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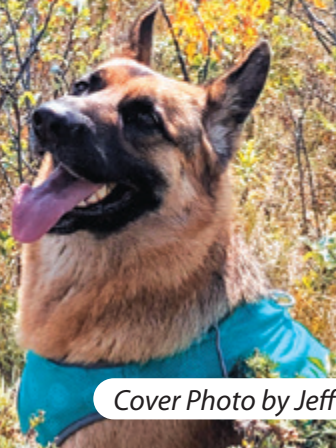
THE OFFICIAL WOODLANDS & WOODBINE COMMUNITY NEWSLETTER

**KIDS' HALLOWEEN  
PARTY**

**OCTOBER 29**

**CRAFT SALE**

**NOVEMBER 4**



*Cover Photo by Jeff Irvine*

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# Community Office Hours

Monday to Friday:  
1:00 to 4:00 pm or by appointment  
Closed on statutory and civic holidays

## Community Office Staff

Facility Manager Sue Larson  
Office Administrator Erin Lackie

**Phone:** 403-238-1611  
**Address:** 1991 Woodview Drive SW  
Calgary, AB T2W 5E5  
**Email:** wca@woodcreekcommunity.ca  
**Website:** www.woodcreekcommunity.ca



# Woodcreek Community Association Executive Board of Directors and Other Contacts

Representatives can be reached through the WCA Office at 403-238-1611 or wca@woodcreekcommunity.ca.

## BOARD POSITION

President	Keith Cartmell
First Vice-President	Jennifer Hogg
Second Vice-President	Leanne Long
Treasurer	Anne Christopoulos
Secretary	Katie McLeod
Past President	Cheryl MacLeod

## OTHER CONTACTS

Police Liaison	Andrew Clarke
St. Jude School Liaison	Gillian Murray
Woodbine School Liaison	Pooja Sharma
Woodlands School Liaison	Pam Ashcroft

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Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

## WCA Board Meetings

At the Woodcreek Community Centre at 7:15 pm.

Everyone is welcome to attend.

If you wish for your name to be added to the meeting agenda, please contact Keith Cartmell at 403-238-1611.

### Next Meeting:

October 3, 7:15 pm

SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

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**WOODLANDS**





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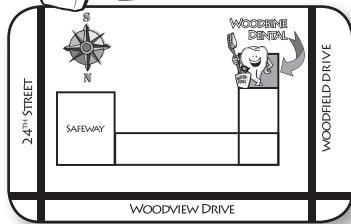
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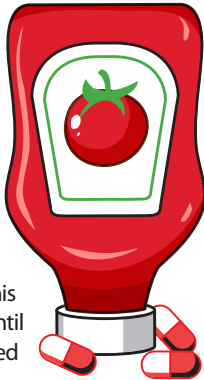
**www.woodcreekcommunity.ca  
(403) 238-1611**

## Mark Your Calendar! Upcoming Events

October 3	WCA Board Meeting
October 29	Kids' Halloween Party
November 4	WCA Craft Sale
November 17	Tween Dance
November 28	AGM

## The Medicinal Condiment

Ketchup is one of the most popular condiments in Canada, with 87% of us having a bottle in our fridge! But did you know that ketchup was once thought to have healing properties? In the 1830s, Dr. John Cook Bennett claimed that it could cure indigestion and jaundice and sold his recipe in pill form. It wasn't until the 50s that such claims turned out to be false.



## EXECUTIVE MESSAGE



Happy fall to all our Woodcreek neighbours!

With summer now a distant memory, it is time to start looking ahead to the next couple of months in and around Woodcreek. At the community centre,

we will be hosting another spooky time at the Annual Children's Halloween Party on Sunday, October 29, and then the Tweens can look forward to dancing the night away on November 17. After a successful garage sale in September, we now shift to the craft sale, which will be held on November 4.

November also brings around our Annual General Meeting. If you are interested in joining the board, please reach out to the office for more information on available positions. We would love to welcome some new faces around our board table! All members holding a current membership at the time of the meeting are eligible to vote.

Our pantry has had a pretty big facelift, so we hope to be able to better serve the community over the winter. Thank you to all the volunteers who helped with the transformation and who continue to work on the upkeep.

While the cold and snow seem like they are still far away, it won't be long until the rink is being prepared for the upcoming skating season. We have a dedicated team of volunteers who work to start and keep this ice in pristine condition, but we can always use extra hands. If you want to help out this year, please contact the office.

