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SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

STRATHCONA



CHRISTIE PARK



ASPEN WOODS



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SCA Community Centre

277 Strathcona Drive SW, T3H 2A4

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F: 403-249-7811

Email

info@scacalgary.ca

Emergency

403-214-1838

Website

www.scacalgary.ca

Office Hours: Monday to Friday, 10:00 am to 1:00 pm

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Contact us at info@scacalgary.ca

ELECTED REPRESENTATIVES

David McKenzie – MP, Calgary Signal Hill	David.Mckenzie@parl.gc.ca	403-292-6666
Mike Ellis – MLA Calgary West	Calgary.west@assembly.ab.ca	403-216-5439
Richard Pootmans – Councillor, Ward 6	Eaward6@calgary.ca	403-268-1646
Patricia Bolger – Public School Trustee		
Lory Fontana-Iovinelli – Separate School Trustee	Lory.iovinelli@cssd.ab.ca	403-500-2761



Annual Pancake Breakfast



Join us for our Annual Pancake Breakfast at Eden Brook Funeral Home & Cemetery. Join us for a hearty breakfast and some fun!
Tuesday, July 8 • 7:30 am – 10:00 am • All welcome • Pancake Breakfast • Music, Fun & Face Painting for the kids

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- Remove all old materials from bathroom and job site
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- Supply & install new showerhead & diverter spout
- Supply & install new mold-resistant board
- Supply & install new tile to ceiling
- Supply & install one corner caddy & soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink
- Supply & install new Delta vanity tops
- Supply & install new drain system & pop-up stopper

ABSOLUTELY NO HIDDEN COSTS

Some restrictions may apply. Reg: \$15,679

SALE \$11,679

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- Supply & install new Delta pressure balance taps
- Supply & install new toilet with soft close seat
- Supply & install new corner caddy with soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink

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Calendar

Join Us For a “Rosy Posy” Flower Night and Social Teatime! - June 5

Come to design your own posy flower arrangement and have fun socializing. All materials and treats provided.

6:00 pm at SCA - 277 Strathcona Dr SW. \$70.

Register by May 30:

<https://forms.gle/Y9XBDGCaCXtrb5986>.

Pay by e-transfer to tatiana.rozak@gmail.com.

Seniors Dance – June 13, 7:00 to 10:00 pm (Doors open at 6:30 pm)

Celebrate the summer season on June 13 from 7:00 to 10:00 pm with an evening of dancing and wonderful music.

The Spring Fling Dance is a joyful partnership between SCA CA and Wellings of Calgary (Carefree Living for 55+). Both organizations are dedicated to creating a warm and welcoming event that brings together older adults for a night of connection and fun.

Along with a cash bar and other refreshments, guests will be treated to a thoughtfully curated selection of light snacks, prepared by the talented chefs at Wellings of Calgary. The snacks are prepared with fresh, high-quality ingredients, reflecting the care and attention to detail that goes into every dish.

Musical partners Jana and Danny will be performing their excited blend of high energy and unique international flavour. Their musical style covers classical, big band, the swing 60s, groovy 70s, Latin, and Broadway. Jana and Danny promise there will be something for everyone!

Neighbour Day Stampede Breakfast – June 21, 9:00 to 11:30 am

Join us for a morning of fun, food, and entertainment at the Neighbour Day Stampede Breakfast – rain or shine!

Enjoy pancakes and sausages for the first 1,500 people while listening to live music that will get your boots tapping. Bring the whole family and dive into our exciting fun zone, featuring awesome bounce castles and other activities and entertainment for kids and adults alike. Plus explore our various programs, where you can learn about our various community offerings and opportunities available.

Volunteers are needed – can you help? We need help with the kids play area as well as helpers for setup and cleanup – great job for the strong and energetic youth in your family! Please sign up on our website or contact the SCA office at 403-249-1138 to register.

Please note: Community Association Members are welcome to attend SCA Board Meetings by appointment, please contact info@scacalgary.ca.



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MESSAGE FROM THE BOARD

Hello neighbours,

As summer begins to bloom, we're wrapping up an exciting season at the SCA Community Association—and looking ahead to more fun just around the corner!

Thank You to Our Volunteers – AGM and Appreciation Night Recap

A heartfelt thank you to everyone who joined us for our Annual General Meeting and Volunteer Appreciation Night. This marked the second year of what's becoming a cherished tradition taking the time to recognize the many volunteers who make our community vibrant and welcoming.

From board members and event helpers to rink volunteers and behind-the-scenes supporters, we are so grateful for your time, energy, and care. Our AGM was a meaningful opportunity to reflect on what we've accomplished together and share plans for the future.

