a wonderful experience and I have been very grateful for the opportunities that have presented themselves. If you have been considering joining the board of directors, this is your opportunity! The meeting is open to all Southwood community members that currently hold a household membership. Remember, memberships are free this year, so please register today at Southwoodconnects.ca/membership.

If you are interested in joining, we will be looking to fill the following vacancies: president (10 hours per month) vice president (10 hours per month), treasurer (5 to 10 hours per month), and director-at-large (maximum 5 hours per month). If you have any questions about these positions and the time commitments, please connect with me, Becky, at southwood.president@gmail.com. We will also have more information available on the community website.

Springwood Paint the Pavement!

Last year, Max Webber and a team from the University of Calgary worked with residents on Springwood Drive to find ways to help calm traffic along the road. After much discussion, it has been decided to test a traffic calming initiative by painting the pavement!

Celebrate Neighbour Day on Saturday, June 17 on Springwood Drive! Unleash your inner artist and help us bring life to the street by painting our new community mural on the road. Everyone is welcome to join in on painting and other activities from 10:00 am

to 4:00 pm. Check out our Facebook page and website at Southwood Connects closer to the date for more information. See you then, neighbour!

To find out how you can help volunteer, please email the director of traffic and development at southwood.development@gmail.com. Participants under 18 must have a signed waiver by their legal guardian available at the event or online, as per City or Calgary regulation. In the event of poor weather Paint the Pavement will be moved to June 24. On-street parking is not available; please consider alternate modes of transportation.

A friendly reminder that June 15 will be our last meeting before heading into the summer break. The meeting is open to community members. Join us in person at 7:00 pm at the Southwood Community Hall (11 Sackville Dr SW).

Take care,

Becky





SOUTHWOOD COMMUNITY ASSOCIATION

11 Sackville Drive SW, Calgary, Alberta, T2W 0W3

Telephone: 403-259-0919

Website: SouthwoodConnects.ca

Twitter: @SouthwoodYYC Facebook: Southwood Connects

BOARD OF DIRECTORS

| | | | |
|-------------------------------------|--------------------|----------------------------------------------------------------------------------------|--------------|
| President | Becky Poschmann | southwood.president@gmail.com | 403-629-3292 |
| Vice President | Amanda Taffs | southwoodvp@gmail.com | |
| Treasurer | Jeff Burton | southwood.treasurer@gmail.com | |
| Secretary | Joce Henkelman | southwoodsecretary@gmail.com | |
| Director of Membership | Barb Short | membership.southwood@gmail.com | |
| Director of Development and Traffic | Max Webber | southwood.development@gmail.com | |
| Director of Facility and Rink | Amanda Taffs | directoroffacility.sca@gmail.com | |
| Director of Programs | Shayne Henkelman | programs.southwoodca@gmail.com | |
| Director of Newsletter | Barb Short | newsletter.southwood@gmail.com | |
| Director of Communications | Joce Henkelman | | |
| Director at Large | Lindsay Andreassen | | |
| Director at Large | Faye Coburn | | |
| Director at Large | Lee Werth | leenexywerth@gmail.com | |
| Social Media Committee | Teresa McLaren | | |
| Casino Coordinator | Paul Webber | southwoodcasino@gmail.com | |

OTHER CONTACTS

| | | | |
|----------------------------------------------|--------------------|----------------------------------------------------------------------------------------------|--------------|
| Hall Rentals | Lola Medjedovich | southwoodhallrental@gmail.com | 403-474-3845 |
| Webmaster | Thalia McRae | webmaster@southwoodconnects.ca | |
| Community Garden | Teresa McLaren | southwoodcommunitygardens@gmail.com | |
| CPS Community Liaison | Cst. Pavel Adaikin | Pol4162@calgarypolice.ca | |
| NPC (Neighbourhood Partnership Co-ordinator) | Jenna Findlater | Jenna.findlater@calgary.ca | |
| Air Cadets | Andrea Chant | sscchair52rcac@gmail.com | 403-461-5195 |
| Learning Tree Preschool | Meaghan Collyer | learningtreepreschool@shaw.ca | 403-479-4952 |

Hall Rentals

Looking for a space to hold your next function or weekly/monthly meeting? The Southwood Community Hall is the perfect spot for birthdays/anniversaries, seminars/workshops, book clubs, day camps and playgroups, fitness classes and more! Discounted rental fees for community members! For more info, visit our website at www.southwoodconnects.ca or call Lola at 403-474-3845.

