

MAY 2023

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THE OFFICIAL SOUTHWOOD COMMUNITY NEWSLETTER

HAPPY MOTHER'S DAY!

MEETING

MAY 18

AGM

JUNE 8



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How to BEE a Community Scientist Help us document the different pollinators in Calgary!

- 1 Go to **inaturalist.ca** or download the app.
- 2 Take 2 clear photos of an insect and 1-2 photos of the plant/flower that it is visiting.
- 3 Upload your photos to iNaturalist and add your insect observations to the Calgary Pollinators Project.



sustain@ucalgary.ca
@dollecology

PRESIDENT'S MESSAGE

Hello Southwood!

With our AGM coming up, I thought I would spend some time talking about the community association (CA) and the positions we are looking to fill this year.

In 2022, we celebrated our 50th anniversary, as recognized by the Federation of Calgary Communities. Although we didn't celebrate this milestone, it's amazing to think back at what the CA has done for Southwood over the years. I have only been part of the CA for seven of these 50 years, but I have heard some amazing stories about its colourful past. Did you know that the CA used to run a hockey league? And that the location of the preschool used to be where regular pub nights would take place? And at the grand opening of the Chateau extension in the 1980s, Ralph Klein was present for the ribbon cutting? I know there are more stories out there, so please share your fondest memories with us!

As we move into this new era, we want to reconnect with Southwood to return to the times where we supported and protected one another. At the CA, we are developing programs in partnership with our community social worker to rebuild and strengthen relationships. In January, we began by hosting Youth Night on the last Friday of the month, and we continue to be pleasantly surprised by the number of youth and families who are coming out to support this great event. In February, we brought back Winter Fest, and it was a roaring success! In March and April, we supported the City in hosting two information sessions focusing on homelessness, addiction, and responding to a person in distress. In the summer, we will be working on renovating the Pioneer room and building a new community gathering space in front of the mural.

Our AGM is taking place on Thursday, June 8, starting at 7:30 pm. Please consider joining us and taking the time to vote in the 2023/2024 board members. All you need is a valid free community association membership to vote! We are looking for community members to join the board this year. The positions that will be available include treasurer, director of facility, and director(s) at large. If these positions don't speak to you, but you are interested in being a director for say, writing grant applications, we are more than happy to create that role for you! Or, if you are not interested in being a director, maybe being part of a committee would work for you.

To support the initiatives that we bring to Southwood, we need community members to work with us on committees. The benefit to being a committee member is that you are not required to attend the monthly board meetings, and your position may only get busy at certain times of the year when something is going on.

Anyone who has questions or is interested in joining the board or a committee, please connect with me and I would be more than happy to chat about the benefits that come with working on your community association. You can email me at southwood.president@gmail.com.

All the best!

Becky



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SOUTHWOOD COMMUNITY ASSOCIATION

11 Sackville Drive SW, Calgary, Alberta, T2W 0W3

Telephone: 403-259-0919

Website: SouthwoodConnects.ca

Twitter: @SouthwoodYYC Facebook: Southwood Connects

BOARD OF DIRECTORS

President	Becky Poschmann	southwood.president@gmail.com	403-629-3292
Vice President	Amanda Taffs	southwoodvp@gmail.com	
Treasurer	Jeff Burton	southwood.treasurer@gmail.com	
Secretary	Joce Henkelman	southwoodsecretary@gmail.com	
Director of Membership	Barb Short	membership.southwood@gmail.com	
Director of Development and Traffic	Max Webber	southwood.development@gmail.com	
Director of Facility and Rink	Amanda Taffs	directoroffacility.sca@gmail.com	
Director of Programs	Shayne Henkelman	programs.southwoodca@gmail.com	
Director of Newsletter	Barb Short	newsletter.southwood@gmail.com	
Director of Communications	Joce Henkelman		
Director at Large	Lindsay Andreasen		
Director at Large	Faye Coburn		
Director at Large	Lee Werth	leenexywerth@gmail.com	
Social Media Committee	Teresa McLaren		
Casino Coordinator	Paul Webber	southwoodcasino@gmail.com	