Don't Miss the Spring Fling Dance on Friday, June 13 from 7:00 to 10:00 pm, tickets are \$15. Get ready to dance the night away with Jana and Danny at our Spring Fling Dance! Enjoy an evening of live music, laughter, and community connection. Tickets are just \$15—contact the SCA office to reserve yours before they're gone!

Neighbour Day Stampede Breakfast

On Saturday, June 21 from 9:00 to 11:30 am join us for a free event – rain or shine! Here's to hoping no water main breaks this year. Grab your cowboy hat and join us for a good old-fashioned Stampede Breakfast! We'll be flipping pancakes and serving up smiles for Neighbour Day, complete with live entertainment and activities for the whole family. This event is free and open to all—don't miss it!

The SCA Board will be on break for the summer and will return to regular meetings in September. However, if you have questions, concerns, or topics you'd like to discuss in the meantime, please don't hesitate to email us or call the SCA office. We're still here to support you and your needs.

Wishing everyone a safe, sunny, and joy-filled summer!

SCA CA Board of Directors

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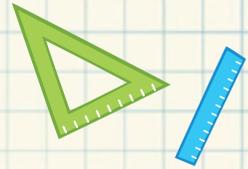
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January	25	14	11	\$618,800	\$614,000
December	24	4	10	\$566,500	\$551,000
November	24	9	13	\$579,900	\$552,000
October	24	17	19	\$1,120,000	\$1,090,000
September	24	15	11	\$1,289,900	\$1,190,000
August	24	25	20	\$898,450	\$880,000
July	24	15	13	\$825,000	\$815,000
June	24	19	20	\$1,128,694	\$1,115,500
May	24	26	22	\$1,099,000	\$1,104,000

To view more detailed information that comprise the above
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SCA 2025 Schedule

MON	TUES	WED	THURS	FRI	SAT	SUN
A Child's Garden: Morning and Afternoon Pre-school Programs (3 to 4 years old) Seedlings Spanish Preschool: Morning and Afternoon Pre-school Programs (2 1/2 to 5 years old) KidZinc before and after school care Grades 1 to 6						
Jazzercise, 9:30 am	Gogo Play, Main hall, 9:30 to 10:30 am	Jazzercise, 9:30 am	Adult Art, 10:00 am	Jazzercise, 9:30 am	PRIVATE RENTALS	Pathfinders, 6:30 pm
Older Adult Yoga, 12:00 pm, 1:15 pm	Mommy and Me Pilates, 11:00 am	Older Adult Yoga, 10:00 am	Gentle but Strong Yoga, 12:00 pm	Bridge Lessons, 9:30 am		
Tai Chi, 1:30 pm, 2:45 pm	Adult Art, 1:00 pm	Tai Chi, 11:00 am	Bridge Lessons, 1:00 to 4:00 pm	Sit Fit Yoga, 11:00 am		
Level Up Learning, 4:15 pm	Explosive Dance, 4:00 to 8:00 pm	SCA Line Dance, from 1:00 pm	Zumba Fitness, 5:15 to 6:15 pm	Bridge, 12:30 pm		
CYP Theatre, 5:30 pm	Level Up Learning, 4:15 pm	Level Up Learning, 4:15 pm	CYP Theatre, from 5:30 pm	Older Adult Dance, 1:00 pm		
Sparks, 6:30 pm	Kings Dance, 4:30 pm	Karate, from 6:30 pm	Scouts, 6:15 pm			
Rangers/Pathfinders, 6:30 pm	Chinook Country Line Dancers, 6:00 pm	Pathfinders, 6:30 pm				
Karate, 6:30 pm	CYP Theatre, 6:30 pm					
Toastmasters, 7:30 pm						

*Coronation
Month*

June is royally packed with coronations! Queen Elizabeth II (June 2, 1953), King George V (June 22, 1911), and Queen Victoria (June 28, 1838) all took the throne. Joining the June coronation club: Spain's King Felipe VI (June 19, 2014) and Norway's King Haakon VII (June 22, 1906) - just to name a few!

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Musical Stamps



In June 2007, Canada Post hit all the right notes by celebrating iconic musicians—Joni Mitchell, Anne Murray, Gordon Lightfoot, and Paul Anka—with their very own stamps! The “Canadian Recording Artists” series showcased striking portraits of each musician, turning mail into mini tributes to Canada’s musical royalty. Snail mail never sounded so good!



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Backyard Play Safety

by Alberta Health Services, EMS

Emergency Medical Services (EMS) would like to encourage parents and caregivers to ensure their backyard play area(s) is made safe for children. Although direct supervision is the best method to reduce the chance of injury, always ensure play equipment in your yard is in good repair and is suited to the age and skill of the children using it. Check the equipment often; replace or repair any worn or broken parts.

