

BRINGING WEST SPRINGS, COUGAR RIDGE, & WENTWORTH TOGETHER







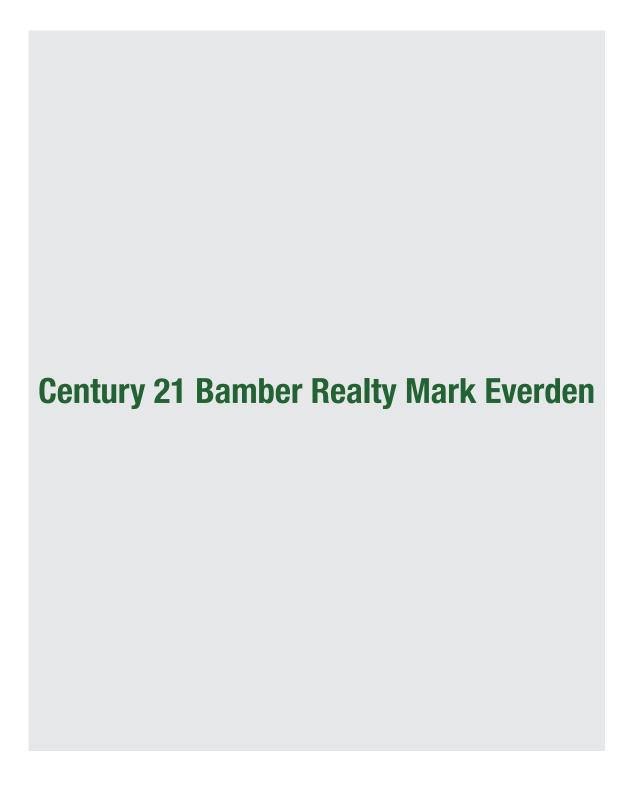
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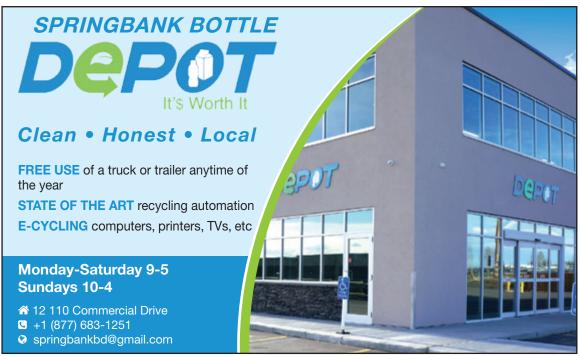
403-869-7971 | david@davidpellettier.ca | davidpellettier.ca

wscr.ca











EXECUTIVE COMMITTEE							
Position	Name	Email					
Interim President	Karla Gibson	president@wscr.ca					
Vice President	Kelly Smith	vicepresident@wscr.ca					
Secretary	Gloria Wilkinson	secretary@wscr.ca					
Treasurer	Tenzin Sangalabrang	treasurer@wscr.ca					
Board Executive Assistant	Kaitlin Mitchell	admin@wscr.ca					
COMMITTEES							
Committee	Member(s) *Bold font indicates Board Director	Email					
Charity Casino	Eileen Teasdale Kimberly Paw	casino@wscr.ca					
Communications	Heather Zaba	communications@wscr.ca					
Newsletter	Brianna Norgaard	newsletter@wscr.ca					
Membership	Eileen Teasdale	membership@wscr.ca					
Planning and Development	Joe Healey Eileen Teasdale Denis Ho Linda Nesset Patrick Sinclair Yvonne Harper Renee Alessio Gloria Wilkinson	planning@wscr.ca					
Sponsorship	Latosia Campbell-Walters	sponsorship@wscr.ca					
Treasurer Coordinator	Vacant						
Website Editor	Caroline Anderson						
Soccer	Kimberly Paw Steve Berman Stravianna Kodellas	soccer@wscr.ca					
Skating	Kimberly Paw	skating@wscr.ca					
Volunteers	Vacant						
Recycling Event	Kelly Smith	communityrecycling@wscr.ca					
Director of Community Mobility	Denis Ho	traffic@wscr.ca					
Stampede Breakfast	Justin Barrett						
Community Garden	Evan Ashdown Bhavna Lobo						
Directors at Large	Boyd England Stavrianna Kodellas						

WSCRCA Board Meetings

Meetings are held on the third Tuesday of every month in the upstairs community room of the Calgary Co-op on 85 Street SW and online via Zoom. Anyone in the community is welcome to attend these meetings. If you would like to discuss a particular issue or idea, please notify our secretary by email a week before the meeting at secretary@wscr.ca.



