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What does the WSCRCA do?

- We run youth and family related programs.
- We are your voice at City Hall. Dealing with planning and development proposals, traffic, parks and recreation, and a direct voice to our local City Councillor.
- We support community initiatives and events. Community clean up, Charity Stampede Breakfast, community garden, and so much more!

Community Association Versus Residents Association

The community of West Springs/ Cougar Ridge encompasses several subdivisions, some of which have a Residents or Homeowners Association. Both play an important, but different role, in the community.

	COMMUNITY ASSOCIATION	RESIDENTS ASSOCIATION
	✓ Membership is voluntary	✓ Membership is mandatory
	✓ Represents all households in the WSCRCA boundaries	✓ Annual fees registered against property title. Fees must be paid in full prior to the sale of the home.
	✓ Organizes community wide events and programs	✓ Maintains the landscaping and other amenities in the public green spaces for a specific subdivision

Check out our website, www.wscr.ca, for all that we do! Want to stay up to date and have early access to all our events and offerings? Become a member!

Become a West Springs Cougar Ridge Community Association Member

\$25 per Household or \$15 for Seniors

That gets you:

- Priority registration and discounts for WSCRCA run program and events.
- Support for a more vibrant community by supporting community-based initiatives.
- Members only emails.
- The right to vote at the AGM if you are a WSCR resident.

You can still become a member even if you do not live in the community! Purchase your membership online at www.wscr.ca.



We have strong community spirit in West Springs Cougar Ridge. Do your part and join the Community Association and, if you can, volunteer to make it even stronger – we can always use more help and it's a great way to meet residents of your community! Visit wscr.ca for more information.

FOLLOW US ON

Facebook: https://www.facebook.com/wscrca/

X (Twitter): @WSCRCA

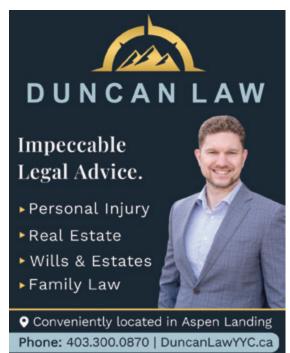
Instagram: @wscrca

Website: https://wscr.ca

WSCRCA Santa Event - Saturday, December 7

Save the date! Our annual WSCRCA Santa Event is on Saturday, December 7! Enjoy crafts, carols, a visit with Santa, outdoor horse-drawn sleigh rides, and more! Registration opens November 10, 2024. Visit www.wscr.ca for more details.





WSCRCA Casino Thank You

Thank you to all the volunteers for our WSCRCA casino days! By volunteering your time, you allow our association to receive funding which has been used to help sponsor our community events such as Movie Night in the Park, special visit with Mr. and Mrs. Claus, the Dog PAWty, Preschool Learn to Skate, Ski and Tube Night as well as make significant donations within the community such as for construction of the West Ridge Sports Court.

We have heard some great feedback from all of our volunteers who had a fun time meeting and connecting with their neighbours and other volunteers during their shift, and we were happy to reward all our volunteers with some cool gifts such as movie passes, Jubilations dinner theatre tickets, YETI ramblers or mugs, MEC cooler bag, etc., to name a few. We hope to see you again next time and spread the word to your family and neighbours to join in!

SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

WEST SPRINGS



COUGAR RIDGE



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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WEST SPRINGS COMMUNITY **REAL ESTATE ACTIVITY**

		Properties		Media	n Price	
		Listed	Sold	Listed	Sold	
September 24		27	19	\$789,900	\$772,500	
August	24	34	17	\$819,900	\$850,000	
July	24	24	22	\$694,450	\$685,000	
June	24	23	19	\$600,000	\$605,000	
May	24	33	32	\$764,450	\$770,000	
April	24	25	19	\$874,900	\$875,000	
March	24	24	27	\$729,231	\$755,000	
February	24	18	10	\$469,450	\$480,500	
January	24	19	16	\$666,500	\$667,500	
December	23	7	10	\$554,900	\$538,500	
November	23	12	14	\$719,900	\$715,000	
October	23	23	16	\$747,450	\$741,150	

To view more detailed information that comprise the above MLS averages please visit wsp.mycalgary.com