Water Hazards

- Drowning contributes to unintentional injury-related death among young children.
- Children can drown in just a few centimetres of water if it covers their mouth and nose.
- Ensure all backyard swimming pools are fenced. The fence must be at least 1.8 metres* high and have a self-latching, self-closing, lockable gate. (*Alberta Building Code)

Lawn and Garden Tools

- Keep young children away from outdoor power equipment.
- Serious burns may result from touching hot engine surfaces.
- Ensure that all sharp tools, fuel, chemicals, and other hazardous substances are stored in a secure, locked area. A simple latch may not be sufficient.

Insect Bites and Stings

- Minimize the risk of attracting insects by not wearing strong perfumes or scented lotions.
- Avoid wearing brightly coloured clothing outdoors.



- Consider destroying or relocating hives and nests situated near your home.
- To avoid injury through inadvertently stepping on a stinging insect, always wear footwear outdoors.
- If your child has received an 'EpiPen, Junior' prescription from your physician (for anaphylactic reactions only) ensure they understand when and how to use it.
- If your child experiences a severe reaction to an insect sting, or other environmental cause, seek medical attention, or call 9-1-1.



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by Ralph Rea



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SCA PROGRAMS



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KidZinc School Age Care

Ages 5 to 12

Before and after school care.

Contact 403-240-2059 or visit www.calgarykidzinc.ca.

Seedlings Spanish Preschool

Ages 2 ½ to 6

Half or full day.

Contact Judith at 403-210-0604 or visit www.seedlingspreschool.ca.

Children's Programs

Calgary Young People's Theatre

Mondays at 5:30 pm, Tuesdays at 6:30 pm, Thursdays at 5:00, 6:30, and 7:00 pm

Visit www.crypt.ca.

Explosion Dance

Community dance classes for ages 2 and up. Recreational or Company opportunities. Classes in ballet, jazz, tap, lyrical/contemporary, acro, and hip-hop.

Contact Sarah at explosiondancecalgary@gmail.com or 780-518-4497 for more information.

Girl Guides

Units meet at the SCA and nearby facilities. Check the Schedule and Programs on the SCA website for more details.

Be part of something amazing, volunteer with us!

Volunteers are needed in our Sparks, Embers, and Guide units. No experience needed. Contact any-calgarysunsethills@girlguides.ca.

New! Goga Play Kids

Program for ages 3 to 5.

One of a kind visual storytelling with puppets and many uniquely designed props where your child participates throughout! Also included, yoga inspired dance segment and arts and crafts tailored to the stories.

Go to Gogatoys.com for more information and to register. Dates to be announced soon!

Karate Classes

Mondays at 6:30 pm (Parent and child, age 7+)

Wednesdays at 6:30 pm (Age 7 to 12)

Wednesdays at 7:30 pm (Adult beginner, age 13+)

Contact Jeffrey Jukes at 403-228-5039.

New! June Diploma Prep - Biology, Chemistry, and Math

At Level-up Learning, we are dedicated to enabling students to reach their academic goals. Our Diploma Prep courses offer 16 hours of instructional review for each subject in a small class setting. The focus will be on content as well as the nuances of writing the Alberta Diploma Exams in Biology 30, Chemistry 30, and Mathematics 30-1.

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Please see www.level-uplearning.com for more information.

Scouts

Thursdays, 6:15 pm

Email strathcona215gc@gmail.com or visit www.scouts.ca.

Adult Programs

New Calgary Sewing School

Learn to sew with Calgary sewing school!

Beginner Adult Sewing Class: Tote Bag and Pencil Case. Sunday, August 10, 9:00 am to 3:30 pm.

More information: <https://scacalgary.ca/programs/adult/sewing-school/>.



Chair Yoga (Beginner and Intermediate)

Chair yoga offers a gentle yet effective way for people of all ages and abilities to experience the benefits of yoga in a safe and supportive environment. Benefits of yoga include improved flexibility, strength, posture, reduced stress levels, better concentration, and a greater sense of overall well-being. Offered both in-person and online through Zoom.

July 2 to August 2 (six weeks).

Wednesday, 10:00 to 11:00 am (No classes on July 16, 23, or 30).

Registered for six weeks: \$48. Drop-in: \$10.

Contact Sherry: sherrynormanyoga@gmail.com.

Child Safe - Babysitter Program

Ages 10+

10:00 am to 5:00 pm

Parented: No

Cost: \$67.95 +GST. What to Bring: doll/teddy bear (build-a-bear size!), water bottle, peanut-free lunch, and pen/pencil.

