

APRIL 2025

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THE OFFICIAL WOODLANDS & WOODBINE COMMUNITY NEWSLETTER

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Cover Photo by Keith Cartmell



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### WOODLANDS COMMUNITY REAL ESTATE ACTIVITY

### WOODBINE COMMUNITY REAL ESTATE ACTIVITY

	Properties		Median Price	
	Listed	Sold	Listed	Sold
February 25	10	10	\$544,900	\$562,500
January 25	7	2	\$364,950	\$394,950
December 24	1	4	\$607,450	\$594,000
November 24	7	6	\$654,450	\$645,000
October 24	5	7	\$534,900	\$525,000
September 24	11	8	\$547,500	\$545,000
August 24	9	9	\$599,900	\$590,000
July 24	15	14	\$634,900	\$637,500
June 24	18	18	\$607,450	\$610,000
May 24	9	7	\$599,900	\$627,500
April 24	7	8	\$390,000	\$397,500
March 24	7	9	\$399,900	\$450,000

	Properties		Median Price	
	Listed	Sold	Listed	Sold
February 25	4	4	\$520,000	\$540,000
January 25	4	2	\$516,450	\$515,250
December 24	0	4	\$762,450	\$740,000
November 24	5	14	\$712,450	\$692,500
October 24	20	18	\$599,450	\$599,800
September 24	17	12	\$664,900	\$651,500
August 24	18	14	\$714,900	\$709,250
July 24	7	6	\$627,200	\$625,000
June 24	18	16	\$687,450	\$680,000
May 24	17	14	\$635,000	\$640,250
April 24	15	18	\$647,400	\$671,750
March 24	16	15	\$655,000	\$645,000

To view more detailed information that comprises the above  
MLS averages, please visit [wood.mycalgary.com](http://wood.mycalgary.com)

To view more detailed information that comprises the above  
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**WOODBINE**

**WOODLANDS**

MANY OTHER PACKAGES AVAILABLE!

# BATHROOM RENOVATION SALE

## SUPREME ULTIMATE

- Remove all old materials from bathroom and job site
- Supply & install new acrylic soaker tub
- Supply & install new toilet with soft close seat
- Supply & install new Delta pressure balance taps
- Supply & install new showerhead & diverter spout
- Supply & install new mold-resistant board
- Supply & install new tile to ceiling
- Supply & install one corner caddy & soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink
- Supply & install new Delta vanity tops
- Supply & install new drain system & pop-up stopper

**ABSOLUTELY NO HIDDEN COSTS**

*Some restrictions may apply. Reg: \$15,679*

**SALE \$11,679**

*Limited Supplies*

## SUPREME TUB TO SHOWER CONVERSION

- Remove all old materials from bathroom and job site
- Supply & install one custom shower stall 60" x 30"
- Supply & install new water resistant board
- Tile Schluter base
- Supply & install new tile to ceiling
- Supply & install custom shower doors
- Supply & install new Delta pressure balance taps
- Supply & install new toilet with soft close seat
- Supply & install new corner caddy with soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink

**ABSOLUTELY NO HIDDEN COSTS**

*Some restrictions may apply. Reg: \$17,789*

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# Woodcreek Community Association Executive Board of Directors and Other Contacts

Representatives can be reached through the WCA Office at 403-238-1611 or [wca@woodcreekcommunity.ca](mailto:wca@woodcreekcommunity.ca).

BOARD POSITION	
President	Keith Cartmell
First Vice-President	Jennifer Hogg
Second Vice-President	Simone Bourque
Treasurer	Anne Christopoulos
Secretary	Sue Barter
Past President	Cheryl MacLeod
Gardening Association Coordinator	Ross Snyder
Woodcreek Seniors Representative	Anne Bundgaard
Community Pantry	Naomi Burkinshaw
Community Betterment	Don Lauweryssen
Event Coordinator	Nicole Matheson
Raffle Coordinator	Leanne Long
Casino Coordinator	Ayesha Shaikh
Tree Canopy Improvement	David Varga
Police Liaison	Joshua Heuberger
Director at Large	Scott Eden
Director at Large	Tom Ward
Director at Large	Katie McLeod
Director at Large	Andre Ortiz
Director at Large	Kathy Thirsk

OTHER CONTACTS	
Communications	Sue Larson/ Erin Lackie
Development Liaison	Linda Mulligan
Youth Events Coordinator	Tara Gladun
Events Coordinator	Cassandra Morano
Stampede Breakfast Coordinator	Carole Davis
Mini Basketball Program	Kat Macaulay
St. Jude School Liaison	Carolyn Grabill
Woodbine School Liaison	Pooja Sharma
Woodlands School Liaison	Pam Ashcroft

## WCA Board Meetings

Get involved! Make a difference!