OTHER CONTACTS

Hall Rentals	Lola Medjedovich	southwoodhallrental@gmail.com	403-474-3845
Webmaster	Thalia McRae	webmaster@southwoodconnects.ca	
Community Garden	Teresa McLaren	southwoodcommunitygardens@gmail.com	
CPS Community Liaison	Cst. Pavel Adaikin	Pol4162@calgarypolice.ca	
NPC (Neighbourhood Partnership Co-ordinator)	Jenna Findlater	Jenna.findlater@calgary.ca	
Air Cadets	Andrea Chant	sscchair52rcac@gmail.com	403-461-5195
Learning Tree Preschool	Meaghan Collyer	learningtreepreschool@shaw.ca	403-479-4952

Hall Rentals

Looking for a space to hold your next function or weekly/monthly meeting? The Southwood Community Hall is the perfect spot for birthdays/anniversaries, seminars/workshops, book clubs, day camps and playgroups, fitness classes and more! Discounted rental fees for community members! For more info, visit our website at www.southwoodconnects.ca or call Lola at 403-474-3845.

Cats, Canines, & Critters of Calgary



Miki, Haysboro



Rigby, Huntington Hills



Riley, Dover



Whiskey, Walden

To have your pet featured, email news@mycalgary.com

Get Your FREE Southwood CA Membership!

More and more Southwood residents are getting involved!

Connect with your Community Association to find out what makes Southwood a great community!

Your Community Association offers:

- Community representation on city development issues
- Management, upkeep, maintenance of our hall, hockey rink, community gardens
- Hall rentals (creating needed income for Southwood Community Association)
- Funding for special programs
- Keeping residents informed through articles in the monthly community newsletter and on line at www.Southwoodconnects.ca
- Exclusive offerings for Southwood Community Association Members at community events

To register your household for a membership, you can do one of the following:

1. Go to Southwoodconnects.ca/Memberships.
2. Complete the form below and drop it off or mail it to the community association (11 Sackville Dr SW Calgary, Alberta T2W 0W3)

Southwood Community Association Membership

Valid until **FEBRUARY 29, 2024**

As per the Privacy Act, any information you provide will be held in strictest confidence and will not be disclosed to third parties.

Family Name:..... First Name:

Address: Postal Code.....

Email:..... (Used only by SCA to send occasional emails about community issues & events)

Phone #: Cell #:

- | | | |
|---|-----|----|
| Can we contact you about upcoming activities? | YES | NO |
| Can we contact you about volunteer opportunities? | YES | NO |
| Casino volunteer? | YES | NO |
| Quarterly e-newsletter? | YES | NO |

THANK YOU FOR SUPPORTING YOUR COMMUNITY

- Southwood Community Association Meetings are held the third Thursday of each month at 7:00 pm – All are welcome. 11 Sackville Dr SW
- Have a voice and be informed about issues affecting our community
- Volunteer at Events. Join the Southwood Community Board

OUR NEXT MEETING:

Thursday, May 18, at 7:00 pm
11 Sackville Drive SW
Chateau Room





This is your community newsletter with a mission to keep Southwood residents connected and involved in community life. The volunteer efforts of contributors and distributors ensure its success. This newsletter is printed monthly and is distributed without charge to all residents of Southwood.

Please check out our website, which contains useful information for you to access at SouthwoodConnects.ca.

Newsletter Submissions

We welcome articles and letters from our readers. All submissions must be accompanied by a name and telephone number. Articles should be between 200 and 550 words and can be submitted to the newsletter editor.

We reserve the right to edit articles for appropriate content or length. Photographs of community events are also greatly appreciated. Editorial deadline is the first day of the month prior to publication.

We want to make our newsletter as complete as possible, to include all community events and programs. If we missed yours, please contact the newsletter editor.

Newsletter Editor	Barb Short newsletter.southwood@gmail.com 403-255-6049
Publisher	Great News Media 403-720-0762 www.greatnewsmedia.ca
Distribution	Canada Post and Cadets

THE EMERALD

The emerald is May's official birthstone. Unlike some birthstones, emerald is classified as one of four precious gemstones. Although the oldest emeralds date back 2.97 billion years and were first mined in Egypt, emeralds have been found in Canada, although they're rare. Canada's first emeralds were found in 1998 in Yukon Territory!