To register or for more information: childsafecanada.com.

Chinook Country Line Dance

Join our wonderful "Dance for Fun" Program as we take you on a beautiful journey learning how to dance. This activity slows down aging and sharpens our cognitive skills. Come and be a part of an incredible community and meet a happy dancing family of friends. We offer one of the best programs for Adult Dance Classes.

Phone: 403-988-0973

Drop-in Party Bridge

Fridays, 12:30 to 3:30 pm

Come join us for a friendly game of bridge every Friday. You don't have to be an expert player but should know the basics.

Cost is \$3. No partner or membership is required.

If interested, please contact Allan Lau at 403-246-4918 or via email at allan.lau@hotmail.ca.

Gentle but Strong Yoga

Thursdays, 12:00 to 1:15 pm

Yoga-detoxifying, Inspiring, and Restorative. Gentle Hatha poses focusing on breath work for everyone. We also do Myofascial release for range of motion and healthy bodies.

Contact mjgerlitz@gmail.com.

Jazzercise

Monday, Wednesday, Friday from 9:30 to 10:30 am.

A high-energy, low-impact version of the classic dance-based class format. Bring a mat for the floor work, weights are provided.

Passes are \$75 per month, \$20 drop-in, or \$150 for a ten-class pass.

Mention this ad for one free class.

For more information, contact Maureen at jazzstrathcona@gmail.com or 403-461-7694.

Jazzercise has been offered at the Strathcona Community Centre for the last four decades.

Karate Classes

Mondays, 6:30 pm (Parent and Child 7+ years)

Wednesdays, 6:30 pm (7 to 12 years)

Wednesdays, 7:30 pm (Adult beginner, 13+)

The Karate Club offers classes for all age groups. The club is a member of Karate Canada, the official governing body of karate, with member clubs across Canada.

Contact Jeffrey Jukes at 403-228-5039.

New! King Dancing Inc. (Dance Studio)

Dance is meant to be fun! King Dancing Inc. is offering:

Hip Hop for Seniors from 4:30 to 5:30 pm on Tuesdays with Mr. Philip King.

Feminine Jazz for Adults from 5:30 to 6:30 pm on Tuesdays with Miss Vanessa King.

continued on next page

SCA PROGRAMS



Class dates: May 20, May 27, June 3, June 10, June 17, and June 24.

\$100 for all 6 classes or drop in for \$20 per class!

Register for the six-class session through our website: www.kingdancinginc.com.

SitFit + Yoga (Sherry)

A full body workout that combines weights and resistance training within the mindfulness of yoga. Ideal for anyone who needs the comfort and/or safety of seated exercise (standing is optional). The class is held in the main hall of the Strathcona Community Centre as well as streamed online.

July 4 to August 29.

Fridays, 11:00 am to 12:00 pm.

Registered for nine weeks \$72. Drop-in: \$10.

Contact Sherry: sherrynormanyoga@gmail.com.

Toastmasters

Mondays, 7:30 pm

Toastmasters helps you to improve your public speaking. We offer both online and in-person meetings. For more information, please contact us at 403-470-2005. Visit www.westhillstoastmasters.easy-speak.org.

New Zumba Fitness

Are you ready to dance your way to fitness? Join me for a fun-filled Zumba class on Thursday evenings, where we'll groove to energetic music, burn calories, and have an amazing time! Everyone is welcome! Let's move, laugh, and stay healthy together! Starting April 3 at 5:15 pm. For more information contact Andrea at 403-816-6897.

SCA Spring Programs

www.scacalgary.ca

Registration began March 1

Line Dancing (Mary and Peggy)

Ten weeks - \$95 + \$4.75 GST = \$99.75 (BOGO \$47.50 + GST \$2.38 = \$49.88) Discount of \$47.50

Wednesdays, April 9 to June 11

#1: Beginner (Level 1) 3:00 to 4:00 pm

#2: Beginner Plus (Level 1+ / 2) 2:00 to 3:00 pm

#3: Improver (Level 2/3) 1:00 to 2:00 pm

#4: Intermediate (Level 4) 2:00 to 3:00 pm

#5: Advance (Level 5/6) 1:00 to 2:00 pm

*BOGO Half Off Sale! Must call the office at 403-249-1138

Line Dancing Drop-in (Peggy)

\$5 Drop-in Fee

Spring: Fridays, April 4 to June 13 from 1:00 to 2:00 pm

Tai Chi (Adrian Buzcek)

Ten Classes - \$85 + \$4.25 = \$89.25

Continuing 1 and Basics – Mondays, April 7 to June 16 from 1:30 to 2:30 pm (No class May 19).