Springwood Drive: Paint the Pavement!



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Backyard Play Safety

from Alberta Health Services



Emergency Medical Services (EMS) would like to encourage parents and caregivers to ensure their backyard play areas are made safe for children this summer. Although direct supervision is the best method to reduce the chance of injury, always ensure play equipment in your yard is in good repair and is suited to the age and skill of the children using it. Check the equipment often; replace or repair any worn or broken parts. It's also advised to set up play equipment on top of a nine-inch layer of shock-absorbing material which extends six feet out in all directions from the play area.

Water Hazards

- Drowning contributes to unintentional injury-related death among children ages one to four
- Children can drown in just a few centimetres of water if it covers their mouth and nose
- Ensure all backyard swimming pools are fenced. The fence must be at least 1.8 metres high and have a self-latching, self-closing, lockable gate. (*Alberta Building Code)

Lawn and Garden Tools

- Keep young children away from outdoor power equipment

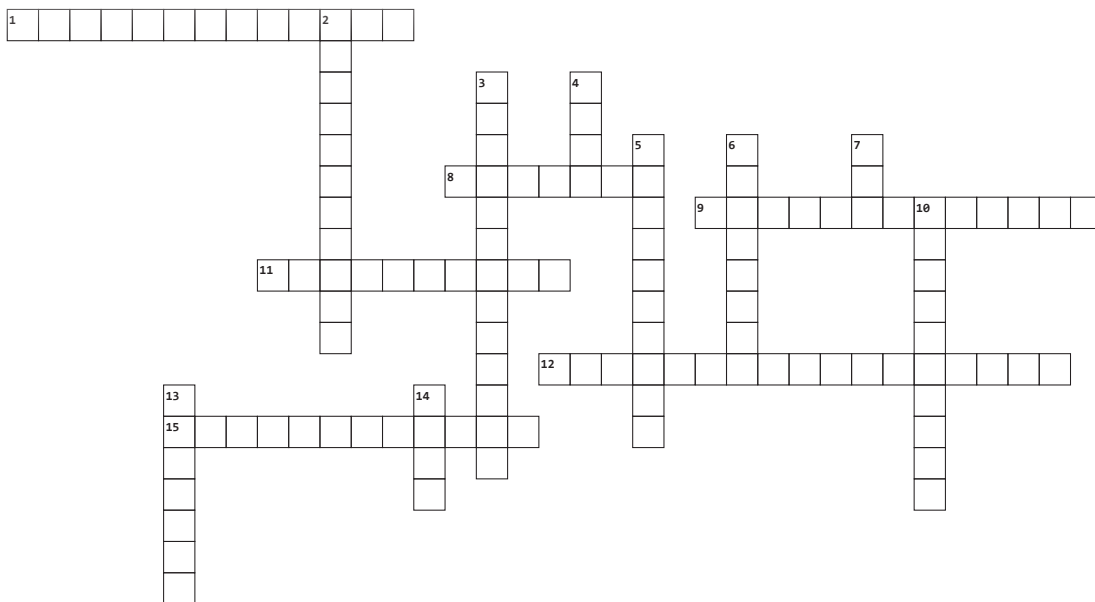
- Serious burns may result from touching hot engine surfaces
- Ensure that all sharp tools, fuel, chemicals, and other hazardous substances are stored in a secure, locked area. A simple latch may not be sufficient.

Insect Bites and Stings

- Minimize the risk of attracting insects by not wearing strong perfumes or scented lotions
- Avoid wearing brightly coloured clothing outdoors
- Consider destroying or relocating hives and nests situated near your home
- To avoid injury through inadvertently stepping on a stinging insect, always wear footwear outdoors
- If your child has received an 'EpiPen, Junior' prescription from your physician (for anaphylactic reactions only) ensure they understand when and how to use it
- If your child experiences a severe reaction to an insect sting, or other environmental cause, seek medical attention, or call 911.



June Crossword Puzzle



Across

1. Born on June 27, 1859, Mildred J. Hill composed this song, which is considered to be one of the most well-known songs in the English language.
8. In Sweden and Finland, Midsummer Day is traditionally celebrated by singing and dancing around this.
9. Canadian singer-songwriter Alanis Morissette wrote this breakup song in about 30 minutes.
11. Midland, Ontario holds an annual festival in honour of this classic Canadian pastry every June.
12. Canadian author Lucy Maud Montgomery's debut novel, which was released in June of 1908.
15. This Calgary landmark was opened to the public on June 30, 1968.