Upcoming 2025 Meeting Dates:

- May 6
- June 3
- September 9
- November 4

Meetings start at 7:15 pm. Everyone is welcome to attend!




**Get the Latest Woodcreek News to Your Inbox!**

Scan to subscribe to our NEW monthly newsletter!



## Cover Photo

Do you have a photo that would make a great cover for the *Woodcreek Chronicle*? Email it to [wca@woodcreekcommunity.ca](mailto:wca@woodcreekcommunity.ca).



# Community Office Hours

**Monday to Friday:**  
**1:00 to 4:00 pm or by appointment**  
**Closed on statutory and civic holidays**

## Community Office Staff

Facility Manager Sue Larson  
Office Administrator Erin Lackie

**Phone:** 403-238-1611  
**Address:** 1991 Woodview Drive SW  
Calgary, AB T2W 5E5  
**Email:** wca@woodcreekcommunity.ca  
**Website:** www.woodcreekcommunity.ca



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## GAMES & PUZZLES

### Guess the Flower!

1. This flower's colour depends on the acidity of the soil.
2. Named after the Greek messenger of the gods, this flower comes in nearly all colours of the rainbow except red.
3. Despite misconceptions, this spring-blooming bulbous plant is not officially the Dutch national flower.
4. This prickly pink plant became Alberta's floral emblem in 1930.
5. The national flower of South Africa belongs to one of the oldest families of flowering plants on Earth – approximately 300 million years!
6. This flower's Greek name, Galanthus, translates to "milk flower".



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# EXECUTIVE MESSAGE



Hello Woodcreek!

Our police liaison, Cst. Chad Rausch attended our recent board meeting. I'm pleased to report that our crime statistics are significantly down compared to the same period last year and the overall running average. This includes reductions in car thefts, car prowlings, and break-and-enter incidents. However, it's important to remember that these statistics only reflect what is reported to the police. They base their activities on this data, so we urge everyone to report even minor crimes, as it may help resolve more serious cases.

In emergencies, people know to call 9-1-1 for the appropriate response from police, fire, or ambulance services. For non-emergency situations, there are several options:

- Non-emergency phone line: 403-266-1234 for all public safety matters and reports of crimes not in progress.
- Online reporting: Visit Calgary Police Service's online reporting page for incidents such as damage to property, lost property, theft, car prowlings, attempted stolen vehicle, theft of credit/debit cards used in fraud, and break-and-enter into unlocked premises other than residential.
- Non-injury auto collisions: These can be reported in person at the local district office. For us, that is District 6, located at 8325 Bonaventure Drive SE.

Some of you may have heard about recent incidents in our community. Our shed near the tennis courts was broken into, although nothing of value was stolen, and two small windows in the main doors to our hall were smashed by a vandal, though they did not gain entry. These incidents required emergency repairs to secure the doors, and service calls for actual repairs and replacements. While the costs are frustrating as they detract from funds for other services, they weren't significant enough to justify an insurance claim. Both incidents were reported to the police, who responded promptly.

If you haven't signed up for our Easter Egg Hunt on Saturday, April 12, from 1:00 to 3:00 pm, please do so if you'd like to attend. It's always a lot of fun for the kids. Tara and her crew will be organizing it again this year.

We are continuing to move forward with the Community Betterment initiative, aligning these activities with our existing WCA services and activities. This initiative aims to build relationships and trust among residents, promoting communication channels for items of interest to immediate neighbours. We are still gathering people interested in participating and exploring potential communication avenues. Currently, Keith and Don are leading this initiative, but we are looking for someone to take it on. I'd be delighted to take an interested person out for coffee to discuss it in more detail.

Additionally, the next Good Food Box order is due on May 5, with pick-up scheduled for May 14. Don't miss out on this opportunity to get fresh produce at a great price! Our spring Community Cleanup will be held on Saturday, May 24.