Basics – Mondays, April 7 to June 16 from 2:45 to 3:45 pm (No class May 19).

Continuing 2 – Wednesdays, January 8 to March 12 from 11:00 am to 12:00 pm.

Kids' Summer Camps

Calgary Young People's Theatre

Calgary Young People's Theatre will be bringing their beloved summer camps back to the SCA CA this year! Youth aged 4 to 18.

July 14 to 18: Full Day Camp (ages 6 to 12 from 9:00 am to 4:00 pm); Half Day Camp (ages 4 to 6 from 1:00 to 4:00 pm); and Teen Stage Makeup (ages 12 to 18 from 9:00 am to 4:00 pm).

July 21 to 25: Full Day Camp (ages 6 to 12 from 9:00 am to 4:00 pm); Half Day Camp (ages 4 to 6 from 1:00 to 4:00 pm); and Teen Musical Theatre (ages 12 to 18 from 9:00 am to 4:00 pm).

July 28 to August 1: Full Day Camp (ages 6 to 12 from 9:00 am to 4:00 pm); Half Day Camp (ages 4 to 6 from 1:00 to 4:00 pm); and Teen Improv (ages 12 to 18 from 9:00 am to 4:00 pm).

Registration opened February 1. cypt.ca/camps.



Dragonfly Arts

Painting with Watercolours

Ages 10 to 15

July 7 to 11, Full Day, 9:00 am to 4:00 pm

Cost: \$375 (includes materials)

Registration/Information: ahodgson@telus.net

Theatre Performance – A Greek Festival

Ages 9 to 15

August 5 to 8, Full Day, 9:00 am to 4:00 pm

Cost: \$325

Registration/Information: ahodgson@telus.net

The Mysteries of the Group of Seven: Art and Creative Writing

Ages 10 to 14

August 18 to 22, Full Day, 9:00 am to 4:00 pm

Cost: \$350

Registration/Information: ahodgson@telus.net

Engineering for Kids

Let your child become a creator, innovator, and explorer this summer! From Minecraft modding and robotics to game design and STEAM inventions, our hands-on camps turn curiosity into real-world skills. Epic Themes Include: Minecraft Modding and Game Design; VEX Robotics and Mechatronics; Junior Inventors and STEAM Fun; and more for young explorers!

Dates: July 7 to 11, August 11 to 15, August 18 to 22

Time: Half-Day (9:00 am to 12:00 pm or 1:00 to 4:00 pm)
| Full-Day (9:00 am to 4:00 pm)

Price: \$250 Half-Day | \$440 Full-Day

Spots are limited – Register Now! <https://app.amilia.com/store/en/engineering-for-kids-calgary/shop/programs/112891>.

Little Medical School

Little Doctor School Summer Camp: Calling All Future Doctors

Ages 6 to 11

July 7 to 11: Monday to Friday from 9:00 am to 4:00 pm. Full five-day camp.

Cost: \$395 per child

Little Veterinarian School Summer Camp: Marine Biologists

Ages 6 to 11

August 5 to 8: Tuesday to Friday from 9:00 am to 4:00 pm. Full four-day camp.

Cost: \$330 per child

Little Veterinarian School Summer Camp – Calling All Future Veterinarians

Ages 6 to 11

August 11 to 15: Monday to Friday from 9:00 am to 4:00 pm. Full Day Camp.

Cost: \$395 per child.

Register at www.littlemedicalschool.com/calgary or calgary@littlemedicalschool.com or 403-755-2151.

Tennis Lessons

This summer, play, learn, and have fun with Aforza's Tennis Camps at SCA!

Are you ready for a summer filled with fun, friends, and tennis? Join us for our Junior Community Tennis Camps where kids of all skill levels can enjoy a week packed with exciting activities and expert coaching.

Summer Camps Dates: June 30 to August 22

Ages 5 to 10 and 11 to 16

Registration Section:

Step 1: Create a Booking account on aforza.ca

Step 2: Visit our community tennis tab

Step 3: Register under "Programs & Camps"

Questions? Community@aforza.ca or 403-835-5583.

Casino Volunteers Needed – July 24 and 25

The casino is a major source of funds for the SCA CA – these funds literally keep the lights on!

We will be at the Pure Casino on July 24 and 25. Volunteers will be provided with a free meal, beverages, and snacks during their shift. No experience is required.

This is a great chance to meet other members of your community. It doesn't matter if you've never volunteered at a casino before – everything is explained to you before your shift and the jobs are easy and fun.

If you have questions about volunteering at the casino, please email info@scacalgary.ca and we would be happy to answer them. Visit www.scacalgary.ca to sign up.

Let's Play Pickleball!