Please continue to support us with the purchase of your annual membership; it really does make a difference.

For all of the most up to date information, please watch for our newsletter, delivered monthly to each household, or become a member and receive an online version as well!

*Leanne Long*

2nd Vice President





FEDERATION OF  
CALGARY COMMUNITIES

## Halloween Trick-or-Treating Tips

*A message from the Federation of Calgary Communities*



Halloween can be a fun and exciting event for kids (and adults). Follow along below for some informative tips to increase safety on October 31.

### Trick-or-Treating Tips

#### Residents:

- Turn on outdoor lights and replace burnt-out bulbs.
- Clear a path from the road to your front door and remove any potential obstacles or tripping hazards.
- Keep your pets safe. Confine animals indoors away from the unfamiliar (and spooky) guests at the front door.
- Beware of potential food allergies; consider alternative goodies.
- If you're driving, be cautious of Goblins, Ghouls, and Ghosts out and about in your neighbourhood.

#### Parents:

- Costumes should be short enough to avoid tripping.
- Having your child wear light-coloured clothing or reflective tape will help them be better seen by drivers.
- Create an easy-to-follow route with your children and teenagers.
- Travel in groups of three or four. Young children should be accompanied by a responsible adult.
- Practice crosswalk safety. Make your way up one side of the street and cross to the other side looking both ways; don't crisscross back and forth.
- Double-check your child's goodie bags to ensure everything is safe to eat.

For more resources, check out the Federation of Calgary Communities website at [www.calgarycommunities.com](http://www.calgarycommunities.com).



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## A HALLOWEEN DISGUISE

Halloween costumes have been around for over 2,000 years! This tradition began with the Celtic festival of Samhain, which marked the end of harvest season. It was believed that on October 31, spirits could walk the Earth. To honour the spirits and keep themselves safe by blending in, Celts donned disguises made of animal heads and skin.



### Unofficial National Food



Some claim that donuts are Canada's 'unofficial national food.' This is probably because we have the highest concentration of donut shops per capita. If that isn't enough, we also consume the most donuts per capita compared to any other country in the world!

## Programs at WCA This Fall!

### **Ballroom and Latin Dance Classes for Adults and Children**

Dima Levita and Sasha Antonova (Levita Dance)  
403-613-5070

### **Beavers**

Jamie Delorme  
403-462-5597

### **Bravo Circus Classes for Kids**

Ages 3 to 13 years  
Maria Chekmareva  
587-894-0675 or maria@bravocircus.ca

### **Friday Prayers for Muslims**

Dr. Mahmood  
403-708-1055

### **Gateway Victory Church**

Pastors Rowan and Mara Fraser  
403-816-1684 (call/text)

### **Girl Guides**

Barb Augustyn  
403-251-5169

### **Karate for Children and Adults**

Hermann Pirela 5th degree Black Belt (Tanabe Dojo)  
403-880-0992

### **Kokodo Jujutsu**

Jujutsu for Adults  
John Berzai  
403-968-9836 or <https://www.kokodoyyc.com>

### **M & D Dance Academy**

Marissa and Desiree Lanoire  
403-473-3252 or 587-438-4725

### **Miniature School of Ballet & Dance**

Alya  
<http://miniatureballet.com>

### **Move N Mingle**

Alberta Health Services  
403-955-1554 or 403-863-7708

### **Parents and Tots**

Up to 4 years  
Megan Cocciolo  
[megan.cocciolo@gmail.com](mailto:megan.cocciolo@gmail.com)

### **Play Makers: A Preschool Program**

Tara Gladun  
[admin@playmakerscalgary.com](mailto:admin@playmakerscalgary.com)

### **Scouts**

Jamie Delorme  
403-462-5597

### **Seniors' Bridge/Cards**

Ken Barrie  
403-281-5556

### **Seniors' Fitness (Move & Groove)**

Nancy Ehle  
403-238-1611

### **Seniors' Group**

Chairperson – Anne Bundgaard  
403-238-1611

### **Seniors' Knitting Group**

Sandy Keating and Pat Konoff  
403-238-1611

### **Southwest Seniors**

Dancing and live music  
Larry Newell  
403-281-0715 or [lwnewel@hotmail.com](mailto:lwnewel@hotmail.com)

### **Tai Chi**

Christine Tao  
403-238-1611

### **Therapeutic Yoga for Hips, Shoulders, and Back**

Rosemarie Bartschak  
403-607-5806 or [yoga4community.com](http://yoga4community.com)