Volunteer Board Opportunities

Board President Sponsorship Director Planning Director

Support Your Community Sign up at www.wscr.ca



You can stay in touch with your community by following us on Facebook and joining this FB Group. It's a great way to grow our community and keep up to date on what is happening in WSCR.

The WSCR Babysitters Group: A place where parents can find local babysitters, as well as where local babysitters, aged 12 to 25, can add themselves to the list to find jobs. Follow this group here: www.facebook.com/groups/wscrbabysitters/.

Follow the main WSCRCA page here: www.facebook.com/wscrca/.

A Big Thank You to Our Local Sponsors

	Platinum Level							
Fergus & Bix	Preventous Cosmetic Medicine	Servus Credit Union	722 World Bier Haus					
Tim Hortons	Calgary French & International School	Truman	Cam Naghshineh ReMax					

Gold Level							
Blair's No Frills	Co-op West Springs	Scotiabank	TD Bank				
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Scholars Calgary West							

Silver Level					
West Springs Church	Code Ninjas				

Bronze Level							
Barricades & Signs	Beaners	Blink eyewear	The Co- operators				
		Nirvana Nail Bar	operators				
KFC	(FC Mercato		Orange				
			Theory				
			Fitness				
Shoppers Drug	Momentum	Homeward	AKIDEMY				
Mart	Health West	Bound Pet Food	Preschool				
	Springs	Delivery					

Learn more about sponsoring your local WSCR Community Association at www.wscr.ca/sponsors.







Services

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What does the WSCRCA do?

- We run youth and family related programs.
- We are your voice at City Hall. Dealing with planning and development proposals, traffic, parks and recreation, and a direct voice to our local City Councillor.
- We support community initiatives and events. Community clean up, Charity Stampede Breakfast, community garden, and so much more!

Community Association Versus Residents Association

The community of West Springs/ Cougar Ridge encompasses several subdivisions, some of which have a Residents or Homeowners Association. Both play an important, but different role, in the community.

COMMUNITY ASSOCIATION	RESIDENTS ASSOCIATION
✓ Membership is voluntary	√ Membership is mandatory
✓ Represents all households in the WSCRCA boundaries	✓ Annual fees registered against property title. Fees must be paid in full prior to the sale of the home.
✓ Organizes community wide events and programs	✓ Maintains the landscaping and other amenities in the public green spaces for a specific subdivision

Check out our website, www.wscr.ca, for all that we do! Want to stay up to date and have early access to all our events and offerings? Become a member!

Become a West Springs Cougar Ridge Community Association Member

\$25 per Household or \$15 for Seniors

That gets you:

- Priority registration and discounts for WSCRCA run program and events.
- Support for a more vibrant community by supporting community-based initiatives.
- Members only emails.
- The right to vote at the AGM if you are a WSCR resident.

You can still become a member even if you do not live in the community! Purchase your membership online at www.wscr.ca.



We have strong community spirit in West Springs Cougar Ridge. Do your part and join the Community Association and, if you can, volunteer to make it even stronger – we can always use more help and it's a great way to meet residents of your community! Visit wscr.ca for more information.

FOLLOW US ON

Facebook: https://www.facebook.com/wscrca/

X (Twitter): @WSCRCA

Instagram: @wscrca

Website: https://wscr.ca



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WEST SPRINGS



COUGAR RIDGE



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YOUR CITY OF CALGARY

Downtown Summer Festivals and Events

by The City of Calgary



Calgary's Summer Festival Season is in full-swing and downtown is where you'll find the electric energy as people come to experience the ultimate celebration of community, creativity, and culture. With over 100 festivals and events happening downtown this summer, the heart of our city will be bursting with fun and entertainment for everyone.

Whether you are a resident or a visitor, this is your invitation to immerse yourself in the vibrant spirit of our Downtown Summer Festival Season. Downtown is home to some our proudest landmarks and our biggest celebrations, like Canada Day, Stampede, Carifest, and the Calgary Folk Music Festival. The best of our city is reflected in these festivals and events, as people come together to have fun, celebrate, and enjoy life's moments.

With a wide variety of entertainment, the Downtown Summer Festival Season has something for everyone and this year, we want to make sure you're just a click away from staying connected. That's why we've created the Downtown Summer Festival Itinerary; a guide to keep you informed about the festivals and events happening downtown from now until the end of September.

Mark your calendars, gather your friends and family, and get ready for an unforgettable Downtown Summer Festival Season. Ready, set, explore! To learn more about the exciting festivals and events happening downtown, visit calgary.ca/exploredowntown.

Fitset Ninja is Coming to WSCRCA!



In partnership with the Coach Hill Patterson Heights Community Association (CHPHCA), we're excited to bring the Fitset Ninja Mobile Obstacle Course to Coach Hill Fields (6840 Coach Hill Rd SW) from July 14 to 20.

