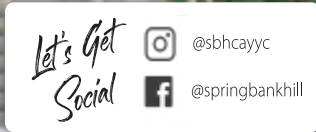


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## PRESIDENT'S MESSAGE

Greetings!

We are moving into the autumn season which means the official end of summer, changing weather, and preparing for another year-end that will approach us in a few months. Our community association year-end occurred on August 31, and we've been working on our year-end financial audit as required by the City. We plan to review the results with our members at the Annual General Meeting scheduled for Wednesday, October 25 at Rundle College. As this is an annual event, we also take the opportunity to present our budget and project plans for the next 12 months, as well as the nominations for our board of directors.

Stay tuned for more information regarding the AGM; our members will receive advanced notice, including copies of the audited financials via email soon. We welcome any enquiries regarding our board of director position openings as well as other volunteer opportunities, as the best time to learn more would be through your attendance at the AGM.

I am pleased to report that we wrapped up another great growing season at our community garden. We were successful in renting all our garden plots and hosted several events there during the summer. Refer to the great article by one of our volunteers, Simon Brame, in this newsletter.

Our continued success with the hosting of AGLC casino fundraisers every 24 months means that our AGLC account is healthy, although the use of these funds is restricted and requires provincial approvals. In the past, we have focussed on capital projects to improve our community, but we are also now looking at the option of funding programs that would qualify for AGLC funding, primarily programs for seniors and children. We are now collecting ideas and welcome any input from our community residents. We will report back on our progress in future newsletters.

Stay safe and healthy,

*Elio Cozzi*

President, Springbank Hill Community Association



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Carly Deibler	Secretary and Director, Social Media	secretary@springbankhill.org
Alex Casuga	Director, Community Rinks	planning@springbankhill.org
Dan Hnatyshyn	Montreux Rink Coordinator	somrink@springbankhill.org
Jeff Davidson	Director, Community Gardens	communitygrowers@springbankhill.org
Shelly Smith	Director, Memberships, Sponsorships, and Newsletter	membership@springbankhill.org
Sola Ajiboye	Director, Grant Funding	info@springbankhill.org
Peter Agbongiador	Director, Traffic and Safety	traffic@springbankhill.org
Amaka Nwonye	Director, Events	info@springbankhill.org
Cooper Xu	Director	info@springbankhill.org
Behrokh Azarian	Director at Large	



## VOLUNTEERS

Laura Butynets	Soccer and T-Ball Sports Program Coordinator	recreation@springbankhill.org
Dave Walker	Springbank Hill Scout Troop #137	springbankhill137scouts@gmail.com
Paul Duncan	Springbank Hill Rink Coordinator	info@springbankhill.org
Fiona Christiaansen	Casino Fundraiser Lead	
General Inquiries	info@springbankhill.org	
Memberships	membership@springbankhill.org	

## HOMEOWNERS ASSOCIATION

Springbank Hill Homeowners Association	info@sbhha.com, www.sbhha.com
The Slopes Community Association	www.theslopes.ca
Springborough Homeowners Association	www.springborough.ca

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## What to Do if You See Graffiti or Abandoned Bicycles on Springbank Hill

by Shelly Smith

Walking on the beautiful pathways on Springbank Hill, I have noticed an increase in graffiti (on garbage bins, utility boxes) and abandoned bicycles. The amazing mural that graces our Springbank Hill community park also had graffiti on it. So, what do we do when we see these things in our neighbourhood?

### Graffiti

A SBHCA board member reported the graffiti on the Springbank Hill community park mural to the City of Calgary who promptly took care of it. If you see graffiti, here is all the information you need to know to report it and get the graffiti removed: <https://www.calgary.ca/bylaws/graffiti-recording-reporting-removing.html>.

### Abandoned Bicycles

Simply call 311.



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## Unofficial National Food

Some claim that donuts are Canada's 'unofficial national food.' This is probably because we have the highest concentration of donut shops per capita. If that isn't enough, we also consume the most donuts per capita compared to any other country in the world!