### **Vanshaw Academy of Irish Dance**

Stephanie Henshaw  
[vanshawacademy@gmail.com](mailto:vanshawacademy@gmail.com) or [vanshawirishdance.ca](http://vanshawirishdance.ca)

### **Woodcreek Gardening Association**

Ross Snyder  
[gardener@woodcreekcommunity.ca](mailto:gardener@woodcreekcommunity.ca)

### **Zumba Dance Fitness**

Rita Olsen  
403-401-0090







# Kids' Halloween Party

**SUNDAY OCTOBER 29, 5:30 - 7:00 PM**

**GAMES, HAUNTED HOUSE, CRAFTS & TREATS!**

**PLEASE BRING A FLASHLIGHT AND A BAG FOR GOODIES!**



**A COMMUNITY MEMBERSHIP IS REQUIRED**



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## Halloween Safety

from Alberta Health Services



The members of Calgary's Partners for Safety: Calgary's Child Magazine, AHS EMS, Calgary Police, Fire, 911, Bylaw, and Transit would like to remind parents and trick-or-treaters of some Halloween safety tips as October 31 approaches. Partners for Safety vehicles will be out patrolling communities on Halloween night to provide a visible safety resource for parents and trick-or-treaters.

### Trick-or-Treaters

- Remember: All regular pedestrian rules still apply. Be sure to cross the road at marked crosswalks, or well-lit corners only. It is safest to work your way up one side of the street, and then cross once to the other side.
- Avoid houses that are not well lit. Do not accept rides from strangers or enter any home you feel is unsafe.
- Let your parents know where you are going to be at all times (route) and advise them if you will be late returning.

### Parents

- Be certain that young trick-or-treaters are accompanied by an adult. Older children should stay in groups.
- Pre-determine boundaries to trick-or-treat within and establish a firm time to return home.

- Advise children not to eat anything until they return home. Dispose of any items that appear to have been tampered with, or that are not properly wrapped.

### Costumes

- Choose bright coloured costumes that are highly visible. Adding reflective tape to costumes further increases visibility.
- Consider sending your children with a flashlight for additional safety and increased visibility.
- When purchasing or making costumes, look for materials and accessories that are labeled flame-resistant.
- All costume accessories, such as sticks, rods, or wands, should be soft and flexible, with no sharp edges.
- Consider using hypoallergenic make-up kits instead of masks that may impair breathing, or vision.
- Be sure costumes are loose enough to be worn over warm clothing, but not so long that they become a tripping hazard. Costumes should not be longer than your child's ankles.
- Ensure your child is wearing adequate footwear that takes into consideration weather conditions and walking.





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# Tween Dance

Ages 9 - 13

Friday, November 17

7:00 - 9:00 pm

Event will be chaperoned. No re-entry.

\*No outside food, drinks or glowsticks please

\*No tickets sold at the door

[www.woodcreekcommunity.ca](http://www.woodcreekcommunity.ca)

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# AGM MEETING

## Woodcreek Community Association AGM

Tuesday, November 28 at 7:15 pm

1991 Woodview Drive SW

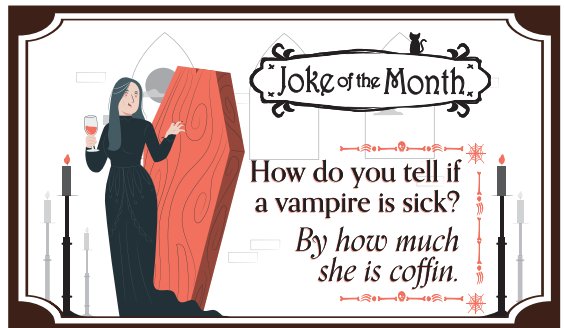
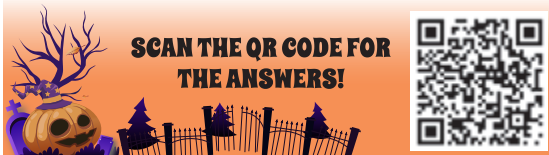
This would be the perfect time to come out and join our board. We would love to add some new faces around the table. Please make sure your membership is up to date.

Members must be in good standing to vote.

