

MAY 2025

YOUR OFFICIAL COMMUNITY NEWSLETTER

# the news

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(Source of data from Century 21 System)



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### 43062 Township Road 250



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### 244114 Panorama Ridge – Springbank



**\$3,550,000**

9.74 Acres | 4540 sqft Living Qtrs | MLS# 2163998

### 301, 17 Mahogany Circle SW – Mahogany



CONDITIONALLY  
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**\$2,498,800**

Penthouse | 2 Bed, 2 Bath | MLS# A2197328

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ANIMAL NEGLECT

ANIMAL ABANDONMENT

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#### EXECUTIVE COMMITTEE

Position	Name	Email
Interim President	Karla Gibson	president@wscr.ca
Vice President	Kelly Smith	vicepresident@wscr.ca
Secretary	Gloria Wilkinson	secretary@wscr.ca
Treasurer	Tenzin Sangalabrang	treasurer@wscr.ca
Board Executive Assistant	Kaitlin Mitchell	admin@wscr.ca

#### COMMITTEES

Committee	Member(s) <i>*Bold font indicates Board Director</i>	Email
Charity Casino	<b>Eileen Teasdale</b> <b>Kimberly Paw</b>	casino@wscr.ca
Communications	<b>Heather Zaba</b>	communications@wscr.ca
Newsletter	Brianna Norgaard	newsletter@wscr.ca
Membership	<b>Eileen Teasdale</b>	membership@wscr.ca
Planning and Development	<b>Joe Healey</b> <b>Eileen Teasdale</b> <b>Denis Ho</b> Linda Nessel Patrick Sinclair Yvonne Harper Renee Alessio Gloria Wilkinson	planning@wscr.ca
Sponsorship	<b>Latosia Campbell-Walters</b>	sponsorship@wscr.ca
Treasurer Coordinator	Vacant	
Website Editor	Caroline Anderson	
Soccer	<b>Kimberly Paw</b> <b>Steve Berman</b> <b>Stravianna Kodellas</b>	soccer@wscr.ca
Skating	<b>Kimberly Paw</b>	skating@wscr.ca
Volunteers	Vacant	
Recycling Event	Kelly Smith	communityrecycling@wscr.ca
Director of Community Mobility	<b>Denis Ho</b>	traffic@wscr.ca
Stampede Breakfast	<b>Justin Barrett</b>	
Community Garden	Evan Ashdown Bhavna Lobo	
Directors at Large	<b>Boyd England</b> <b>Stavrianna Kodellas</b>	

## WSCRCA Board Meetings

Meetings are held on the third Tuesday of every month in the upstairs community room of the Calgary Co-op on 85 Street SW and online via Zoom. Anyone in the community is welcome to attend these meetings. If you would like to discuss a particular issue or idea, please notify our secretary by email a week before the meeting at [secretary@wscr.ca](mailto:secretary@wscr.ca).



#### Volunteer Board Opportunities

### Board President

Support Your Community  
Sign up at [www.wscr.ca](http://www.wscr.ca)

## WSCR Babysitters Group



You can stay in touch with your community by following us on Facebook and joining this FB Group. It's a great way to grow our community and keep up to date on what is happening in WSCR.

**The WSCR Babysitters Group:** A place where parents can find local babysitters, as well as where local babysitters, aged 12 to 25, can add themselves to the list to find jobs. Follow this group here: [www.facebook.com/groups/wscribabysitters/](https://www.facebook.com/groups/wscribabysitters/).

Follow the main WSCRCA page here: [www.facebook.com/wscrca/](https://www.facebook.com/wscrca/).



## A Big Thank You to Our Local Sponsors

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Tim Hortons	Calgary French & International School	Truman	Cam Naghshineh ReMax

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Time Music Studios	Telus	Massage Experts	Ultimate Renovations
Scholars Calgary West			

### Silver Level

West Springs Church	Code Ninjas		
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### Bronze Level


Barricades & Signs	Beaners	Blink eyewear optometry	The Co- operators
KFC	Mercato	Nirvana Nail Bar	Orange Theory Fitness
Shoppers Drug Mart	Momentum Health West Springs	Homeward Bound Pet Food Delivery	AKIDEMY Preschool

Learn more about sponsoring your local WSCR  
Community Association at [www.wscr.ca/sponsors](http://www.wscr.ca/sponsors).

