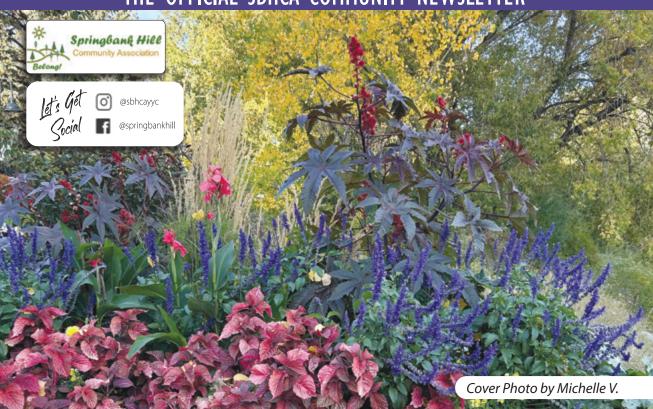
SPRINGBANK HILL

THE OFFICIAL SBHCA COMMUNITY NEWSLETTER



David knows the Westside.

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Fiona Christiaansen	Casino Fundraiser Lead		
General Inquiries	info@springbankhill.org		

HOMEOWNERS ASSOCIATION

Memberships

Springbank Hill Homeowners Association info@sbhha.com, www.sbhha.com
The Slopes Community Association www.theslopes.ca
Springborough Homeowners Association www.springborough.ca





membership@springbankhill.org



PRESIDENT'S MESSAGE

Greetings!

This month I will be keeping my message brief. We just ended our fiscal year-end on August 31, and the focus of our board is on the completion and approval of our business plan and budget for the next fiscal year which commences on September 1. We are also preparing for our Annual General Meeting of our members which will take place in the Summit Room of Rundle College at 7:00 pm on Wednesday, October 29. Our bylaws require that the membership review and approve our year-end financial statements and the election of board members for the new fiscal year. Please note this date on your calendars and stay tuned for more details regarding our AGM—we hope to see many community members in attendance.

As summer winds down and we start getting into the fall season, if you haven't visited our farm stand you should consider dropping by to check out the offering and perhaps pick up some seasonal fruits and vegetables. The farm stand is hosted by FreshPal Farms every Saturday from 4:00 to 6:00 pm in the Valleyview Church parking lot and will continue into the fall for a little while longer. Also as mentioned further in this newsletter, with school starting up again we'd like to remind community members to be aware as they are driving for our student pedestrians, especially near our area schools.

We wish you a safe, healthy, and enjoyable September! Flio Cozzi

President – Springbank Hill Community Association







Services

Plumbing & Drain Cleaning Heating & Gasfitting Inspections Tank Replacement Sewer Camera Inspections

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Share Your Photos!

We are always looking for great community photos to post on our website, in our social media, and in our newsletter. If you have some great shots that you would like to share, please email them to info@springbankhill.org along with your name, and you just might see your talent featured in our next issue.

Check out SBHCA's Partner & **Sponsorship Program!**



SBHCA partners and sponsors are essential to helping us raise funds for events (e.g., our annual Pumpkin Festival, Movies in the Park) and properties (e.g., Springbank Hill and Montreux Outdoor Rinks, the Community Garden). It is also a great way for organizations to connect with our residents at a grassroots level.

If you have any questions, or would like to discuss an opportunity further, please contact us at membership@springbankhill.org or further details can be found at www.springbankhill.org/ partners-sponsors/.





Springbank Hill Community Association

For only \$25 per year, your family can belong to the Springbank Hill Community Association and experience the many benefits of being a member.

When you become a community member, your household receives the following:

- Access and discounts on various events in our community
- The ability to rent one of our community garden boxes
- Advocacy on community concerns relating to safety, development, and the natural environment
- Opportunities to provide input on community capital projects
- A voice in our community

Only registered members receive regular community emails and digital newsletters to inform them of events, programs, news, and matters in our community. The membership fee also helps us fund all the different initiatives that make our Springbank Hill community a safe, fun, and friendly place to live. To join as a member, please visit our website at https://springbankhill.org/membership/.