### GAMES & PUZZLES

#### Halloween Edition

1. In the 1800s, these immigrants brought the tradition of Halloween to the US.
2. Based on Stephen King's novel, this 2017 film is the highest grossing horror movie of all time.
3. The two Ms in M&M's candy-coated chocolates stand for \_\_\_\_\_ and \_\_\_\_\_.
4. In the *Halloween* film series, a mask of this *Star Trek* character was spraypainted and worn by serial killer Michael Myers.
5. Jack-o'-lanterns were originally carved out of \_\_\_\_\_.
6. Stephen Clarke holds the Guinness World Record for fastest carved pumpkin, completing it in \_\_\_\_\_ seconds.



### SOYBEANS

Soybeans are one of the few legumes with all nine essential amino acids, meaning that they're a 'complete' source of protein. In the body, amino acids build muscle, carry nutrients, boost our immune system, and fuel chemical reactions. With uses within and outside the food industry, it's no surprise that this crop is gaining popularity!

# FRIENDS *of* Fish Creek



## Show Your Love for Fish Creek This October!

The Friends of Fish Creek invite you to take part in our 4th Annual 'I Love Fish Creek' online fundraiser! The Friends is a registered charity based in Fish Creek Provincial Park and we rely on donations, memberships, program fees, sponsorships, and fundraising efforts to support our work in this park. The 'I Love Fish Creek' fundraiser will take place from October 1 to 31, and we invite you to show your support for Fish Creek by participating in this unique campaign. We have a variety of exciting ways for you to get involved this month including a silent auction and 50/50 raffle!

Pick up your I Love Fish Creek 50/50 raffle tickets for a chance to win as much as \$10,000! You can feel comfortable making a wager knowing that your contribution will be used right here in Fish Creek Provincial Park. Check out our online silent auction to bid on a wide variety of items like gift certificates, health and beauty products, household goods and services, and much more! You can also donate any amount and receive a valuable tax receipt. Even a modest contribution would go a long way in helping us to reach our goal of \$20,000. Please support Fish Creek Provincial Park through this fundraiser and help ensure that future generations can enjoy this park as much as we do today, and long into the future.

Whether you show your support by donating, bidding on silent auction items, or purchasing raffle tickets, you can be sure that your contribution will be used effectively and efficiently right here in Fish Creek Provincial Park. For more information, please visit <https://friendsoffishcreek.org/programs/love>.

## Volunteers Needed – Park Restoration and Willow Harvesting

Would you like to volunteer to support Fish Creek Provincial Park this month? The Friends need volunteers to help with our restoration and conservation projects. Work with the Friends as we gather live willow cuttings to be planted at

restoration sites in the park. We are also looking for volunteers to take part in riparian restoration projects, which will involve constructing restoration site fencing, planting vegetation in the newly fenced area, and watering newly planted vegetation. To sign up or for more information, please visit <https://friendsoffishcreek.org/volunteering-basics>.

## Fish Creek Ambassadors Needed – Bow Valley Ranch Visitor Centre

Do you enjoy speaking with people and sharing your knowledge about Fish Creek Provincial Park? The Friends need volunteers to help with the Fish Creek Ambassador program at the Bow Valley Ranch. This is an indoor administrative volunteer role, volunteers work in pairs, each shift is about 3.5 hours, and all training will be provided. Fish Creek Ambassadors assist park visitors and collect information that will allow us to better understand how the Visitor Centre is being used and how often. Please consider volunteering as a Fish Creek Ambassador to help support the Fish Creek Provincial Park, community members, and even visitors from afar. For more information about the Fish Creek Ambassador program, please contact Kumiko Kamiike, Visitor Services Coordinator, at [kumiko@friendsoffishcreek.org](mailto:kumiko@friendsoffishcreek.org).



## Senior Moments

The Woodcreek Seniors' meetings are scheduled for the first and third Tuesday of each month and begin at 9:30 am. We are extending an invitation to seniors in the community to attend one of our meetings. Come, meet us, have a coffee, and see what the group can offer. We welcome all seniors to our group. If you are interested in joining, please contact the Woodcreek Community Association at 403-238-1611 for a WCA membership.

- October 3, 2023 – Meeting and Bingo
- October 5, 2023 – Deerfoot Casino
- October 17, 2023 – Meeting and Musical Entertainment (TBA)
- October 31, 2023 – Lunch Bunch (Location TBA)
- November 4, 2023 – Woodcreek Craft Sale – Seniors Baking Tables

### Other Weekly Senior Programs Are:

- Knitting and Crochet Group – Meets on Monday at 1:00 pm
- Bridge – Meets on Tuesday at 1:00 pm

For further information, please contact Anne, Chairperson at 403-238-1611 or akbund954@gmail.com, or Sandy, Vice-Chair at woodcreekseniors826@gmail.com.