*Keith and Jen*

President and 1st VP

## Mark Your Calendar! Upcoming Events

April 4	Paint Night
April 12	Easter Egg Hunt
May 24	Community Cleanup
May 30	Tween Glow Party
June 21	Woodcreek Car Show
July 5	Stampede Breakfast

## PLUMBER



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## TAKE ON WELLNESS

### Vaping and Youth

*by Alberta Health Services*



Vapes or e-cigarettes are one of the most popular ways of consuming substances such as nicotine, cannabis, or chemical flavouring among youth. This trend has spiked over the years due to marketing around it being “safer” than cigarettes. What we do know is that any use of vaping can cause harm.

There is still a lot more information needed but below is what we do know when addressing vaping among youth.

#### **Educate Yourself and Others**

You do not have to be an expert on the topic but it's important to understand the basics and have access to knowledge on the facts and where to access supports and resources.

#### **Educate Children and Youth**

We want schools and natural supports to teach and implement lesson plans as soon as possible. At home we want to share the facts, have open conversations about safety, and support healthy choices. There are free lesson plans and information for different age ranges so you can have the conversations in ways that make sense to them!

#### **Focus on Prevention**

To help reduce rates of use among youth we need to implement effective prevention strategies that teach life skills, involves young people that are led by young people, and connect youth to the community. This helps strengthen core social competencies such as problem solving, decision making, and critical thinking.

Have open conversations about vaping with the young people in your life. This will help build relationships and trust so if there are questions, you are the person they will lean towards!

# Why Buy a Membership to the Woodcreek Community Association?

## Community

Membership fees are invested into delivering quality programs and supports the operational needs of our community centre and its grounds in Woodlands and Woodbine.

## Feel Connected and Informed

Helps you meet others in your community, as well as keeps you informed about important activities and community news.

## Events

Attend community events such as dances, children's parties, family skates, Stampede Breakfast, and a growing list of events and activities, either free or at a discount.

## Enjoy Sport Facilities

A variety of sport facilities are available year-round, including basketball, skateboarding, tennis, pickleball, outdoor lit rinks for public skating, hockey, and lacrosse.

## Voting

Membership allows you to vote on community issues at the Annual General Meeting. (Not available for Non-Resident Memberships).

## Receive Support

The community association provides representation and input for Woodcreek residents with the City of Calgary and/or community planning.

## Facility Rentals

The community centre offers fantastic hall and meeting space for public programs and activities, meetings, and family events and gatherings. Members receive a 10% discount for bookings.

## Free Services

Join with your neighbours and participate in community initiatives such as our Community Cleanup Day, Seniors Groups, and Gardening Club.

Support your community, purchase a WCA membership today!

## Cats, Canines, & Critters of Calgary



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# COMMUNITY CLEANUP & RECYCLE DAY SATURDAY, MAY 24

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**9:00 AM - 2:00 PM**

**SHREDDING ON SITE FROM 9 AM - 1 PM**

**COST: Community Members - FREE  
Non-members - \$15 CASH ONLY**

The City of Calgary provides packer trucks free of charge. WCA provides all other services, which require payment or a membership

Memberships available for purchase at:  
[www.woodcreekcommunity.ca](http://www.woodcreekcommunity.ca)

**ITEMS ACCEPTED: Household refuse, electronics, metal, bagged clothing, paint, tires, batteries**

\*We will accept items listed as long as we have space

**(NO Fridges or large appliances, BBQ's, concrete, gas lawnmowers, mattresses, propane tanks, or fencing)**

**THE SWAP TABLE IS BACK!**

\*The Woodcreek Community Association reserves the right to decline any material not suitable for removal

## PROGRAMS AT WCA

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### **Friday Prayers for Muslims**

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### **Gateway Victory Church**

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### **Scouts**

Scouter Tammie  
scoutertammie401@gmail.com

### **Seniors' Bridge/Cards**

Ken Barrie  
403-281-5556

### **Seniors' Fitness (Move & Groove)**

Nancy Ehle  
403-238-1611

### **Seniors' Group**

Chairperson – Anne Bundgaard  
403-238-1611

### **Seniors' Knitting Group**

Sandy Keating  
403-238-1611

### **Southwest Seniors**

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### **Step Classes**

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### **Vanshaw Academy of Irish Dance**