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WSCR  
ASSOCIATION

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Not a member? Anyone can sign up at [wscr.ca/membership](http://wscr.ca/membership)

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# What does the WSCRCA do?

- We run youth and family related programs.
- We are your voice at City Hall. Dealing with planning and development proposals, traffic, parks and recreation, and a direct voice to our local City Councillor.
- We support community initiatives and events. Community clean up, Charity Stampede Breakfast, community garden, and so much more!

## Community Association Versus Residents Association

The community of West Springs/ Cougar Ridge encompasses several subdivisions, some of which have a Residents or Homeowners Association. Both play an important, but different role, in the community.

COMMUNITY ASSOCIATION	RESIDENTS ASSOCIATION
✓ Membership is voluntary	✓ Membership is mandatory
✓ Represents all households in the WSCRCA boundaries	✓ Annual fees registered against property title. Fees must be paid in full prior to the sale of the home.
✓ Organizes community wide events and programs	✓ Maintains the landscaping and other amenities in the public green spaces for a specific subdivision

*Check out our website, [www.wscr.ca](http://www.wscr.ca), for all that we do! Want to stay up to date and have early access to all our events and offerings? Become a member!*

### Become a West Springs Cougar Ridge Community Association Member

\$25 per Household or \$15 for Seniors

That gets you:

- Priority registration and discounts for WSCRCA run program and events.
- Support for a more vibrant community by supporting community-based initiatives.
- Members only emails.
- The right to vote at the AGM if you are a WSCR resident.

You can still become a member even if you do not live in the community!

Purchase your membership online at [www.wscr.ca](http://www.wscr.ca).





### Become a Member


We have strong community spirit in West Springs Cougar Ridge. Do your part and join the Community Association and, if you can, volunteer to make it even stronger – we can always use more help and it's a great way to meet residents of your community! Visit [wscr.ca](http://wscr.ca) for more information.

## FOLLOW US ON

 Facebook: <https://www.facebook.com/wscrca/>

 X (Twitter): @WSCRCA

 Instagram: @wscrca

 Website: <https://wscr.ca>

# Roasted Beet and Goat Cheese Salad



Spring is the perfect season to enjoy fresh, vibrant salads, and a Roasted Beet and Goat Cheese Salad is an excellent choice. This dish combines the earthy sweetness of roasted beets with the creamy tang of goat cheese, all perfectly balanced with crunchy walnuts and a drizzle of balsamic vinaigrette.

## Ingredients:

- 2 cups mixed greens
- 2 medium beets, roasted and sliced
- ½ cup goat cheese, crumbled
- ¼ cup walnuts, toasted
- Balsamic vinaigrette

## Instructions:

1. Prepare the Beets: Start by roasting your beets. Preheat your oven to 400°F (200°C). Roast for about 45 to 60 minutes, or until tender. Let them cool, then peel and slice.
2. Assemble the Salad: On a large platter, arrange the mixed greens as your base. Layer the roasted beet slices on top.
3. Add the Cheese and Nuts: Sprinkle the crumbled goat cheese over the beets, followed by the toasted walnuts for that delightful crunch.
4. Dress the Salad: Finally, drizzle the salad with balsamic vinaigrette. You can use a store-bought version or whip up a quick homemade one by mixing balsamic vinegar, olive oil, salt, and pepper.
5. Serve and Enjoy: This salad is best served immediately while the beets are still slightly warm, but it can also be enjoyed cold.

