SPRINGBANK HILL

THE OFFICIAL SBHCA COMMUNITY NEWSLETTER









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HOMEOWNERS ASSOCIATION

Memberships

Springbank Hill Homeowners Association info@sbhha.com, www.sbhha.com
The Slopes Community Association www.theslopes.ca

Springborough Homeowners Association www.springborough.ca

membership@springbankhill.org

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PRESIDENT'S MESSAGE

Greetings!

Now that we are approaching the official summer season let's keep our fingers crossed that we will enjoy great weather allowing us to spend more time outdoors. The community association board has been busy planning several events. This included the successful annual Community Cleanup Event which took place on Saturday, May 31 at the Westside King's Church parking lot on 69 St SW. This event was a collaborative project run by three community associations including Springbank Hill, Discovery Ridge, and Signal Hill. And of course, we could not run this event without the support and involvement of the City of Calgary who provided the waste disposal trucks on site. I do hope that you, like me, were able to take advantage of this event to clean out unwanted items from your home and garage and avoid the need to go to the landfill site.

We do have another event coming up on June 7. We are holding an adult wine and cheese fundraiser event at a local business, BKL Wines on 85 St SW. Also participating is Springbank Cheese. We do hope that this will be the first of many future adult-focused events. For this function we have a limit of 30 tickets available. and they may be sold out by the time you receive this newsletter. Regardless, you can check our website for more information. Members will have received an email with a link for ticket purchase. This is a great opportunity to enjoy a casual evening with friends and neighbours while helping our community association generate some much-needed funds for our operating budget. And it's also nice to be able to support one of our newer businesses in our community. Included in the ticket price is wine tasting as well as charcuterie boards from Springbank Cheese. Attendees will also be provided with the opportunity to purchase wines at a discounted price.

Stay tuned for additional announcements concerning Neighbour Day events later this month. And check our website at springbankhill.org to view other event plans for the summer months.

Stay safe and healthy and enjoy our community amenities!

Elio Cozzi

President – Springbank Hill Community Association





UPCOMING EVENTS ON THE HILL

There are several events coming up in and around our community that we'd like to share with you – check them out below! Hope to see you out there in our community!

Wine on the Hill Adult Event

Date: Saturday, June 7

Location: Unit 128, 205 Spring Creek Common SW

Time: 7:00 to 8:30 pm

The SBHCA and BKL Wine Merchants are partnering to host an adult wine and cheese night, exclusive to SBHCA members. Tickets are very limited, please check our website for ticket availability.

Farm Stand

Time period: Weekly, May 24 through October (weather permitting)

Vendor: FreshPal Farms

Check out

Day/Time: Saturdays from 4:00 to 6:00 pm

Location: Valleyiew Church parking lot - 7655 26 Ave SW

** SBHCA Partnerskip & Sponsor program

SBHCA's Partner & Sponsorship Program!

SBHCA partners and sponsors are essential to helping us raise funds for events (e.g., our annual Pumpkin Festival, Movies in the Park) and properties (e.g., Springbank Hill and Montreux Outdoor Rinks, the Community Garden). It is also a great way for organizations to connect with our residents at a grassroots level.

If you have any questions, or would like to discuss an opportunity further, please contact us at membership@springbankhill.org or further details can be found at www.springbankhill.org/partners-sponsors/.



Share Your Photos!

We are always looking for great community photos to post on our website, in our social media, and in our newsletter. If you have some great shots that you would like to share, please email them to info@springbankhill.org along with your name, and you just might see your talent featured in our next issue.



Take a Moment to Complete the SBHCA Survey

We are excited to hear from residents of Springbank Hill. Your feedback is invaluable in helping us understand the needs and preferences of our community and to help us plan for the future. This survey is completely voluntary, and we assure you that all responses will remain anonymous. We will not use your personal information, and the cumulative results will be published this fall for everyone to see.

Thank you for taking the time to share your thoughts with us. Your participation will help us make Springbank Hill an even better place to live and belong.

Visit springbankhill.org/resident-survey/ or use the QR code to access the survey.



The survey ends August 31, 2025. Results will be shared at the SBHCA AGM in October of 2025 along with an article in this newsletter.

If you have any questions, please contact us at membership@springbankhill.org.

YOUR CITY OF CALGARY

Register to Vote in Calgary's General Election in October

by The City of Calgary

Calgary's General Election will take place on October 20, 2025, and eligible voters can check if they are registered, update their information or add themselves to the Permanent Electors Register until August 1, 2025.