# Fall Candle Care: How to Prevent Tunneling

by Evermore Handmade, Local Candle Business

Fall is a popular time for candlelight and cozy nights in, which means dusting off your candle collection. You might notice that some have developed a deep “tunnel” around the wick, making it difficult to light. Tunneling also shortens the life of your candle as only the wax in the centre of the candle will burn down.

Here are a few easy ways to prevent or fix tunneling so you can enjoy your favourite candles this season:

### Prevention

When you light a candle for the first time, allow it to burn long enough to melt all the way to the edges of the candle jar. This ensures an even burn for the duration of your candle's life as wax has a “memory” so to speak. The first burn sets the tone for subsequent burns and will help you get the most burn-time out of your new candle.

If you find that your candles are constantly tunneling, despite letting the wax melt to the edges of the jar, consider buying higher quality candles. Most candles on the market are made of paraffin wax (a toxic byproduct of petroleum) and are more predisposed to tunneling. Higher grade waxes like coconut, soy, or beeswax burn cleaner, longer, and more evenly.

### The Fix

If you have an old candle that's already tunneling, here are two easy ways to fix it:

1. Set your oven to 80°C (176°F) then remove anything flammable from your candle, such as labels or string. Once the oven is hot, place your candle on a baking tray for five minutes. This should heat the entire surface of the wax, making it smooth. With oven mitts, remove the candle and let it cool before lighting it.
2. Wrap aluminum foil around the top of your candle and angle it inwards like a dome. Ensure that the flame is far enough away from the foil and that there is still a hole to vent air. The foil will help the wax to heat up evenly. Keep a careful eye on your candle until the top layer of wax has melted, leaving a smooth surface, then remove the foil.

With these easy steps, you can enjoy your candles this season without any tunneling. If this article helped you, be sure to share it with a friend or loved one!



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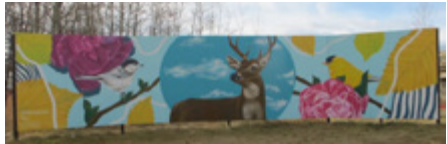
Photo Courtesy of Simon B.

### Share Your Photos!

We are always looking for great community photos to post on our website, in our social media, and in our Newsletter. If you have some great shots that you would like to share, please email them to [info@springbankhill.org](mailto:info@springbankhill.org) along with your name, and you just might see your talent featured in our next issue.

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## Springbank Hill Community Association

*For only \$25 per year, your family can belong to the Springbank Hill Community Association and experience the many benefits of being a member.*

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- Access and discounts on various events in our community
- The ability to rent one of our community garden boxes
- Advocacy on community concerns relating to safety, development, and the natural environment
- Opportunities to provide input on community capital projects
- A voice in our community

Only registered members receive regular community emails and digital newsletters to inform them of events, programs, news, and matters in our community. The membership fee also helps us fund all the different initiatives that make our Springbank Hill community a safe, fun, and friendly place to live. To join as a member, please visit our website at <https://springbankhill.org/membership/>.

The community association appreciates your financial support, especially this past year with the reduction in our revenues due to the pandemic.



# Springbank Hill Community Garden Horticultural Event Learnings

by Simon Brame

On the morning of Saturday, July 29, we were honoured to have Joanna Tschudy from the Calgary Horticultural Society give us a presentation. Joanna is the Community Development Coordinator for the CHS. Her talk was a 'seed to table' community garden discussion focussing on common garden bugs and weeds. Over 30 gardeners enjoyed the summer sunshine, the coffee and treats, and in particular, being exposed to Joanna's expertise.

In the spring of last year, Joanna gave us an introductory talk about gardening in raised beds, which plants to grow in a community garden, and how to get started. This year, her talk was mid-season, with our beds overflowing with vegetables and flowers. We had many gardening questions for her.

As gardeners, we typically try to get rid of pests that could possibly do any damage to our plants. But Joanna reminds us to keep an open mind and to 'know your enemies.' Bugs in the garden do not fall nicely into being good or bad and there is a large grey zone of outcomes. Her suggestion with any bug problem is 'when in doubt, do nothing.' For example, don't automatically try and remove an aphid infestation. They usually don't do much damage and the aphids are a fantastic food source for many birds.