Looking for a fun way to get active, meet new people, and build a stronger sense of community? Come join us for some friendly pickleball games—all about good vibes, connection, and a little healthy competition!

Tuesdays at 6:00 pm. Sundays at 9:00 am.

SCA Community Hockey Rink

More information: <https://scacalgary.ca/programs/adult/pickleball-informal-meet-up/>.

Whether you're a seasoned player or trying it for the very first time—everyone is welcome! Bring your paddle, net, your smile, and your love for community.

Let's get moving, get social, and get to know our neighbours.

If you're interested or have any questions, feel free to reach out to me directly! Wendie: 587-432-5680.

Can't wait to see you on the court! Everyone will need to abide by the SCA CA's Court rules (<https://scacalgary.ca/community-directory/community-tennis-courts/>) and have a current membership.

Strathcona Park Garden and Walkway

On March 24 and 25 we invited everyone to talk about creating an extensive new garden in the Strathcona Park neighbourhood. The idea is to create a haven close to home for beauty, to promote nature, to provide respite, good mental health, and neighbourliness.

While the dream is evocative and desirable, these sorts of projects take many hands and many hours to develop.

The starting point is to have our project understood and endorsed by the City of Calgary and decide on a suitable site. The hard ingredients contributing to a successful garden will include suitable soil, available water, and accessibility. We discussed locating within the utility corridor running along the south side of Bow Trail just west of Sarcee as a premium location. Other locations were discussed and will be examined for suitability.

The softer requirements include permissions, licensing, land use and zoning and this is where our group is now. If you would like to participate in development of the concept and location selection, please contact us at strathconaparkgardenwalkway@gmail.com.

Join Our Walking Group

Walks take place every Tuesday at 10:00 am.

Meet outside the gazebo beside Sobeyes. Dogs and strollers are welcome. Please register at scacalgary.ca or by calling our office at 403-249-1138 so we can share information on routes. No membership is required to take part.

Guardians of the Gate

We are a volunteer team of committed volunteers who care for – and maintain – Strathcona Park's main entranceway. We meet at least once a month (during spring, summer, and fall) for an hour or two (as weather and weeds require).

Donations of any amount are greatly appreciated and put to good use to cover annual costs: plant replacement, soil amendment, fertilizers, mulch, etc. For more information, please contact Jaime at jaime.enachescu@gmail.com.

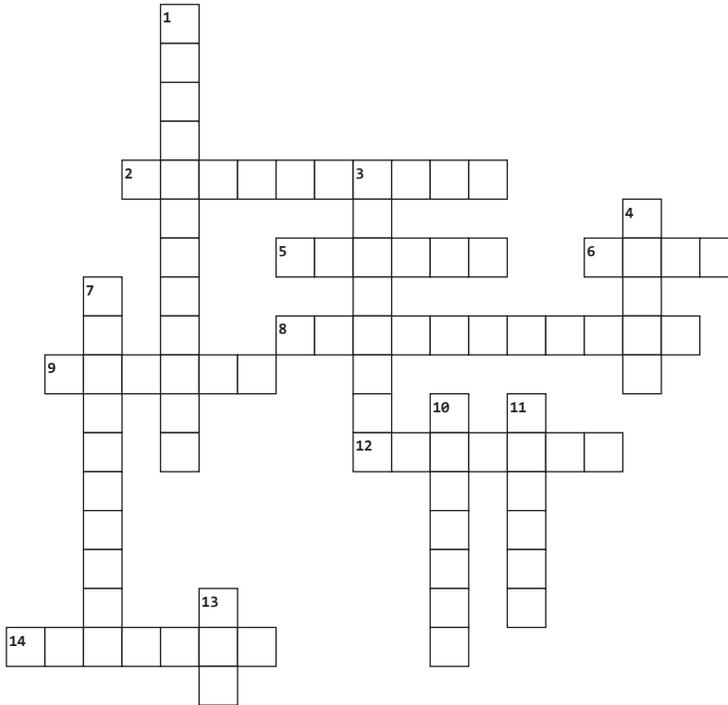


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June Crossword



Across

2. The harvest season for this juicy, red fruit typically starts in mid-June in Canada.
5. This solstice occurs in June in the Northern Hemisphere.
6. On June 21, 1970, _____ made history by becoming the first player to win the FIFA World Cup three times.
8. Along with the rose, this fragrant plant, popular with bees and hummingbirds, is the birth flower for June.
9. The dystopian novel *Nineteen Eighty-Four* by George _____ was first published on June 8, 1949.
12. Charles Blondin crossed _____ Falls on a tightrope on June 30, 1859.
14. On June 23 in the year 930 the world's oldest parliament was established in this Nordic Island nation.