Visit www.voterlink.ab.ca or call Elections Alberta toll free at 310-0000 then dial 780-427-7191.

If you miss the opportunity to register or update your information in advance, you can register at the voting station during Advance Vote (October 6 to 11) or on Election Day (October 20). Information about Calgary's upcoming General Election, including voter eligibility can be found at www.electionscalgary.ca.





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Springbank Hill Community Association

For only \$25 per year, your family can belong to the Springbank Hill Community Association and experience the many benefits of being a member.

When you become a community member, your household receives the following:

- · Access and discounts on various events in our community
- The ability to rent one of our community garden boxes
- · Advocacy on community concerns relating to safety, development, and the natural environment
- · Opportunities to provide input on community capital projects
- A voice in our community

Only registered members receive regular community emails and digital newsletters to inform them of events, programs, news, and matters in our community. The membership fee also helps us fund all the different initiatives that make our Springbank Hill community a safe, fun, and friendly place to live. To join as a member, please visit our website at https://springbankhill.org/membership/.





Springbank Hill Farm Stand 2025

We are pleased to announce that Springbank Hill is once again partnering with FreshPal Farms, based in Olds, Alberta, to host a weekly farm stand. FreshPal Farms boasts a unique commercial passive solar greenhouse. Unlike traditional greenhouses, a passive solar greenhouse does not rely on solar panels, heaters, or fossil fuels for energy. Instead, it utilizes polymer plastic on its roof and south-facing wall to harness all of its required energy from the sun. The north-facing wall of the greenhouse is constructed with one-meter-thick clay, which effectively captures and stores solar heat, releasing it slowly at night. This innovative design allows FreshPal Farms to cultivate certain plants year-round.

In addition, they enrich the soil through the use of compost and manure while avoiding the use of pesticides, herbicides, or fungicides. The produce sold at the farm stand is picked ripe and brought directly to Springbank Hill, ensuring maximum freshness and quality.

FreshPal Farms will offer their famous delicious thin-skinned tomato varieties, of which they grow almost 30,000 lbs each year. Additionally, they will also have cucumbers, muskmelons, watermelons, peppers, eggplants, pole beans, squash, cabbages, broccoli, cauliflower, Bok choy, spinach, green onion, basil, and dill weed during the season. You can find FreshPal Farms' farmers market stand on Saturdays. We look forward to seeing you there!

- Date: Every Saturday. Started May 24.
- Time: 4:00 to 6:00 pm
- Location: Valleyview Church entrance (7655 26 Ave SW)

For weekly updates, be sure to follow Springbank Hill Community Association (SBHCA) and FreshPal Farms on Facebook and Instagram.





SCAN HERE TO VIEW ADDITIONAL SPRINGBANK HILL CONTENT

News, Events, & More





SBHCA Business Member Discounts

by Shelly Smith

Check out our SBHCA business members below. We thank them for their participation in our community association!

Your SBHCA residential membership includes a SBHCA membership card for discounts with these businesses. To download your card, log into your account at registrationsystem.strategicconsultinggroup.ca/springbankhill/login. On the bottom right of the screen you will see a section called 'SBHCA Membership Card' – just select the download option to download your card.

Business name	Type of business	Member discount
All Things Cinnamon	Bakery	All new customers that are residents of Springbank Hill will receive 15% off their first order of Cinnamon Buns!
Big Sky Ventures	Certified Master Electrician	
The Barbershop (Denim & Smith Aspen)	Hair Industry	15% off retail with any service. \$5 off any service on first visit.
Scarlett Hair Extensions and Academy	Hair Extensions	25% off! Use promocode SPRINGBANKHILL at checkout.
Springbank Dental	Dental Care	
Springbank Skin Centre	Beauty	10% off any service over \$150.
digitalbullet Design Studio	Web Design	
JK Landscaping	Landscaping	10% off your first monthly bill when you sign up for a full season. 10% off your monthly bill for each referral.
BKL Wine Merchants	Wine Store	
BMD Landscapes Ltd.	Landscaping	
The Arborest Expert Tree Service Ltd.	Landscaping	



Become a SBHCA Business Member

Springbank Hill is a vibrant and growing community. The rolling hills, trees, open spaces, and pathways are something that makes our community attractive to so many families and individuals. Through our ongoing communications with members, our events, and community properties (e.g. The Springbank Hill Community Park and Garden), we strive to create a vibrant and supportive neighbourhood. Having Calgary businesses become SBHCA members by supporting our programs and providing a sense of belonging for our residents is an important next step.