It is best to not use any chemicals, particularly those ending in 'cide' (insecticide, herbicide, pesticide, fungicide). The main method to control any problem bugs is to first use a hose to jet water and physically remove them. Hand picking is sometimes also possible to reduce infestations. An ant hill can often be removed (or at least reduced) with repeated use of scalding water, rather than using specific ant-killing chemicals. Only in severe cases should 'death' chemicals be used, and then only with a detailed investigation and analysis of the problem and expert guidance. Our community garden is fully chemical free, so we must be very diligent about addressing bug issues promptly.

An interesting suggestion by Joanna is to plant a 'trap crop.' This is a plant that is specifically grown as a diversion. Usually, it is a fast-growing plant, like a radish, that attracts the pests so that the main crop, like carrots, can hopefully grow pest-free.



One problem in our garden is powdery mildew. This is a fungus that lives in the soil, and it creates a white, blotchy covering on some plants. Squash leaves are particularly susceptible. Rather than using fungicides it is best to remove the infected leaves (putting damaged foliage in the garbage rather than your compost), take care to water the soil and not the leaves, and make sure there is good air circulation through and around the plant. One home remedy is to spray the infected mildew (on both sides of the leaf) with milky water as the milk protein inhibits fungal growth.

With all bugs, it is important to determine what is the problem. Proper identification is needed before any corrective action can be taken. Some problems may be related to a chemical/soil deficiency; for example, blossom-end-rot (the black patch on the bottom of tomatoes or blackening of zucchini fruit) is caused by insufficient calcium in the plant tissue, which is usually caused by random watering. Other problems could be physical damage from hail, deer, voles, dogs, or children (and not from those pesky bugs). Careful analysis of the shape and type of hole may provide corrective guidance.

Weeds can generally be classified as any plant that is growing where it is unwanted. In Calgary, a common weed is the dandelion. We have a love-hate relationship with taraxacum officinale, particularly if we desire an immaculate green lawn. The City of Calgary is increasingly not cutting some grass areas to support dandelion and clover growth, which likely causes a large increase in complaints. But dandelions are often the first flowers to bloom for the early pollinators and could provide much better human nutrition than store bought lettuce.

*continued on next page*

Another invasive weed is the Canada thistle which is often the first plant to grow in disturbed soil (building sites and new gardens). One option is to use a physical barrier like thick mulch or to densely plant competing species. Either way, repeated pulling of thistles and dandelions (and any other weeds) will be needed to prevent them taking over! Note: plants are more easily removed if the soil is moist, so a good habit is to do some weeding immediately after a summer rainstorm.

In an extended and enthusiastic Q&A session, we had the opportunity to grill her with our specific questions. In summary, be experimental and plant something new every year, plant heirloom seeds that will germinate in less than 90 days, and thin out seedlings ('it is tough, but necessary' unless we want leaves and not fruit), and harvest garlic when the scapes do a double loop and the leaves are at least half brown.

Any gardening questions can be directed to [communitygrowers@springbankhill.org](mailto:communitygrowers@springbankhill.org).





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## Living on Springbank Hill

by Shelly Smith

I am sure you agree that Springbank Hill is a beautiful place to live. We have such amazing natural beauty surrounding us and amazing people and pets – just to name a few!

If you would like to be interviewed for an upcoming SBHCA (Springbank Hill Community Association) monthly newsletter, please contact us at [membership@springbankhill.org](mailto:membership@springbankhill.org) and use the subject title 'Living on Springbank Hill.' I promise that the interview process will be fun and will take no more than 30 minutes of your time. We are interested in finding out why you and your family love living on Springbank Hill and a little bit about you.

Looking forward to hearing from you!