Stephanie Henshaw  
vanshawacademy@gmail.com or vanshawirishdance.ca

### **Woodcreek Gardening Association**

Ross Snyder  
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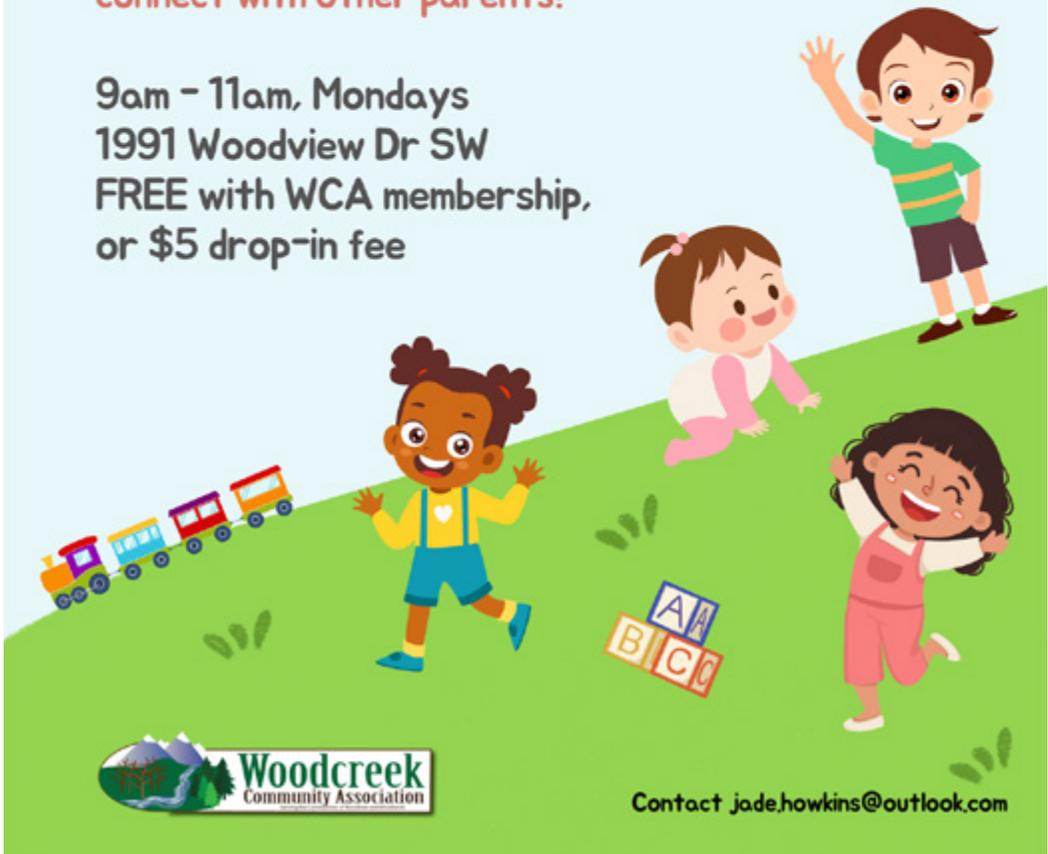
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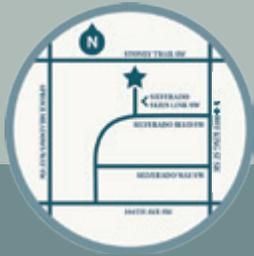
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## Your Dining Guide



## FRESH & LOCAL MARKET+KITCHENS IN AVENIDA VILLAGE

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& LOCAL  
MARKET+  
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# AWARD-WINNING FOOD INNOVATION

## Dining Guide:

Here's a quick guide to our award-winning culinary kitchens and food artisans by popular menu and product categories.



### RETAIL STORES

<b>Farmers Markets</b>	Fresh & Local Market + Kitchens
<b>Florists and Flower Shops</b>	Petal Aura
<b>Gourmet Food Shops</b>	Fresh & Local Farm Store, The Mercantile
<b>Grocery Stores &amp; Local Produce</b>	Fresh & Local Farm Store