COUGAR RIDGE COMMUNITY REAL ESTATE ACTIVITY

		Prope	erties	Media	n Price
		Listed	Sold	Listed	Sold
September	24	12	6	\$834,450	\$845,000
August	24	6	2	\$584,450	\$584,000
July	24	12	12	\$732,000	\$726,250
June	24	11	9	\$700,000	\$751,000
May	24	17	18	\$774,900	\$821,000
April	24	15	13	\$725,000	\$805,000
March	24	8	8	\$774,450	\$800,000
February	24	7	10	\$750,000	\$752,000
January	24	3	5	\$729,900	\$715,000
December	23	7	0	\$0	\$0
November	23	2	5	\$710,000	\$703,000
October	23	3	7	\$849,900	\$865,000

To view more detailed information that comprise the above MLS averages please visit cgr.mycalgary.com

Good Neighbour Practices

If you are new to the city, a long-term Calgarian, homeowner, or tenant looking for more information about your responsibilities within your neighbourhood, the City of Calgary has a reference guide for frequently asked bylaws. Visit www.calgary/property-owners/ good-neighbour-practices. Together we can help ensure that all Calgarians live in safe, clean, and healthy communities.



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- Regulatory and Compliance Guidance
- Transaction Closing
- Post-Sale Transition Support

Calgary Travel Times

Before you head out did you know you can view travel times on major roadways within Calgary? To view visit www.calgary.ca/roads/ conditions/travel-times.



Word of the Month Accisonus: noun (uhk-siz-muhs) When someone pretends to be indifferent about or feigns refusal of something they desire. "Oh no, you shouldn't have," Sara said with a hint of accismus as her friend purchased her long-awaited coffee for her.

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SCAN THE QR CODE FOR THE SOLUTION





	ASSOCIATION					
EXECUTIVE COMMITTEE						
Position	Name	Email				
Interim President	Karla Gibson	president@wscr.ca				
Vice President	Kelly Smith	vicepresident@wscr.ca				
Secretary	Gloria Wilkinson	secretary@wscr.ca				
Treasurer	Tenzin Sangalabrang	treasurer@wscr.ca				
Board Executive Assistant	Kaitlin Mitchell	admin@wscr.ca				
COMMITTEES						
Committee	Member(s) *Bold font indicates Board Director	Email				
Charity Casino	Eileen Teasdale Kimberly Paw	casino@wscr.ca				
Communications	Heather Zaba	communications@wscr.ca				
Newsletter	Brianna Norgaard	newsletter@wscr.ca				
Family Programs	Vacant					
Membership	Eileen Teasdale	membership@wscr.ca				
Planning and Development	Joe Healey Eileen Teasdale Denis Ho Linda Nesset Patrick Sinclair Yvonne Harper Renee Alessio Gloria Wilkinson	planning@wscr.ca				
Sponsorship	Taiwo Adetola Latosia Campbell-Walters	sponsorship@wscr.ca				
Treasurer Coordinator	Samantha See					
Website Editor	Caroline Anderson					
Soccer	Kimberly Paw Steve Berman	soccer@wscr.ca				
Skating	Kimberly Paw	skating@wscr.ca				
Volunteers	Vacant					
Recycling Event	Vacant	communityrecycling@wscr.ca				
Director of Community Mobility	Denis Ho	traffic@wscr.ca				
Building Safer Communities Group	Heather Zaba	safercommunity@wscr.ca				

WSCRCA Board Meetings

Meetings are held on the second Wednesday of every month in the upstairs community room of the Calgary Co-op on 85 Street SW and online via Zoom. Anyone in the community is welcome to attend these meetings. If you would like to discuss a particular issue or idea, please notify our secretary by email a week before the meeting at secretary@wscr.ca.

The WSCRCA Planning and Development Committee meets on the fourth Wednesday of the month. Currently meetings are held via Zoom video conferencing. Anyone in the community is welcome to attend, and if you are interested in attending, please email planning@wscr.ca.



You can stay in touch with your community by following us on Facebook and joining this FB Group. It's a great way to grow our community and keep up to date on what is happening in WSCR.

The WSCR Babysitters Group: A place where parents can find local babysitters, as well as where local babysitters, aged 12 to 25, can add themselves to the list to find jobs. Follow this group here: https://www.facebook.com/groups/wscrbabysitters/.

Follow the main WSCRCA page here: https://www.facebook.com/wscrca/.