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Springbank Hill is a vibrant and growing community. The rolling hills, trees, open spaces, and pathways are something that makes our community attractive to so many families and individuals. Through our ongoing communications with members, our events, and community properties (e.g. The Springbank Hill Community Park and Garden), we strive to create a vibrant and supportive neighbourhood. Having Calgary businesses become SBHCA members by supporting our programs and providing a sense of belonging for our residents is an important next step.

We are pleased to announce that businesses within the Springbank Hill community area, and within Calgary, can purchase a business membership. Whether you are a home-based business, an entrepreneur, a small business, a large company, or a not-for-profit, we would love to have you join!

It would be great, although not necessary, for your organization to offer our residential members discounts on your merchandise and/or services. We will promote your discounts to our members.

The annual fee for a 12-month rolling membership is \$35. To join today please visit <https://springbankhill.org/business-members/>.



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## Check out SBHCA's Partner & Sponsorship Program!

SBHCA partners and sponsors are essential to helping us raise funds for events (e.g., our annual Pumpkin Festival, Movies in the Park) and properties (e.g., Springbank Hill and Montreux Outdoor Rinks, the Community Garden). It is also a great way for organizations to connect with our residents at a grassroots level.

If you have any questions, or would like to discuss an opportunity further, please contact us at [membership@springbankhill.org](mailto:membership@springbankhill.org) or further details can be found at <https://springbankhill.org/partners-sponsors/>.

## Become a Springbank Hill Volunteer!

With our continued commitment to making Springbank Hill an active, safe, and desirable community, we are looking for residents, like you, to join our association board or become a volunteer.

If you are passionate about Springbank Hill and want to help, the following positions may be a great fit for you:

1. Community Gardens Operations and Maintenance Team – Volunteer or Board Member
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Contact us at [info@springbankhill.org](mailto:info@springbankhill.org) to learn more!



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@richardpootmans9

Hello, Ward 6,

As we begin the season of thankfulness, reflection, and giving, I am reminded of the amazing residents in Ward 6. This past year I have met some outstanding citizens and discovered how incredibly lucky we are to have the remarkable comradery in our communities which makes our Ward flourish.

### Remembrance Day Commemoration


Please join the Ward 6 office and the King's Own Calgary Regiment on Saturday, November 11, 2023, at 10:45 am for our annual Remembrance Day ceremony at Battalion Park. Originally named Camp Sarcee in 1915, Battalion Park commemorates the soldiers who trained in Calgary for the trench warfare of World War I. Your attendance at this notable ceremony is appreciated as we participate together in a community moment of silence to reflect on the sacrifices made by the brave Canadian Armed Forces.

### Keep in Touch

Have you signed up for our digital newsletter? You can do so on my website at [www.calgary.ca/ward6](http://www.calgary.ca/ward6).

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Councillor Richard Pootmans



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- Plumbing & Drain Cleaning
- Heating & Gasfitting
- Inspections
- Tank Replacement
- Sewer Camera Inspections

**24 HOUR EMERGENCY SERVICE tel. 587 392 6486**



LEN T WONG + ASSOCIATES



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\*Guarantee is being offered by Greater Property Group.  
Terms and Conditions Apply.

		Properties		Median Price	
		Listed	Sold	Listed	Sold
August	23	15	17	\$948,000	\$941,000
July	23	19	28	\$997,500	\$992,250
June	23	40	18	\$900,000	\$934,000
May	23	20	27	\$984,900	\$1,050,000
April	23	25	14	\$737,450	\$755,000
March	23	24	18	\$949,500	\$971,500
February	23	11	9	\$549,900	\$535,000
January	23	19	7	\$949,900	\$959,900
December	22	6	8	\$1,422,500	\$1,389,500
November	22	5	18	\$687,400	\$667,500
October	22	11	11	\$968,000	\$920,000
September	22	20	13	\$799,900	\$795,500

To view more detailed information that comprise the above  
MLS averages please visit [sph.mycalgary.com](http://sph.mycalgary.com)

# David is a neighbour.

David chooses to focus on building value at the heart of his neighbourhood. That is why he is the #1 REALTOR® on the Westside. He knows the value of these communities because this is where he lives, works, and plays.

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Real Estate (Central)