Get ready for action-packed fun where your kids can

run, jump, climb, and conquer the course - all while building confidence and a growth mindset!

There Will Be Three Options Available:

- Registered Morning Program July 14 to 18 (Ages 6 to 14 at \$5 per day)
- Free Afternoon Community Drop-In July 14 to 18 (Ages 5 and up)
- Free All-Day Weekend Drop-In July 19 to 20 (Ages 5 and up)

About Fitset Ninja

Safety First: All coaches are trained in safety procedures and certified in First Aid.

Inclusive Fun: Every child is welcome — regardless of fitness level or ability.

Growth Mindset: Fitset Ninja teaches perseverance, confidence, and resilience through fun physical challenges.

More information available at wscr.ca.



Celebrate Stampede with Pulled Pork Tacos

As the Stampede rolls around, it's time to embrace the spirit of the Wild West with delicious food and festive gatherings. These flavourful tacos are not only easy to make but also incredibly satisfying, making them the perfect addition to your Stampede festivities!

Ingredients

- 3 to 4 lbs pork shoulder
- 2 tablespoons chili powder
- 1 tablespoon cumin
- 1 tablespoon smoked paprika
- 1 teaspoon garlic powder
- 1 teaspoon onion powder
- Salt and pepper, to taste
- 1 cup chicken or vegetable broth
- 1/2 cup barbecue sauce (optional)
- 12 corn or flour tortillas

Toppings

- · Shredded cabbage or lettuce
- Diced tomatoes
- Chopped cilantro
- Sliced jalapeños
- Avocado slices
- Lime wedges

Instructions

1. Prepare the Pork

Start by mixing the spices in a small bowl: chili powder, cumin, smoked paprika, garlic powder, onion powder, salt, and pepper. Rub this flavourful spice mix all over the pork shoulder.

2. Cook the Pork

Place the seasoned pork shoulder in a slow cooker and pour the broth around it. Cook on low for 8 to 10 hours or on high for 4 to 5 hours until the pork is tender and easily shredded.

3. Shred the Meat

Once cooked, remove the pork from the slow cooker and let it rest for about 10 to 15 minutes. Use two forks to shred the meat into bite-sized pieces.

4. Optional BBQ Glaze

For an extra kick of flavour, mix the shredded pork with barbecue sauce before assembling your tacos.

5. Assemble the Tacos

Warm the tortillas in a skillet or microwave. Fill each

tortilla with the shredded pulled pork and top with your choice of shredded cabbage, diced tomatoes, cilantro, jalapeños, and avocado. Serve with lime wedges on the side for a zesty finish.

Perfect for Your Stampede Celebration

These Pulled Pork Tacos are not only delicious but also easy to prepare ahead of time. You can focus on enjoying the festivities and spending time with friends and family. Pair them with a side of black beans or corn salsa for a complete meal that will keep everyone satisfied.



Free Community Outdoor Summer Programs

by The City of Calgary

Fun and free programs and activities are coming to communities across Calgary this summer.

Parents can bring their children to both structured and open play opportunities, featuring games, arts, crafts, entertainment, and educational experiences.

Youth can learn leadership skills and critical thinking in our LEAD programs.

Calgarians of all ages can stay active and have a blast at our mobile skateparks, nature activities, and tennis/pickleball courts.

Programs include Stay n' Play, Park n' Play, Mobile Adventure Playground, Mobile Skate and Scoot Spot, and more. Find more information at calgary. ca/free.

Create a Beautiful and Resilient YardSmart Yard This Spring!

by The City of Calgary

A YardSmart yard stays beautiful longer during hot and dry weather compared to yards completely planted with grass. The City's YardSmart program provides helpful resources that show you how to how to plan, build, and maintain your yard, including:

- Layouts and plant lists for all over your yard wet, full sun, partial sun, and shade areas.
- Easy to follow information on planting, watering, and maintenance.
- How-to videos including how to garden on a budget and creating a pollinator-friendly yard.

Remember, new plants need lots of water to get established, especially during the heat of summer. You can do your part to reduce your water consumption and help your yard and garden retain moisture by:

- Installing a rain barrel to use in your yard and garden.
 It is a simple, yet effective way to reduce your water use by acting as a backup source of water.
- Only giving plants the water they need.
- Mowing less often to keep your grass five to seven cm (two to three inches) high to shade the soil.
- Replacing portions of your lawn with garden features that use less water and help absorb rainwater such as low water-use perennials and shrubs, lawn alternatives, or groundcovers.
- Adding good quality soil to help retain moisture and mulch on top to reduce evaporation.

To learn more about how to create a beautiful, resilient yard and garden that uses less water, visit calgary.ca/YardSmart.