## Good Food Box

The Good Food Box Program is a program under the Community Kitchen Program of Calgary whereby anyone can purchase boxes of fresh fruits and vegetables at an affordable price.

Each Good Food Box contains a combination of fruits and vegetables. The content varies monthly, due to seasonal availability.

### Pricing and Sizes

New pricing began on August 1, 2023 - see below.

- Small: \$30 for 15 to 20lbs
- Medium: \$35 for 25 to 30lbs
- Large: \$40 for 35 to 40lbs

\*Please note weights are approximate.

Orders are placed monthly through the Woodcreek Community Association office and can be made in person, over the phone, or online. Payment is due at the time of ordering and no refunds can be issued.

Order By 4:00 pm	Pickup Date (1:00 to 5:00 pm)
October 9	October 18
October 30	November 8

## 401 Woodcreek Scouts

Registration for January to December is now open online on myscouts.ca. We've had some great summer adventures including canoe camps in Cubs and Scouts and a week-long camp with the Venturers doing zip lining, horseback riding, whitewater rafting, and hiking. We are always looking for volunteers to help run the programs and training is provided. For questions about the program, call Laura at 403-281-1929.

# Word of the Month

**Arcane: adjective (aar-kayn)**  
 Mysterious, obscure, or understood by few.  
 "He had an arcane knowledge of Vedic astrology."



## Traffic Safety

As school doors open and people are back from holidays, traffic gets a little heavier on our community streets. Read our safety tips to help share the roads safely.

**Motorists - Observe Posted Speed Limits:** These vary on roadways throughout our community. Slowing down and being prepared to stop is crucial to keeping our kids and residents safe. The default unposted speed limit is 40 km/hr. Drivers must stay at or below that speed on any road that does not have speed limit signage.

**Pedestrians - Demonstrate Safe Crossing Habits:** Cross only at marked crosswalks, or street corners that have clear visibility from all directions. Make eye contact with drivers before crossing the street. At intersections with pedestrian lights, cross only when you see the “walk” sign and when cars have come to a complete stop. When using crossing lights in our community, activate and pause to ensure motorists come to a complete stop.

**All Stay Engaged:** Avoid use of mobile devices or engaging in other behavior that diverts your attention. Always be alert to your surroundings.

Pedestrians and motorists both have an important role to play. Road safety is a shared responsibility.



## Flame-Proof Your Kitchen: Fire Prevention Week Puts Safety on the Front Burner!

*from the City of Calgary*

As autumn begins to set in and the cozy scent of comfort foods fills the air, we're reminded of the joys of cooking in our kitchens. With the joy of cooking, it's essential to remember our responsibility for fire safety.

This year, from October 8 to 14, the Calgary Fire Department (CFD) is proud to observe Fire Prevention Week with the theme, “Cooking safety starts with you. Pay attention to fire prevention.”

Cooking-related incidents are the leading cause of indoor fires and injuries in Calgary. The CFD urges everyone to prioritize safety in the kitchen.

Never leave cooking unattended and set a timer to remind yourself. If you must leave the kitchen, turn off the burners.

Turn pot handles away from the stove's edge. Keep a lid and oven mitt nearby to smother small grease fires.

Maintain a one-meter “kid- and pet-free zone” around cooking areas. This includes tripping hazards such as toys.

### Additional tips and reminders:

- Keep flammable items away from the stovetop.
- Educate children about hot objects to prevent scalding injuries.
- Grill outdoors, away from structures, with a one-metre safety zone for children and pets.
- Use microwave ovens safely; avoid extension cords and open food cautiously.
- Avoid cooking when tired or after consuming alcohol or medication.

Follow these tips to keep your homes and loved ones safe. Together, we can ensure our kitchens remain places of joy and comfort, free from the risk of fires.

For more information, visit [calgary.ca/firepreventionweek](http://calgary.ca/firepreventionweek) or call 3-1-1.

## Pan Fried Salmon with Beans Almondine

by Jennifer Puri

Our modern Pacific Salmon appeared four to six million years ago and have been part of the spiritual and cultural identity of the Indigenous people of the Pacific Northwest for centuries. Salmon is part of their social network, their history, and their employment. Generally associated with long life and wisdom, the salmon is also a primary food source for the Indigenous people and considered an important gift of food from the Creator.