St. Stephen School Playground Updates

St. Stephen School has been successful in getting an extension on the removal of its playground which is now set for June 2024.

St. Stephen is an elementary and junior high school (K to 9) serving 385 students from Southwood, Legacy, Canyon Meadows, and Woodbine/Woodlands. St. Stephen's playground not only benefits the student population but is a crucial play structure and gathering space for the children and caregivers of the surrounding Southwood community.

We have been working with BDI to develop an inclusive playground design which will be the first accessible playground in Southwood with rubber surfacing. Our target installation date is Summer 2024.

Love Where You Live: Host a Block Party!

from the Federation of Calgary Communities

Summer is almost here! What better way to kick off the season than to host a block party? Whether you want to get to know your neighbours, celebrate your community, discover something new about the area, or just have a good time, look no further!

There is no better way to get to know your neighbours than to have a block party. Neighbourhood block parties can develop relationships among neighbours, which creates a strong sense of community and a safer place to live. Block parties provide an opportunity for neighbourhood residents to get to know one another, have some fun, and mingle! A connected neighbourhood can create a sense of pride, safety, and cohesion for all who live there. Neighbours who know each other can look out for one another and create a safer community.

A block party isn't just about gathering people together on a street; it's about bringing a community together. Block parties offer the rare opportunity to bring a sense of small-town life into Calgary. Block parties don't have to happen on a road or a street, they can happen anywhere that brings neighbours together.

For more information, check out this handy guide to block parties: <https://calgarycommunities.com/wp-content/uploads/2023/03/Tip-Sheet-Love-Where-You-Live-Host-a-Block-Party.pdf>.



PLANT SALE

Saturday, May 27
Noon - 2 pm



Gentle Yoga



We will explore a variety of yoga poses with time to experiment and mindfully arrive at our own expressions of yoga poses. We will learn gentle ball rolling techniques that highlight our self-regulating capacities. Some classes will include Critical Alignment exercises to care for our spines. The intended effect of the practice is to leave feeling refreshed, calm, and ready for the rest of the day.

Three main goals of this class are adding variety to the way we move, and to practice listening and responding to our body with kindness.

Please bring a yoga mat, a large towel or two, and a curiosity about our amazing bodies.

A squishy apple-sized ball or a pair of thick socks rolled into a ball may be used in some classes. Please bring your own if you have one.

No prior yoga experience required.

June Kwak holds certifications from the Myofascial Yoga Institute of Canada (300 Hr), the Yoga Studio College of Canada (RYT 200), Critical Alignment and Therapy (CAY-T Level IV), and Mindful Yin Yoga.

Spring Session:
Wednesday mornings from 10:30 to 11:45 am
April 5 to June 14 (11 classes)

\$132 for members | \$152 for non-members

Drop-ins can be arranged if space permits. Please reserve your class at least a day in advance.

For more information and to register, contact June Kwak at june@regroovenating.com or 403-710-5126 (texts welcome).




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YOUR CITY OF CALGARY

Celebrate Neighbour Day 2023

from the City of Calgary



Join with your neighbours for the 10th annual Neighbour Day on June 17. Celebrate your community spirit and neighbourly kindness by having a block party or BBQ, organizing a cleanup, decorating your yard, gathering with neighbours for a fun sport activity, games, or kids' crafts, or make up your own way to meet your neighbours and build community togetherness.

Neighbour Day started in June 2014 to celebrate the incredible outpouring of support and generosity of neighbours following the 2013 Calgary floods. Each year on the third Saturday in June, we continue to celebrate one of the things that makes Calgary such a great city — our strong and caring communities.

To help you celebrate on June 17, The City of Calgary is providing resources and support for residents to organize activities with neighbours, including waiving the fees for block party and greenspace permits. The permit application deadline is May 28. You can also request a visit from Mayor Gondek, your area Councillor, a police officer, or a fire truck. Visit calgary.ca/NeighbourDay to learn more.

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