UPCOMING EVENTS ON THE HILL

There are several events coming up in and around our community that we'd like to share with you—check them out below! Hope to see you out there in our community!

Farm Stand

Time period: Weekly through October (weather

permitting)

Vendor: FreshPal Farms

Day/Time: Saturdays from 4:00 to 6:00 pm

Location: Valleyiew Church parking lot – 7655 26 Ave SW

Six-Week Yoga Program

Dates: Tuesdays, August 12 to September 16

Time: 7:00 to 8:00 am

Location: Strathcona Community Centre – 277 Strathcona

Drive SW

This is a free yoga program for SBHCA and SCA members, see article in this newsletter for registration details.

Curbside Treasure Hunt

Dates: September 6 and 7

Time: All day – ends 5:00 pm on September 7

Location: Throughout the neighbourhood and city

Gently used items labelled "Free" can be left at the curb over the weekend for others to take and give a new home to—more information can be found at calgary.ca/ treasurehunt for those wishing to participate.

SBHCA Annual General Meeting

Date: Wednesday, October 29

Time: 7:00 pm

Location: Summit Room, Rundle College – 7379 17 Ave SW

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

JOANNE BIRCE

WARD 6

BUSINESS SMARTS COMMUNITY HEART

- ✓ Tax dollars focused on essential services that residents need
- ✓ Affordability: lower taxes, increased efficiency, identify waste
- ✓ Listen to residents and respond
- ✓ Prioritize economic growth
- ✓ Lived 31 years in west Calgary
- **✓** Small business owner
- \checkmark 25 years of community service in Ward 6
- ✓ King Charles III Coronation Medal for community service



COMMITTED TO HIGHER STANDARDS

Authorized by the chief official agent for the Joanne Birce campaigr





SPRINGBANK HILL COMMUNITY REAL ESTATE ACTIVITY

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Call us to help you navigate through the changing real estate world

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		Properties		Median Price	
		Listed	Sold	Listed	Sold
July	25	19	20	\$874,950	\$841,850
June	25	32	16	\$964,950	\$978,750
May	25	34	22	\$978,000	\$979,500
April	25	22	15	\$839,900	\$823,500
March	25	22	15	\$925,000	\$936,000
February	25	18	12	\$634,900	\$641,250
January	25	14	10	\$509,700	\$504,971
December	24	7	6	\$573,500	\$584,000
November	24	8	14	\$973,850	\$984,000
October	24	22	17	\$935,000	\$940,000
September	24	20	11	\$1,099,000	\$1,070,000
August	24	17	15	\$768,000	\$771,750

To view more detailed information that comprise the above MLS averages please visit sph.mycalgary.com

Six-Week Free Yoga Series for Springbank Hill and Strathcona/ Aspen/Christie Park Members



Are you an early bird? Start your day with "Ignite" yoga—a one-hour dynamic practice promoting openings, strength, and balance—with a sense of playfulness. Some yoga experience is recommended.

This six-week class is open only to Strathcona/Christie/ Aspen and Springbank Hill Community Association members in good standing. Your teacher will be Shelly Smith, who is a certified lyengar Yoga teacher.

- Time: 7:00 to 8:00 am
- Date(s): Tuesdays starting August 12 through September 16
- Location: Strathcona Community Centre (277 Strathcona Dr SW).

If you are a SBHCA member please register on the SBHCA website through the login portal: registrationsystem. strategicconsultinggroup.ca/springbankhill/login.

SCA members can log in through their own website and log in portal as well. If you are not yet a SBHCA member you can join very easily on the SBHCA website—more information on that can be found in this newsletter.

You will be asked to sign a waiver when successfully registering for class. You will also be responsible for bringing your own yoga mat and props.