Down

1. Canadian actor Dan Aykroyd starred in this spooky comedy which premiered in June 1984.
3. Known for his role as Marty McFly in *Back to the Future*, Michael J. Fox was born in _____, Alberta on June 9, 1961.
4. Hockey Hall of Fame inductee, Cam _____, was born on June 6, 1965, in Comox, BC.
7. Famous for songs such as "Ironic" and "Hand in My Pocket", Alanis _____ celebrates her birthday on June 1.
10. Avril _____'s debut album *Let Go* was released on June 4, 2002.
11. This superhero movie, directed by Tim Burton, premiered in June 1989.
13. The first broadcast of this 24-hour news channel occurred on June 1, 1980.

Roasted Chickpea Salad

by Jennifer Puri

Chickpeas are often considered a superfood due to their high nutritional value and have been enjoyed by humans for over ten thousand years.

Grown in over fifty countries, chickpeas are a type of legume and in the same family as peanuts and kidney beans.

The high plant-based protein and fiber of chickpeas may also promote healthy ageing and assist in retaining our skin's elasticity and firmness.

Roasted chickpea salad is delicious on its own or can be served with pita bread or as a side salad.

Prep Time: 30 minutes

Cook Time: 30 minutes

Servings: 4

Ingredients:

- 1 540 ml can of chickpeas
- 2 tbsp. olive oil
- 1 tsp. paprika or hot pepper sauce
- 1 tsp. salt
- ½ tsp. ground black pepper
- 4 cups of chopped head lettuce
- 4 cups of cooked quinoa
- 1 cup Kalamata olives
- 1 cup sliced radishes
- 1 cup cucumber chopped
- 1 cup chopped tomatoes
- 1 small container of store-bought red pepper hummus

Dressing:

- ¼ cup extra virgin olive oil
- ¼ cup almond butter
- 3 tbsp. fresh squeezed lemon juice
- 2 tsp. Dijon mustard
- 2 tsp. maple syrup
- ½ tsp. salt
- ½ tsp. coarsely ground black pepper
- 5 to 6 tbsp. cold water

Directions:

- Preheat oven to 450 degrees Fahrenheit.
- Rinse, drain, and pat dry the chickpeas and place in a small bowl, then combine with the olive oil, salt, black pepper, and paprika or hot pepper sauce.
- Spread chickpeas on a foil lined baking tray and bake in the oven for about 25 to 30 minutes until brown and crisp. Remove from the oven and allow to cool.
- In a screw top jar place the olive oil, salt, pepper, Dijon mustard, lemon juice, and maple syrup, and shake until combined. Next add the almond butter and 5 to 6 tbsp. of cold water and stir until you get a smooth consistency.
- To serve divide the quinoa among the bowls and top with lettuce, olives, radish, tomatoes, cucumber, roasted chickpeas, red pepper hummus, and some dressing. Serve with pita bread if desired.

Bon Appétit!



MONTHLY NOTICES

SkipTheDepot and Donate to the SCA

We have partnered with SkipTheDepot to allow you to donate the money from your recyclables to the SCA.

It's easy! Just follow these steps:

1. Download the app or register online
2. Enter your home address and pick a date
3. Cash out or donate to charity

SkipTheDepot will count your bags and credit your account within 48 hours after pickup. Funds will be donated to the SCA! Sign up at app.skipthedepot.com/scacalgary.

Add Your Name to Our Babysitter Listing

Check out our listings at www.scacalgary.ca under Community Directory. If you would like to add your name to our list, email your name, age, community, and phone number to info@scacalgary.ca.

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The Bow Valley Music Club returns in the fall of 2025 with another series of great concerts. Email us at: info@bowvalleymusicclub.org

October 18, 2025

Sons of Town Hall / AV & The Inner City

Sons of Town Hall – a British-American-folk duo known for rich harmonies, storytelling, and Victorian flair. Part concert, part performance art.

Ann Vriend leads AV & The Inner City, a powerhouse soul/roots group with international acclaim and award-winning songwriting.

September 27, 2025

Catherine MacLellan / Don Amero Twin bill

Catherine MacLellan brings heartfelt, roots-inspired music from PEI. Following in the footsteps of her legendary father, Gene MacLellan, who wrote beloved hits like "Snowbird" and "Put Your Hand in the Hand." Catherine has been captivating audiences around the world with her music for over two decades.