Down

2. The song "I Will Always Love You," first recorded on June 12, 1973, by _____ gained renewed popularity with a re-release by Whitney Houston.
3. 43 years ago, this NHL hockey team relocated to Calgary.
4. The month of June is named after this Roman goddess.
5. In North America, National _____ Day is celebrated on June 8.
6. 29 years ago, this popular Disney movie, based on Shakespeare's play, *Hamlet*, was released.
7. The first Friday after Father's Day is National Take Your _____ to Work Day.
10. On June 2, 1967, this band released their iconic album, "Sgt. Pepper's Lonely Hearts Club Band," in the US.
13. This European country experiences the longest summer solstice due to its geographical location.
14. The official Father's Day flower.

SCAN THE QR CODE FOR
THE ANSWER KEY





Do You Have a Drug House in Your Neighbourhood?

A message from the Federation of Calgary Communities

Drug houses don't just happen in other neighbourhoods. There are drug houses in all types of neighbourhoods. "Drug houses" are homes that are used for the production of illegal drugs, such as methamphetamines, marijuana, and cocaine. Due to the hazardous chemicals used and the fire hazards posed, drug houses are a serious threat to the community.

Drug dealers look for locations where neighbours do not communicate and isolate themselves. This makes it easy to intimidate those neighbours that do notice drug activity. Drug dealers like neighbourhoods that say, "It can't happen here."

How Can You Identify a Drug House in Your Neighbourhood?

Most drug houses have similar identifying characteristics. Watch for the following:

- **Strange Odours.** Smells to be aware of include ammonia, acetone, acid, and solvents.
- **Frequent and Unusual Traffic Flow – stop, enter, leave.** Watch for frequent visits by different cars, at any time of the day or night. Be suspicious of vehicles with obscured or absent license plates. Watch for excessive foot traffic to and from the house or property and loitering in or around the house.
- **Property Alteration.** This includes covering windows and patio doors with items other than curtains or drapes, barricading windows and doors, and disconnecting fire alarms.
- **Bright Interior Lights.** High-intensity, 1,000-watt lamps are commonly used in the production of methamphetamines and cannabis.
- **Constant Humming Noises.** Like that of a fan or a transformer on a hydro pole.
- **Tenants Who Own Expensive Items.** Especially if they appear to be unemployed. Expensive cars, cell phones, home entertainment systems, etc.

- **Extensive Security Measures.** Beyond typical home security. This includes fencing, guard dogs, lookouts, etc.

- **Little Property Maintenance.** Unkempt yard, little to no furniture.

- **Increased Noise and Crimes.** Loud voices, fights, gunfire, radios, especially at night. Increase in crimes like auto burglaries, robbery, vandalism, and assault, as well as active prostitution in or around the neighbourhood.

Prevention is the best way to stop drug houses!

You can reduce the chance that a drug house moves into your neighbourhood. Meet and get to know your neighbours and your Police Community Liaison Officers. As problems develop in the neighbourhood, work with law enforcement to resolve them quickly.

What Should You Do If You Suspect a Drug House in Your Neighbourhood?

- **Communication is Key.** Talk to anyone and everyone: neighbours, the police, the SCAN Unit (Safer Communities and Neighbourhoods), local Crime Stoppers, anyone in the government who can help you get rid of the drug house. You will not solve the problem yourself - the only way to shut down a drug house is through teamwork.
- **Keep Records.** Set up a calendar and a log to take down license plate numbers, car colour and make of suspicious vehicles, date and time of activity. Record the time and date of incidents surrounding the drug house, such as shots fired, screaming, burglaries, vandalism, etc. Report this information to the police.
- **Be Patient.** Police have to work within the law, and so do you. It may take time to gather enough evidence to shut down the drug operation legally, so don't be discouraged.

Phone Numbers to Call to Report Drug House Activity:

- Emergencies: 911
- Calgary Police Service: 403-266-1234
- SCAN Unit (Safer Communities and Neighbourhoods): 1-866-960-7226



This is your community newsletter with a mission to keep Southwood residents connected and involved in community life. The volunteer efforts of contributors and distributors ensure its success. This newsletter is printed monthly and is distributed without charge to all residents of Southwood.

Please check out our website, which contains useful information for you to access at SouthwoodConnects.ca.