If you have any questions, please contact yoga@ springbankhill.org. We hope to see many community members join us!







SBHCA Business Member Discounts

by Shelly Smith

Check out our SBHCA business members below. We thank them for their participation in our community association!

Your SBHCA residential membership includes a SBHCA membership card for discounts with these businesses. To download your card, log into your account at www.registrationsystem.strategicconsultinggroup.ca/springbankhill/login. On the bottom right of the screen you will see a section called 'SBHCA Membership Card' – just select the download option to download your card.

Business name	Type of business	Member discount
All Things Cinnamon	Bakery	All new customers that are residents of Springbank Hill will receive 15% off their first order of Cinnamon Buns!
Big Sky Ventures	Certified Master Electrician	
The Barbershop (Denim & Smith Aspen)	Hair Industry	15% off retail with any service. \$5 off any service on first visit.
Scarlett Hair Extensions and Academy	Hair Extensions	25% off! Use promocode SPRINGBANKHILL at checkout.
Springbank Dental	Dental Care	
Springbank Skin Centre	Beauty	10% off any service over \$150.
digitalbullet Design Studio	Web Design	
JK Landscaping	Landscaping	10% off your first monthly bill when you sign up for a full season. 10% off your monthly bill for each referral.
BKL Wine Merchants	Wine Store	10% off for registered SBHCA members.
BMD Landscapes Ltd.	Landscaping	
The Arborest Expert Tree Service Ltd.	Landscaping	



Become a SBHCA Business Member

Springbank Hill is a vibrant and growing community. The rolling hills, trees, open spaces, and pathways are something that makes our community attractive to so many families and individuals. Through our ongoing communications with members, our events, and community properties (e.g. The Springbank Hill Community Park and Garden), we strive to create a vibrant and supportive neighbourhood. Having Calgary businesses become SBHCA members by supporting our programs and providing a sense of belonging for our residents is an important next step.

We are pleased to announce that businesses within the Springbank Hill community area, and within Calgary, can purchase a business membership. Whether you are a home-based business, an entrepreneur, a small business, a large company, or a not-for-profit, we would love to have you join!

It would be great, although not necessary, for your organization to offer our residential members discounts on your merchandise and/or services. We will promote your discounts to our members.

The annual fee for a 12-month rolling membership is \$35. To join today please visit www.springbank hill.org/business-members/.





YOUR CITY OF CALGARY

Let's Keep Our Kids Safe as They Head Back to School

by The City of Calgary



As we gear up for the school year, we are asking people who drive to prioritize the safety of our students, and remember these safety tips:

• The kids are counting on us. Slow down and look out for them, especially in playground zones and around schools. It takes less than a minute to travel through most playground zones and speeding typically only "saves" a driver ten seconds. Be safe and slow down.

- Watch the crosswalks. Stopping or parking too close to a crosswalk creates dangerous conditions for pedestrians. People crossing the street cannot see past a car that is parked too close and approaching drivers cannot see pedestrians. Stopping too close to a crosswalk, even for just a minute, is too long. Be safe and watch out—please do not block crosswalks.
- Double parking creates unsafe conditions. Double parking is when a vehicle stops or parks in the roadway alongside another already parked car. Double parked vehicles not only obstruct the flow of traffic but can block the view of other drivers, making it difficult to see pedestrians or other vehicles. Encouraging passengers to get out of the car when double parked puts them in harm's way. When you choose to double park, even just for a minute, our kids are at risk of getting hurt. Be safe, park smart!

When driving, please choose safety over convenience—the kids are counting on us.

Learn more at calgary.ca/besafe.



Be Bear Smart

Springbank Hill has its fair share of wildlife visitors—coyotes, deer, moose, bobcats. But did you know that also includes bears? Due to our location, we are a community that has had bear visitors in the past, along with other west Calgary communities including Discovery Ridge, Woodbine, and Cedarbrae.