Don Amero blends country, soul, Americana, and pop with purpose and heart. Expect a moving and genre-crossing performance. "Singer/songwriter Amero is an optimist who believes in the power of music to change the world, or if not the world, at least your life." - Rob Williams, Winnipeg Free Press

November 8, 2025

Madison Violet / DoubleSuede

Madison Violet is Lisa MacIsaac and Brenley MacEachern who are celebrating their 25th anniversary as a band. A rare and impressive feat that they are both proud of and grateful for. They bring a blend of folk-pop excellence rooted in Cape Breton heritage, with Juno and Canadian Folk Music Award nods.

Double Suede opens the night with a dynamic mix of '50s & '60s rock, country, and rockabilly—played by just two unforgettable musicians. Casey Shalala is on the upright bass. With his unique slap and pop style he manages to be equal parts bassist and drummer. Recently seen on the hit tv show *Virgin River* Matt Beatty's vocals can tackle any style from Hank & Elvis to Tom Jones and Brian Setzer.

November 29, 2025

Steve Pineo's Christmas Show

Ring in the holiday season with Steve Pineo's warm and witty Christmas concert. His Elvis tribute show is a marvel. Traditional favourites and fresh takes make this a festive finale to the fall series.

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GAMES & PUZZLES

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2. Canada sent its first national team to the summer Olympics in St. Louis.
3. Women get the right to vote.
4. Alberta becomes a province of Canada.
5. The first railway opens in Canada.
6. Terry Fox begins his Marathon of Hope.



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The shortage of housing continues to remain a major focus of the Alberta government. Alberta is leading Canada in housing starts for 2025, with 11,470 new home builds from January to March, booming ahead of other provinces.

Alberta's government continues to support builders and encourage new residential housing construction by cutting red tape, incentivizing housing construction, and supporting innovative strategies to build homes faster than ever. By taking action to help increase the housing supply, Alberta's government is driving down costs and helping address the shortage of housing as more people call Alberta home.

To address homebuilding hurdles, Alberta's government has updated the provincial building code and established a construction code working group in November. The province is also attracting investment by ensuring that Alberta continues to have the lowest overall taxes in Canada, with no provincial sales tax and the lowest corporate tax rate.

In addition, through Budget 2025, Alberta's government is investing \$1.2 billion into affordable housing over the next three years, which supports the construction of more than 6,300 new affordable housing units. Since 2019, Alberta's government has invested almost \$851 million to build nearly 5,300 affordable housing units and close to 900 shelter spaces. This includes projects the government has committed to that are in progress and that are complete.

Together with its partners, Alberta's government is supporting \$9 billion in investments into affordable housing to support 25,000 additional low-income households by 2031.

A new report from ATB Financial reveals Alberta's tech revolution, showcasing a sector that added \$13 billion to the province's GDP in 2023, with massive employment growth and soaring venture capital last year. Calgary and Edmonton rank among North America's top tech talent hubs, driving innovation in AgriTech, FinTech, HealthTech, and more—proving Alberta's entrepreneurial spirit is transforming it into a global tech powerhouse.

Have a wonderful summer!

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STRATHCONA PARK COMMUNITY REAL ESTATE ACTIVITY

		Properties		Median Price	
		Listed	Sold	Listed	Sold
April	25	28	15	\$725,000	\$715,000
March	25	6	7	\$850,000	\$835,000
February	25	5	3	\$624,900	\$575,000
January	25	4	3	\$999,000	\$1,100,000
December	24	5	5	\$629,000	\$639,000
November	24	3	2	\$839,950	\$824,625
October	24	10	9	\$767,500	\$767,500
September	24	9	7	\$918,000	\$1,068,000
August	24	7	13	\$897,500	\$895,000
July	24	15	8	\$766,950	\$761,750
June	24	10	13	\$888,000	\$870,000
May	24	16	12	\$726,950	\$759,750

To view more detailed information that comprise the above
MLS averages please visit str.mycalgary.com

CHRISTIE PARK COMMUNITY REAL ESTATE ACTIVITY

		Properties		Median Price	
		Listed	Sold	Listed	Sold
April	25	5	2	\$974,900	\$1,012,500
March	25	6	4	\$1,000,000	\$990,000
February	25	3	1	\$449,900	\$462,000
January	25	0	1	\$778,000	\$770,000
December	24	1	0	\$0	\$0
November	24	0	2	\$669,500	\$640,000
October	24	1	2	\$973,950	\$995,000
September	24	3	0	\$0	\$0
August	24	2	3	\$1,014,000	\$1,004,000
July	24	2	3	\$1,280,000	\$1,285,000
June	24	2	2	\$940,000	\$902,250
May	24	6	4	\$1,137,500	\$1,201,000

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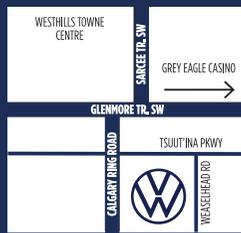


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David.

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