### RESTAURANTS. BAKERIES & CAFES

<b>Asian Restaurants</b>	Expat Asia, Nan's Noodle House, Bee The BanhMi, Rustic Plate
<b>Pub and Alcohol Service</b>	Sips Wine and Beer, Tipzy Cow Creamery
<b>BBQ</b>	Nice to Meat You Korean BBQ
<b>Breakfast Restaurants</b>	The J Spot, Pranzo Italiano, QueChivo, Rustic Plate, Expat Asia
<b>Burgers</b>	The J Spot
<b>Caterers</b>	Expat Asia, Mestizo, Lola's, The J Spot, Rustic Plate, Krooked Provisions, QueChivo
<b>Chicken Restaurants</b>	Lola's Cluck & Oink, Sabor A Perú, Expat Asia
<b>Coffee</b>	Coffea Cafe
<b>Colombian</b>	Colombian Cravings
<b>Cookies</b>	Oh Delirium YYC
<b>Dessert</b>	Blissquisite, Sabor A Perú, Tipzy Cow Creamery, Oh Delirium YYC, Istanbul Kitchen, Coffea Cafe
<b>Donuts</b>	Sprinkles & Co.
<b>European Restaurants</b>	Krooked Provisions
<b>Filipino</b>	Siomai Queen Filipino Street Food, Lola's Cluck & Oink
<b>Fish and Chips</b>	Rustic Plate
<b>Fries</b>	The J Spot, Rustic Plate
<b>Fusion Restaurants</b>	Expat Asia, Shawarma Rebolusyon, Rustic Plate
<b>Gluten-Free</b>	Arepas, Expat Asia, QueChivo, Mestizo, Ruben's Kitchen
<b>Hawaiian</b>	The J Spot
<b>Ice Cream</b>	Tipzy Cow Creamery, Istanbul Kitchen
<b>Indian Restaurants</b>	A Touch of India, Chai Stories
<b>Italian Restaurants</b>	Pranzo Italiano

<b>Japanese Restaurants</b>	Rustic Plate, Oishidesu Ramen Shack
<b>Korean Restaurants</b>	Rendezvous Korean Cuisine, Nice to Meat You
<b>Central American Restaurants</b>	QueChivo Salvadoran Street Food
<b>Mediterranean Restaurants</b>	Shawarma Rebolusyon, Flour & Fire, Istanbul Kitchen
<b>Mexican Restaurants</b>	Ruben's Kitchen, Mestizo, Blissquisite
<b>Middle Eastern Restaurants</b>	Shawarma Rebolusyon, Flour & Fire, Istanbul Kitchen
<b>Noodles</b>	Nan's Noodle House, Oishidesu Ramen Shack
<b>Pasta</b>	Pranzo Italiano
<b>Pastry</b>	Oh Delirium YYC
<b>Peruvian</b>	Sabor A Perú
<b>Pizza</b>	Pranzo Italiano
<b>Poutine</b>	Poutine
<b>Ramen</b>	Oishidesu Ramen Shack
<b>Salsa</b>	Ruben's Salsa
<b>Salvadoran</b>	QueChivo Salvadoran Street Food
<b>Sandwiches and Subs</b>	Krooked Provisions, Primal Soups, Blissquisite
<b>Seafood</b>	Rustic Plate, Bangkok Kitchen, Rendevous, Sabor A Perú
<b>Soup</b>	Primal Soup Company
<b>South American Restaurants</b>	Arepas Ranch, Sabor A Perú
<b>Specialty Coffee</b>	Coffea Cafe
<b>Sushi</b>	Zushi
<b>Thai Restaurants</b>	Bangkok Kitchens
<b>Vegan &amp; Vegetarian</b>	Nan's Noodle House, Shawarma Rebolusyon
<b>Venezuelan</b>	Arepas Ranch, Oh Delirium YYC
<b>Vietnamese Restaurants</b>	Bee The BanhMi
<b>Wings</b>	Expat Asia, Lola's Cluck & Oink



**EVENTS**

**LIVE Music**

**THURSDAY, FRIDAY & SATURDAY**  
5:30pm – 7:30pm

Call 403.475.4155 ext 6 for reservations



**SEAFOOD Festival**  
SATURDAY APR 26

A FRESH LOCAL-MIDWAY KITCHENS

**RIB Test**  
SATURDAY MAY 24

**CALGARY STREET FOOD FESTIVAL**  
EAT LOCAL  
SAT - JUNE 28

WORKING OFF A SUMMER SLUMPING FOOD SPIRAL

**Seafood Festival**  
Saturday, April 26

**RIBfest**  
Saturday, May 24

**Calgary Street Food Festival**  
Saturday, June 28

# AWARD-WINNING FOOD INNOVATION



**Arepas Ranch**  
403-918-3177



*Great portions, great food.* The Venezuelan dishes at Arepas Ranch satisfy any food craving and will bring you to new horizons of culture and flavour.

## Menu Highlights

- ★ **Empanadas Operadas:** A classic dish from Venezuela
- ★ **Patacon Pisao:** Green plantain sandwich stuffed with meat.