We are pleased to announce that businesses within the Springbank Hill community area, and within Calgary, can purchase a business membership. Whether you are a home-based business, an entrepreneur, a small business, a large company, or a not-for-profit, we would love to have you join!

It would be great, although not necessary, for your organization to offer our residential members discounts on your merchandise and/or services. We will promote your discounts to our members.

The annual fee for a 12-month rolling membership is \$35. To join today please visit www.springbank hill.org/business-members/.





New Fit Park and Parkour Station

For anyone who has taken a walk recently or driven down Mystic Ridge Gate the past few months, you may have noticed a newer set of equipment on the corner next to the pathway system. This is a fit park specifically for parkour, where older teens and adults can practice their parkour skills. This space can also be used for certain fitness exercises involving bars or beams. We have been provided with some information on how this equipment can be used and would like to share with any residents who are interested in this area. There are two more fitness park stations planned for this area, and we will share more information on them with you once construction and development in that part of our neighbourhood is done.

Parkour Station 1: Skills

Here you can run, jump, and practice parkour! Try to combine movements to seamlessly flow through the space. This equipment is designed for play, but it is not a playground. It does not have the same certified safety requirements as a traditional playground, so use at your own risk. Check all surfaces for grip before you jump or swing and start slow. Conditions may vary depending on the season. Try some common moves described below and have fun!

Balance

Your arms can counterbalance forward momentum and help "stick" your landings. Practice upright neutral postures while navigating rails or beams to improve your balance.

Jump

Jump over a gap, up onto or over an element, or jump to enter dynamically into a new movement. Practice precision jumps by "sticking" the landing with both feet.

Cat Leap

Land feet first to absorb the force ending in a hanging position. Cling to the top edge of a wall while using your feet to brace against a vertical surface.

Bar Swing

Swing from a bar by your hands and release to cover a distance. During the release, actively push away from the bar.

Wall Climb

Climb between two points on a wall using improvised or provided hand and footholds.

Vault

To vault is a way to pass over objects between knee and chest height. Vaulting can be separated into lowline (when one hand or foot is always in contact with a surface) and highline (when there is no contact with the surface and you become briefly airborne).



Bars and beams pictured can be used for bar swings and balance, blocks on the ground can be used for jumps and vaults.



Wall pictured can be used for cat leaps, vaults, and wall climbs.



YOUR CITY OF CALGARY

Celebrate Neighbour Day!

by The City of Calgary



Celebrate Neighbour Day in your community on Saturday, June 21! Get involved in this year's event by gathering with your neighbours for a block party or community event. In addition to the many neighbourhood events taking place across the city on June 21, Sport Calgary's All Sport One Day will also give children a free opportunity to try a new sport, while collecting donations of used sports equipment.

Neighbour Day is our city's annual celebration of community spirit and connection. Held on the third Saturday in June, Neighbour Day is a step toward creating welcoming and inclusive communities where neighbours connect and belong every day of the year. Get to know your neighbours—whether through a friendly chat or a helping hand, small connections build stronger communities and a greater sense of belonging and wellbeing.

Show us how you're celebrating! Share your photos on social media using #YYCNeighbourDay.

To see Neighbour Day events in your community visit calgary.ca/NeighbourDay.



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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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PERFECTION PRUNING: Have you been noticing that your trees and shrubs are in need of some care and attention? We can help make your yard look beautiful again! Experienced arborist with excellent climbing, pruning and removal skills. Free quotes and 100% satisfaction guaranteed! Call or text Caleb at 403-660-7475, www.perfectionpruning.com.







SPRINGBANK HILL COMMUNITY REAL ESTATE ACTIVITY

Properties Median Price Listed Sold Listed Sold April 25 33 15 \$839,900 \$823,500 March 25 30 15 \$925,000 \$936,000 February 25 22 12 \$634.900 \$641,250 **January** 14 10 \$509.700 \$504.971 December 24 8 6 \$573,500 \$584,000 November 24 8 14 \$973.850 \$984.000 October 24 22 17 \$935,000 \$940,000 September 24 20 11 \$1,099,000 \$1,070,000 August 24 18 15 \$768,000 \$771,750 July 24 15 15 \$729,900 \$730,000 June 24 23 19 \$899.900 \$928,000 May 30 33 \$895,000 \$888,000

To view more detailed information that comprise the above MLS averages please visit sph.mycalgary.com

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