# Celebrating Mother's Day



Mother's Day is a special occasion that allows us to honour the incredible women who embody love, strength, and resilience. Here are some thoughtful and creative ways to celebrate:

- **Spa Day at Home:** Set up a relaxing spa day at home with DIY facials, manicures, and massages.
- **Outdoor Picnic:** Pack a picnic basket with her favourite snacks and enjoy a meal outdoors at one of the local parks, like Edworthy or Glenmore Reservoir.
- **Creative Workshop:** Attend a local painting or cooking class together.
- **Nature Walk or Hike:** Spend time outdoors walking at Griffith Woods Park or hiking in Kananaskis.
- **Digital Detox Day:** Spend the day unplugged from technology, focusing on quality time together.



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\*Guarantee is being offered by Greater Property Group. Terms and Conditions apply.

## WEST SPRINGS COMMUNITY REAL ESTATE ACTIVITY

		Properties		Median Price	
		Listed	Sold	Listed	Sold
March	25	48	25	\$899,900	\$895,000
February	25	27	17	\$759,900	\$710,486
January	25	22	9	\$725,000	\$725,000
December	24	14	11	\$598,000	\$588,400
November	24	18	20	\$629,950	\$627,500
October	24	25	16	\$707,000	\$693,250
September	24	21	19	\$789,900	\$772,500
August	24	28	17	\$819,900	\$850,000
July	24	24	22	\$694,450	\$685,000
June	24	22	19	\$600,000	\$605,000
May	24	33	32	\$764,450	\$770,000
April	24	25	19	\$874,900	\$875,000

To view more detailed information that comprise the above  
MLS averages please visit [wsp.mycalgary.com](http://wsp.mycalgary.com)

## COUGAR RIDGE COMMUNITY REAL ESTATE ACTIVITY

		Properties		Median Price	
		Listed	Sold	Listed	Sold
March	25	12	6	\$798,944	\$805,250
February	25	4	4	\$937,450	\$937,575
January	25	11	10	\$759,900	\$764,250
December	24	4	4	\$911,950	\$888,750
November	24	6	9	\$750,000	\$778,000
October	24	8	11	\$799,900	\$802,000
September	24	11	6	\$834,450	\$845,000
August	24	4	2	\$584,450	\$584,000
July	24	12	12	\$732,000	\$726,250
June	24	11	9	\$700,000	\$751,000
May	24	17	18	\$774,900	\$821,000
April	24	15	13	\$725,000	\$805,000

To view more detailed information that comprise the above  
MLS averages please visit [cgr.mycalgary.com](http://cgr.mycalgary.com)

# 2025 Street Cleaning Schedule



Calgary's Annual Spring Cleanup program scheduling has been finalized and is set to start Monday, April 14, 2025. Check your address in the lookup form below for your scheduled sweep date. You can also sign up for Street Sweeping alerts which will automatically alert you when your street is going to be swept.

Learn more: <https://www.calgary.ca/roads/maintenance/spring-street-cleaning.html>.



Lock all doors & windows before leaving or going to bed.

Ensure your garage door is closed & any entry points are secured.

Activate home security systems if you have one.

Keep outdoor lights on or use motion sensor lights.

Be mindful of what you share on social media about your whereabouts.

CALGARY POLICE SERVICE

**THE 9 P.M. ROUTINE**

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CALGARY POLICE SERVICE

BIKE INDEX

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## Create a Beautiful and Resilient Yardsmart Yard This Spring!

Create a beautiful YardSmart yard this spring! Learn how to create a water-wise yard and garden that thrives in Calgary's climate. Learn more at: <https://www.calgary.ca/water/programs/yardsmart.html>.

### YardSmart plant guides

Use our YardSmart plant lists to help you choose plants at your local garden centre or native seed supplier.