Newsletter Submissions

We welcome articles and letters from our readers. All submissions must be accompanied by a name and telephone number. Articles should be between 200 and 550 words and can be submitted to the newsletter editor.

We reserve the right to edit articles for appropriate content or length. Photographs of community events are also greatly appreciated. Editorial deadline is the first day of the month prior to publication.

We want to make our newsletter as complete as possible, to include all community events and programs. If we missed yours, please contact the newsletter editor.

Newsletter Editor Barb Short
newsletter.southwood@gmail.com
403-255-6049

Publisher Great News Media
403-720-0762
www.greatnewsmedia.ca

Distribution Canada Post and Cadets

Residential Parking Permit Program

from the City of Calgary

There are important policy changes to the Residential Parking Permit (RPP) program that were approved by Council in January 2021 following two years of engagement with Calgarians. The revised program aims to increase street use efficiency and fairness, support businesses, and be better positioned for long-term sustainability.

As part of these changes, permit eligibility is now based on building type and a new fee structure for parking permits is being introduced later this year. On-street parking is a public space managed by The City of Calgary for all Calgarians. Permits allow residents the option to park on-street and close to their residence in areas near major parking generators where parking demand is high, such as hospitals, schools, and LRT stations. Parking permit fees have been introduced to cover the cost of this service for those who use it.

If you live in a Residential Parking Zone (RPZ), you only need a parking permit if your block has RPP restrictions ('Except by Permit' signs) or if you want to overstay in time-restricted zones (e.g., two-hour parking zones).

If RPP restrictions are no longer needed on your block, requests for modifying restriction signs can be made by calling 311 or filling out a 311 online request.

To learn what parking permit your address is eligible for and to view the new fee structure, please visit calgary.ca/RPP. Information on when the new fee structure will be implemented will be shared when available.

Property Tax Due

from the City of Calgary

Your property tax must be paid by June 30 to avoid late payment penalties. The City's Tax Instalment Payment Plan (TIPP) is the most popular payment method. You pay the same amount as your annual property tax levy, but instead of one large lump sum payment in June, you pay smaller monthly instalments.

This makes budgeting easier, and you reduce the risk of late payment penalties. Signing up for TIPP is easy

and you don't need to re-apply each year. There is no filing fee or initial payment required. Plan enrolment must be completed by the due date shown on your bill to avoid a late payment penalty. Avoid waiting and request your TIPP agreement today.

To request your TIPP agreement, go to calgary.ca/TIPP or call 311. If calling from outside Calgary, dial 403-268-2489 to request your agreement. If you're already on TIPP, you can visit calgary.ca/TIPP to learn how your monthly TIPP instalments are calculated and adjusted.

Get Your FREE Southwood CA Membership!

More and more Southwood residents are getting involved!
Connect with your community association to find out what makes Southwood a great community!

Your community association offers:

- Community representation on city development issues
- Funding for special programs
- Management, upkeep, maintenance of our hall, hockey rink, community gardens
- Keeping residents informed through articles in the monthly community newsletter and on line at www.Southwoodconnects.ca
- Hall rentals (creating needed income for Southwood Community Association)
- Exclusive offerings for Southwood Community Association Members at community events

To register your household for a membership, you can do one of the following:

1. Go to Southwoodconnects.ca/Memberships.
2. Complete the form below and drop it off or mail it to the community association (11 Sackville Dr SW Calgary, Alberta T2W 0W3)

Southwood Community Association Membership

Valid until **FEBRUARY 29, 2024**

As per the Privacy Act, any information you provide will be held in strictest confidence and will not be disclosed to third parties.

Family Name:..... First Name:

Address: Postal Code.....

Email:..... *(Used only by SCA to send occasional emails about community issues & events)*

Phone #: Cell #:

| | | |
|---------------------------------------------------|-----|----|
| Can we contact you about upcoming activities? | YES | NO |
| Can we contact you about volunteer opportunities? | YES | NO |
| Casino volunteer? | YES | NO |
| Quarterly e-newsletter? | YES | NO |

THANK YOU FOR SUPPORTING YOUR COMMUNITY

- Southwood Community Association meetings are held the third Thursday of each month at 7:00 pm – All are welcome. 11 Sackville Dr SW
- Have a voice and be informed about issues affecting our community
- Volunteer at Events. Join the Southwood community board

OUR NEXT MEETING:

Thursday, June 15, at 7:00 pm
11 Sackville Drive SW
Chateau Room



Father's Day Trivia

by Shelly Smith

Here's to all the fathers, and father figures, in our lives. Enjoy the quiz!