Chinook or King salmon is the largest species, averaging 30 lbs, though there are some that could weigh as much as 100 lbs. On the opposite end of the scale, Pink salmon weigh less than 5 lbs.

Classified as an oily fish, salmon is a popular food choice due to its rich, buttery flavour. It is also considered to be healthy and is high in protein, Omega 3 fatty acids, and Vitamin D content. The Omega 3s in salmon can help protect our skin from the aging effects of the sun, decrease inflammation, and support brain, eyes, and heart health.

Wild salmon is overall better for health, particularly Pacific Salmon of which there are five types in North America – Chinook, Coho, Chum, Sockeye, and Pink.

The flesh of fresh salmon fillets should be orange or bright pink in colour with no darkening, discolouration, or drying around the edges. Salmon should appear moist rather than dried out as dryness is an indication that the fish is old or was not handled correctly.

**Prep Time:** 12 minutes

**Cook Time:** 12 minutes

**Servings:** 4

### Ingredients:

- 4 5oz salmon fillets with skin
- 3 ½ tbsps. of extra virgin olive oil
- Rock salt to taste



- Coarse black pepper to taste
- 1 lb cooked whole green beans
- 4 shallots, finely chopped
- 2 garlic cloves, finely chopped
- ½ cup sliced almonds
- ¼ cup lemon juice
- 3 tbsp honey
- 1 tbsp Dijon Mustard
- ½ cup extra virgin olive oil

### Directions:

- Season salmon fillets with salt and black pepper. Over medium heat, warm 2 tbsp of olive oil in a large non-stick skillet. Add the salmon fillets skin side up and cook for about 4 minutes. Turn fish over and cook for an additional 5 minutes or until skin is crisp.
- Prepare citrus dressing by combining lemon juice, honey, half the chopped shallots, ½ tsp each of salt and black pepper, and ½ cup of olive oil in a small bowl. Mix well and set aside.
- Prepare beans almondine: In a frying pan or wok, sauté garlic and remaining shallots in 1 ½ tbsps. of olive oil for a couple of minutes. Add cooked green beans and cook for another couple of minutes. Add sliced almonds and salt and pepper to taste and cook for two minutes or until beans are warmed through.
- Place cooked salmon fillets on plates and top each one with a little citrus dressing. Serve with beans almondine and a side of Spanish or coconut rice if desired.

Bon Appétit!



## Changes to Green Cart Collection This Fall: What You Need to Know

from the City of Calgary

Starting in November, green cart collection will be once every other week, resuming weekly in the spring. Here's what you need to know:

- **Fill Your Green Cart First:** Leaves, branches, grass, and plants can go directly inside the green cart. If it's full, use paper yard waste bags for extra waste.
- **Extra Yard Waste Bags:** Place them at least 0.5 meters (2 feet) away from your cart. Roll the tops closed to prevent spills, and make sure you can lift the bag with one hand.
- **No Plastic Bags:** They are not allowed in your green cart.

### Do You Have Too Much Yard Waste?

You can drop off yard waste free of charge at any landfill from Friday, September 22, 2023, to Saturday, November 4, 2023.

Check your schedule at [calgary.ca/collection](http://calgary.ca/collection) and sign up for reminders.

Visit [calgary.ca/waste/drop-off/yard-waste](http://calgary.ca/waste/drop-off/yard-waste) for more information and make your yard clean-up a breeze!



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## WCA Community Pantry

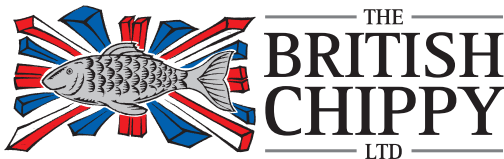
After many months of hard work, our new permanent pantry is ready!

A few things to know: The doors are operated by a button. They will open when you push the button, and close automatically after a short time. If you are finding the door to not be functioning properly, please reach out via text to Naomi at 403-880-8320.

Please follow the donation rules posted in the pantry.

We are so thankful for all the support our community, volunteers, and grant funders have shown for this pantry and hope that it will continue for years to come.

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## Fall of the Leaf

In Canada and the US, the season between summer and winter is typically called 'fall'. In the UK, the term 'autumn' (derived from the French word 'automne') is preferred. However, up until the 17th century, the UK also used the term 'fall' as it comes from the Old English word 'feallan,' which means the "fall of the leaf."