The Bear Smart best practices are a set of guidelines to help communities that have been designated "wildlife affected areas" under Alberta Fish and Wildlife and the City of Calgary. This helps residents to stay safe and discourage animal visitors to neighbourhood homes. Although Springbank Hill has not yet been designated a wildlife affected area, we can still use these best practices to reduce the risk of attracting more wildlife into our residential area. Here are some tips off the City's website on how to help.

Don't Invite Bears Over for a Midnight Snack

Bears and other wildlife will come into our communities searching for easy sources of food. Residential collection carts, fruit trees, bird feeders, and other human related food sources are strong attractants. Once a bear receives a food reward it can lose its natural wariness for humans. Food conditioned bears can pose a serious risk in communities and may need to be trapped and relocated or even euthanized.

What You Can Do

Set your carts out no earlier than 5:00 am the day of cart collection and remove your carts no later than 7:00 pm the same day. If this schedule isn't easy, chat with neighbours to see if they can help. One of the biggest attractants for bears are easily accessible garbage and compost bins that are out at night. Cleaning your carts periodically to reduce odours can also be helpful. Lastly, the city recommends storing carts in a garage or other secure enclosure that wildlife cannot enter.

For more information on Bear Smart practices and communities, check out calgary.ca/waste/residential/be-bear-smart html

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Springbank Hill. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

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SPRINGBANK HILL MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@ anitamortgage.ca | Licensed by Avenue Financial.

LANDSCAPING & WINDOW CLEANING: Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

BUSINESS CLASSIFIEDS

SPRINGBANK HILL PAINTER: Experienced Calgary Painter - Transform your space with precision and style! Our professional painting services bring life to your home. Skilled in interior and exterior projects. Affordable rates with top-quality results. Contact Jonathan for a free estimate at 403-561-4338. Your trusted choice for a fresh, vibrant look. www.fivestarpainting.com.

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JEFFREY ELECTRIC: Friendly, professional electrical service for your next residential project, large or small. 10 years serving Calgary, City Qualified Trade, Master Electrician, licensed, insured. Very competitive rates for quality electrical work. Service panel upgrades from 60 amp to 200 amp. Car chargers, aluminum rewiring, custom kitchens and basements. Free estimates. www.cejelectric.com or call Clayton at 403-970-5441.

KITCHEN CABINETS REFINISHED: Hate the orange in your oak cabinets? Restore wood cabinets, water damage, get grime removed for approximately \$1495. Or change the look with a new colour spray finish for about \$3695. Environmentally friendly alternative to replacing or refacing. Call Doug at 'Not Just Paint' for a free estimate/consult. 403-671-0324.

PERFECTION PRUNING: Have you been noticing that your trees and shrubs are in need of some care and attention? We can help make your yard look beautiful again! Experienced arborist with excellent climbing, pruning and removal skills. Free quotes and 100% satisfaction guaranteed! Call or text Caleb at 403-660-7475. www.perfectionpruning.com.

SMITH PROPERTY RENOVATIONS: Experienced general contractor with high attention to detail. From kitchens to bathrooms, and everything in between. Check out my website and homestars page for pictures and reviews. Free estimates, licensed and insured. Website: Sp-renos.ca, phone: 587-333-5568, email: craig@sp-renos.ca.

FALL CLEAN-UP TIME! Let us tackle your fall clean-ups, lawn care, and snow removal. Book today and roll into our snow removal service. Save \$50/month when you book before Sept 31. Packages from \$99/month — spots fill fast! Call/text 587-200-7985 now.





Join us at Verve Aspen Woods Retirement Residence Saturday, September 13 from 1-3pm

Join our send-off to summer as we sample foods of Canada, enjoy live music, create a craft, and, of course, view the residence.

Learn more about the joys of living life to the fullest!

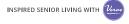
Call to RSVP!

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10 Aspenshire Dr. SW, Calgary

VerveAspenWoods.com







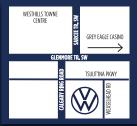
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