1. Who is the woman credited for the creating the first Father's Day?
 - a. Jeanette Rankin
 - b. Sonora Smart Dodd
 - c. Elizabeth Kenny
2. Is Father's Day celebrated on the first, second, or third Sunday of June?
 - a. The first Sunday
 - b. The second Sunday
 - c. The third Sunday
3. When was Father's Day first celebrated?
 - a. 1910
 - b. 1900
 - c. 1880
4. What is the official flower of Father's Day?
 - a. Daisy
 - b. Carnation
 - c. Rose
5. Who is Luke Skywalker's father in the *Star Wars* trilogy?
 - a. Bon Jovi
 - b. Darth Vader
 - c. Charlie Chaplin
6. What was the name of the father in the TV show *The Brady Bunch*?
 - a. Tom Brady
 - b. Mike Brady
 - c. Joe Brady



7. According to Hallmark, where does Father's Day rank, in comparison to other holidays, for the most cards sent?
 - a. Fourth
 - b. Fifth
 - c. Sixth
8. According to Stats Canada, how many fathers (including biological, foster, and stepdads) were there in Canada in 2011?
 - a. 7.9 million
 - b. 8.2 million
 - c. 8.6 million
9. What was the average age of dads in 2011 according to Stats Canada?
 - a. 27.5
 - b. 28.3
 - c. 31.2
10. What cartoon bear was invented by a father for his son?
 - a. Winnie the Pooh
 - b. Yogi Bear
 - c. The Boss

Courtesy of Springbank Hill Community Association

SCAN THE QR CODE FOR THE ANSWERS!



Gentle Yoga



We will explore a variety of yoga poses with time to experiment and mindfully arrive at our own expressions of yoga poses. We will learn gentle ball rolling techniques that highlight our self-regulating capacities. Some classes will include Critical Alignment exercises to care for our spines. The intended effect of the practice is to leave feeling refreshed, calm, and ready for the rest of the day.

Three main goals of this class are adding variety to the way we move, and to practice listening and responding to our body with kindness.

Please bring a yoga mat, a large towel or two, and a curiosity about our amazing bodies.

A squishy apple-sized ball or a pair of thick socks rolled into a ball may be used in some classes. Please bring your own if you have one.

No prior yoga experience required.

June Kwak holds certifications from the Myofascial Yoga Institute of Canada (300 Hr), the Yoga Studio College of Canada (RYT 200), Critical Alignment and Therapy (CAY-T Level IV), and Mindful Yin Yoga.

Spring Session:

Wednesday mornings from 10:30 to 11:45 am
April 5 to June 14 (11 classes)

\$132 for members | \$152 for non-members

Drop-ins can be arranged if space permits. Please reserve your class at least a day in advance.

For more information and to register, contact June Kwak at june@regroovenating.com or 403-710-5126 (texts welcome).

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News, Events,
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GAMES & PUZZLES

Guess That Book!



1. A nurse accidentally time travels to the 18th century.
2. On Long Island, a bond salesman rents a bungalow next to a wealthy man.
3. Humans are artificially bred and sorted based on intelligence.
4. A former physics postdoctoral student goes on a road trip with his girlfriend.
5. A forbidden romance ruins the lives of two close-knit Yorkshire families.
6. The 200-year-old protagonist is interviewed by a reporter.

SCAN THE QR CODE
FOR THE ANSWERS!



Calendar Baby Names



June is one of the top three calendar baby names, along with May and April/Avril (French). From 1915 to 1941, June was a top 100 name for boys and girls, peaking at #39 in 1925. Since 2008, the name June has been making a comeback, particularly as a middle name for girls.

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| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 9 | 2 | 6 | | | 7 | | 8 | |
| 5 | | | 6 | 8 | 9 | 2 | 3 | |
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| | 1 | 5 | | 7 | | | | |

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A banner featuring two women, Dorothy Rice and Rena St. Clair, against a red and white background with a blue wave graphic. Dorothy Rice is on the left, wearing a grey blazer, with her name and contact information in white text. Rena St. Clair is on the right, wearing a beige top, with her name and contact information in black and green text. Both have QR codes below their photos. Logos for RE/MAX First and Axiom Mortgage Solutions are also present.

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