Register to Vote in Calgary's General Election in October

by The City of Calgary

Calgary's General Election will take place on October 20, 2025, and eligible voters can check if they are registered, update their information or add themselves to the Permanent Electors Register until August 1, 2025.

Visit www.voterlink.ab.ca or call Elections Alberta toll free at 310-0000 then dial 780-427-7191.

If you miss the opportunity to register or update your information in advance, you can register at the voting station during Advance Vote (October 6 to 11) or on Election Day (October 20). Information about Calgary's upcoming General Election, including voter eligibility can be found at www.electionscalgary.ca.





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*Guarantee is being offered by Greater Property Group. Terms and Conditions apply.

WEST SPRINGS COMMUNITY **REAL ESTATE ACTIVITY**

		Properties		Media	n Price
		Listed	Sold	Listed	Sold
May	25	44	21	\$875,000	\$845,000
April	25	50	22	\$836,950	\$849,000
March	25	47	25	\$899,900	\$895,000
February	25	24	17	\$759,900	\$710,486
January	25	20	9	\$725,000	\$725,000
December	24	13	11	\$598,000	\$588,400
November	24	18	20	\$629,950	\$627,500
October	24	25	16	\$707,000	\$693,250
September	24	21	19	\$789,900	\$772,500
August	24	28	17	\$819,900	\$850,000
July	24	24	22	\$694,450	\$685,000
June	24	22	19	\$600,000	\$605,000

To view more detailed information that comprise the above MLS averages please visit wsp.mycalgary.com

COUGAR RIDGE COMMUNITY REAL ESTATE ACTIVITY

		Prope	erties	Media	n Price
		Listed	Sold	Listed	Sold
May	25	29	10	\$772,450	\$757,500
April	25	11	6	\$882,500	\$864,000
March	25	9	6	\$798,944	\$805,250
February	25	4	4	\$937,450	\$937,575
January	25	11	10	\$759,900	\$764,250
December	24	4	4	\$911,950	\$888,750
November	24	6	9	\$750,000	\$778,000
October	24	8	11	\$799,900	\$802,000
September	24	11	6	\$834,450	\$845,000
August	24	4	2	\$584,450	\$584,000
July	24	12	12	\$732,000	\$726,250
June	24	11	9	\$700,000	\$751,000

To view more detailed information that comprise the above MLS averages please visit cgr.mycalgary.com



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FOR THE SOLUTION

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WESTSPRINGS | **COUGAR RIDGE MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

LANDSCAPING & WINDOW CLEANING: Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+Member of BBB. Licensed and Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

K2 BOOKKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium-sized businesses. Competitive Rates | Twenty years Experience with QuickBooks and Simply Accounting, GST, Payroll, WCB, Filing, and T4 Filings. Phone Katie 403-870-0737.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

BUSINESS CLASSIFIEDS

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WESTSPRINGS | **COUGAR RIDGE PAINTER:** Experienced Calgary Painter - Transform your space with precision and style! Our professional painting services bring life to your home. Skilled in interior and exterior projects. Affordable rates with top-quality results. Contact Jonathan for a free estimate at 403-561-4338. Your trusted choice for a fresh, vibrant look. www. fivestarpainting.com.

ARROWHEAD LANDSCAPING: Weekly and biweekly lawn care starting at only \$38/ea. Complete landscaping services - garden beds, patios, stone work, sodding, decking, pergolas. Power raking and lawn cleanup from \$120. Local operator in West Calgary. Also servicing acreage homesites in Springbank, Elbow Valley, and Bearspaw. Text/Call 403-370-7503 or visit www.arrowheadcalgary. com for complete service lists and pricing.

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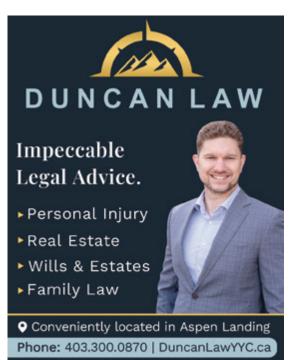
PERFECTION PRUNING: Have you been noticing that your trees and shrubs are in need of some care and attention? We can help make your yard look beautiful again! Experienced arborist with excellent climbing, pruning and removal skills. Free quotes and 100% satisfaction guaranteed! Call or text Caleb at 403-660-7475. www.perfectionpruning.com.

ST. MARTIN'S ANGLICAN CHURCH: 1009 Prominence Way SW in Patterson Heights. Sunday service at 10:00 am (in-person and live-streamed). Mid-week service on Wednesdays at 2:00 pm. ESL conversation on Tuesdays will return in September. Sandwich making for Alpha House on Wednesdays at 1:00 pm.











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