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# Fall Candle Care: How to Prevent Tunneling

by Evermore Handmade, Local Candle Business

Fall is a popular time for candlelight and cozy nights in, which means dusting off your candle collection. You might notice that some have developed a deep “tunnel” around the wick, making it difficult to light. Tunneling also shortens the life of your candle as only the wax in the centre of the candle will burn down.

Here are a few easy ways to prevent or fix tunneling so you can enjoy your favourite candles this season:

### Prevention

When you light a candle for the first time, allow it to burn long enough to melt all the way to the edges of the candle jar. This ensures an even burn for the duration of your candle's life as wax has a “memory” so to speak. The first burn sets the tone for subsequent burns and will help you get the most burn-time out of your new candle.

If you find that your candles are constantly tunneling, despite letting the wax melt to the edges of the jar, consider buying higher quality candles. Most candles on the market are made of paraffin wax (a toxic byproduct of petroleum) and are more predisposed to tunneling. Higher grade waxes like coconut, soy, or beeswax burn cleaner, longer, and more evenly.

### The Fix

If you have an old candle that's already tunneling, here are two easy ways to fix it:

1. Set your oven to 80°C (176°F) then remove anything flammable from your candle, such as labels or string. Once the oven is hot, place your candle on a baking tray for five minutes. This should heat the entire surface of the wax, making it smooth. With oven mitts, remove the candle and let it cool before lighting it.
2. Wrap aluminum foil around the top of your candle and angle it inwards like a dome. Ensure that the flame is far enough away from the foil and that there is still a hole to vent air. The foil will help the wax to heat up evenly. Keep a careful eye on your candle until the top layer of wax has melted, leaving a smooth surface, then remove the foil.

With these easy steps, you can enjoy your candles this season without any tunneling. If this article helped you, be sure to share it with a friend or loved one!

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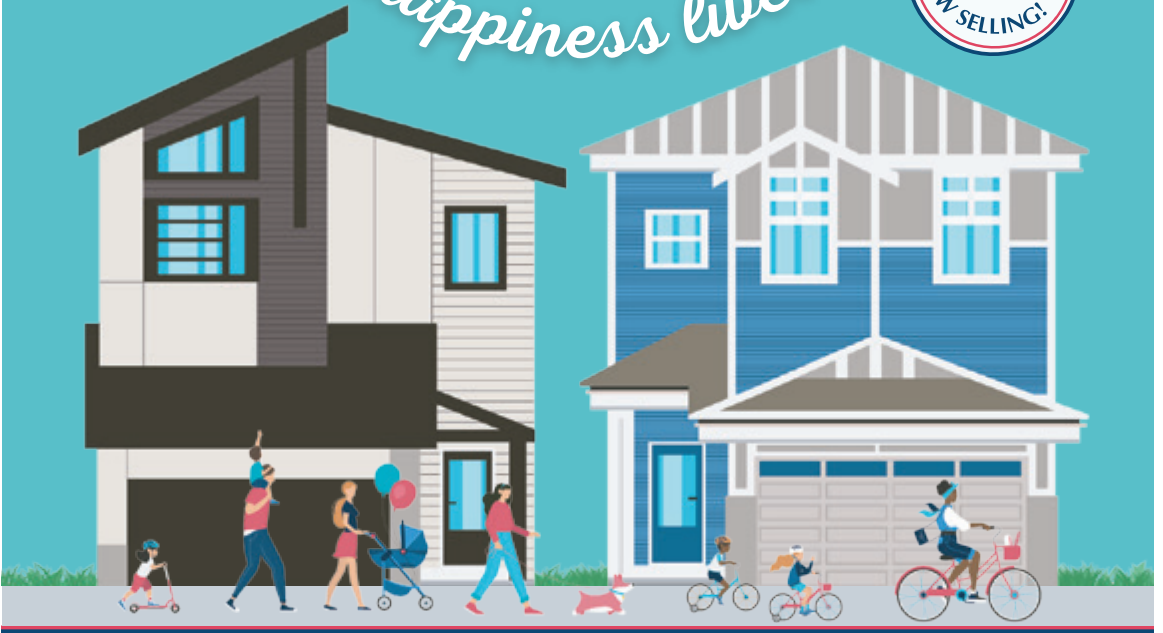
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