Community Garden

Directors at Large

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Bhavna Lobo

Boyd England

Stavrianna Kodellas



Volunteer Board Opportunities

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Delicious Carrot Cake: A Perfect November Treat



As the leaves turn golden and the air gets crisp, November invites us to cozy up with comforting flavours. One of my all-time favourite desserts to celebrate this season is a classic Carrot Cake. With its warm spices and creamy frosting, this cake is sure to be a hit at any fall celebration.

Ingredients You'll Need

For the Cake:

- 2 cups all-purpose flour
- 2 cups granulated sugar
- 1 teaspoon baking powder
- 1 teaspoon baking soda
- 1 teaspoon ground cinnamon
- ½ teaspoon ground nutmeg
- 1/2 teaspoon salt
- 1 cup vegetable oil
- 4 large eggs
- 3 cups grated carrots (about 6 medium carrots)
- 1 cup crushed pineapple, drained
- ½ cup chopped walnuts or pecans (optional)
- 1 teaspoon vanilla extract

For the Cream Cheese Frosting:

- · 8 oz cream cheese, softened
- ½ cup unsalted butter, softened
- 4 cups powdered sugar
- 1 teaspoon vanilla extract

Instructions

- 1. Preheat the Oven: Start by preheating your oven to 350°F (175°C). Grease and flour two 9-inch round cake pans to ensure your cake comes out easily.
- 2. Mix Dry Ingredients: In a large bowl, whisk together the flour, sugar, baking powder, baking soda, cinnamon, nutmeg, and salt.

- 3. Combine Wet Ingredients: In another bowl, mix the vegetable oil, eggs, grated carrots, crushed pineapple, walnuts (if you're using them), and vanilla extract.
- 4. Combine Mixtures: Gradually add the wet mixture to the dry ingredients, stirring until just combined.
- 5. Bake: Divide the batter evenly between the prepared cake pans. Bake for 25 to 30 minutes, or until a toothpick inserted in the centre comes out clean. Once done, let the cakes cool in the pans for about 10 minutes before transferring them to wire racks to cool completely.
- 6. Make the Cream Cheese Frosting: While the cakes are cooling, prepare the cream cheese frosting. In a medium bowl, beat the softened cream cheese and butter until smooth. Gradually add the powdered sugar, mixing until creamy.
- 7. Assemble the Cake: Once the cakes are completely cool, place one layer on a serving plate. Spread a generous layer of cream cheese frosting on top, then place the second layer on top. Frost the top and sides of the cake, making it as pretty as you like!





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Calgary Police Service

GAMES & PUZZLES

Guess the Landmark!

- 1. This gorgeous UNESCO World Heritage Site in India was built to be a mausoleum.
- 2. The ______ was made across many dynasties and states, taking over 2,500 years to construct.
- 3. This stunning Italian landmark is also called the Bell Tower and is over 180 feet tall.
- 4. This iconic structure was built for the 1889 World Fair; it celebrated the 100th anniversary of the French Revolution.
- 5. This famous ancient city was frozen in time due to almost the exact opposite circumstance.
- 6. There are no straight lines in this ancient temple structure, located on the Athenian Acropolis.





SCAN THE QR CODE FOR THE ANSWERS!



Were you in a NAPLS study?

- We are trying to find people who previously took part in any of our NAPLS studies at the At-Risk for Mental Illness Research Program.
- We invite you to participate in a short interview so we can learn how you have been doing.

For more information, please contact: 403-210-8740 or napls@ucalgary.ca

The University of Calgary Conjoint Health Research Ethics Board has approved this research study "Predictors and Moderators of Long-Term Outcome of Persons at Clinical High Risk for Psychosis" (REB21-1762)

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Shoppers Drug Mart	Momentum Health West Springs	Homeward Bound Pet Food Delivery	AKIDEMY Preschool

Learn more about sponsoring your local WSCRCA Community Association at www.wscr.ca/sponsors.

Roadway Construction Projects

Stay up to date on the City of Calgary's road construction projects by visiting www.calgary. ca/planning/projects/road-construction-home.

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

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ST. MARTIN'S ANGLICAN CHURCH: Where Faith and Community Meet. 1009 Prominence Way SW. stmartinschurch.ca. Worship & Sunday School at 10:00 am. ESL Conversation Café: Tuesdays, 9:30 to 11:00 am. Sandwich Ministry Wednesdays at 1:00 pm. Christmas Eve Worship at 4:00 pm. Christmas Day Worship at 10:00 am.





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