Perennials

Native wildflowers

Trees and shrubs

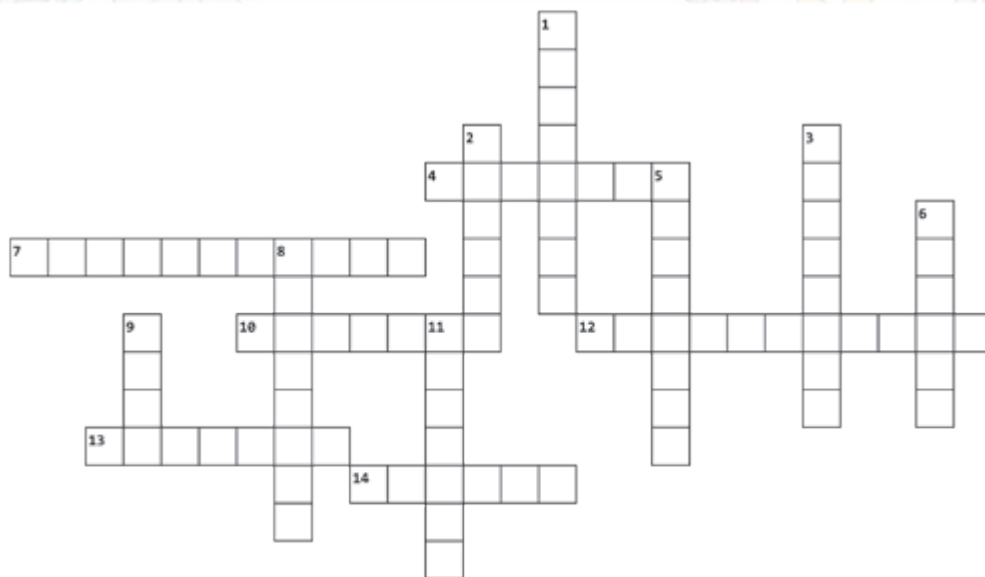
**BRAIN GAMES**

# SUDOKU

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SCAN THE QR CODE FOR THE SOLUTION

# May Crossword



## Down

1. Cory \_\_\_\_\_, famous for his role as Finn Hudson on *Glee*, was born on May 11, 1982, in Calgary, Alberta.
2. The first \_\_\_\_\_ Awards were held on May 4, 1959, with Ella Fitzgerald winning the award for Best Jazz Vocal Performance.
3. *Astrophysics for People in a Hurry* by Neil \_\_\_\_\_ Tyson was originally published in May 2017.
5. On May 8, 1980, the World Health Organization declared that this disease, caused by the variola virus, had been eradicated.
6. Fashion designer, Coco \_\_\_\_\_, released her eponymous perfume, \_\_\_\_\_ No. 5, on May 5, 1921.
8. Canadians celebrate the birthday of this Queen on May 19.
9. The month of May is named after \_\_\_\_\_, the Greek goddess of growth, fertility, and spring.
11. The Canadian government established the North-West \_\_\_\_\_ Police on May 23, 1873.

## Across

4. This popular TV sitcom aired its series finale "The Last One" on May 6, 2004, in the United States.
7. Pyotr Ilyich \_\_\_\_\_ was a guest conductor for the opening of Music Hall (now Carnegie Hall) on May 5, 1891.
10. On May 16, 1929, the first \_\_\_\_\_ Awards were held with the silent film *Wings* winning Best Picture.
12. The first-ever race of the Formula 1 World Championship was held on May 13, 1950, at this iconic English circuit, which is still used today.
13. Amelia \_\_\_\_\_ started her first transatlantic solo flight on May 20, 1932, departing from Harbour Grace, Newfoundland.
14. *The \_\_\_\_\_ Reloaded* was released on May 15, 2003, starring Canadian actor Keanu Reeves and Canadian actress Carrie-Anne Moss.





## Residential Cart Pick-Up

Heads up! Starting April 22, many Calgary households will see changes to their blue, black, or green cart pickup days as we improve collection routes.

New schedules are now available — visit [calgary.ca/cartschedule](http://calgary.ca/cartschedule).

See if your blue, black, or green cart pickup day is changing. Find out when weekly green cart collection starts.

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## Chanel No. 5

*On May 5, 1921, Coco Chanel, teaming up with perfumer Ernest Beaux, launched her iconic fragrance. Why No. 5? Because five was her lucky number, and she made sure to release it on the fifth day of the fifth month for extra good fortune!*

## Father's Day

For all the things your father was to you, honour him this Father's Day by placing a complimentary flower on his resting place.

**Sunday, June 15 • 10:00 am – 2:00 pm • All welcome for a Free Family BBQ**

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