**PLATINUM**  
Best Latin American  
Restaurant

**GOLD**  
Food Truck

**GOLD**  
Caterers

**SILVER**  
Home Cooking

**SILVER**  
Tapas



**A Touch of India**  
403-971-2579



This family-owned and operated business offers authentic Indian cuisine, with familiar Indian favourites that continue to impress and intrigue.

## Menu Highlights

- ★ **Butter Chicken:** Gluten-friendly tandoori marinated chicken breast, soft and warm with a creamy tomato sauce.
- ★ **Samosas:** Fresh and made daily.

**PLATINUM**  
Best Indian Restaurant



**Bangkok Kitchen**  
825.558.6950

*Thai street food you can't put down.* Variation with a commitment to food that will make you happy and full. Bangkok Kitchen offers green curry, red curry, spring rolls, chicken satay and many more familiar favourites.

## Menu Highlights

- ★ **Tom Yum Soup:** Gluten-free chicken or shrimp with lemongrass, lime leaf, galangal, mushroom and cilantro. It truly is yummy.
- ★ **Basil Fried Rice**

**PLATINUM**  
Best Thai Restaurant



### Bee The BanhMi

Authentic Vietnamese fresh rolls and BanhMi. Our culinary commitment is to elevate the Vietnamese food scene in YYC. Everything is made fresh to order.

**PLATINUM**  
Best Vietnamese Restaurant

**GOLD**  
Noodles

**SILVER**  
Sandwiches and Subs



**Blissquisite**  
403-852-5496



Passionate and gratifying, this Mexican style restaurant creates gourmet delights. A family-run business committed to creating a delicious experience. Sandwiches, cheesecakes, Mexican corn and salsa – you will be coming back for more.

### Menu Highlights

- ★ **Milanesa Torta:** This award-winning Mexican steak sandwich is a culinary experience that gives you a seat at Mama Luz Maria's kitchen table.
- ★ **San Sebastian Cheesecake:** Decadent, creamy, and crustless.

**PLATINUM**  
Best Desserts

**SILVER**  
Latin American Restaurant

**SILVER**  
Mexican Restaurant

**SILVER**  
Sandwiches and Subs



**Chai Stories**  
403-918-8147

A door to the authentic flavours of South India, Chai Stories brings the rich aroma and comforting flavours of freshly brewed tea and coffee to your palate. Every taste is smooth and energizing. Come for the re-creation of South Indian tea culture. A place to share stories and laughter over cups of coffee and tea.

Try their dosa (savoury Indian crepe) and idli (savoury rice cake)! Come for warmth and tradition in every sip.

**GOLD**  
Indian Restaurant

# AWARD-WINNING FOOD INNOVATION



**Coffea Cafe**  
403.918.8147



## COFFEA CAFE

— fresh coffee · fresh bites —

Experience the rich aroma and flavour of freshly roasted coffee, paired perfectly with delectable desserts at Coffea. From cakes to brownies, every bite is a treat for your taste buds!

**PLATINUM**  
Best Specialty Coffee

**GOLD**  
Dessert

**GOLD**  
Cafés and Coffee Shops



## Colombian Cravings

Experience bold flavours at Colombian Cravings. Enjoy antojos (street snacks) like Cuban sandwiches, hot dogs, pandebonos (cheese balls/empanada) and wash it down with deliciously cold Colombian guava, pineapple and passionfruit juices. Homemade tolimense tamales are perfect for lunch, dinner or to go. Try their pandebonos waffle. Dairy and gluten-free options are available.



**Expat Asia**  
403-899-2742

expat.asia

What a year for Expat Asia! As winner in multiple categories they are clearly doing it right. The father-son duo provides you with over 30 years' experience in Asia, with dishes inspired from Singapore, Indonesia, Japan, Korea and Malaysia.

### Menu Highlights

- ★ Crack & Cauli
- ★ Pork Belly Meal

**PLATINUM**  
Best Asian Restaurant

**PLATINUM**  
Best Brunch

**PLATINUM**  
Best Chicken Restaurant

**PLATINUM**  
Best Caterers

**PLATINUM**  
Best Fusion Restaurant

**PLATINUM**  
Best Wings



**YOUR YEAR-ROUND FARMERS MARKET 4X VOTED BEST GROCERY STORE**



**FRESH & LOCAL FARM STORE**  
IN AVENIDA VILLAGE

Find local food here. Shop for local ingredients from our collection of 275 producers of eggs, dairy, fresh vegetables & fruit, beef, chicken, pork, and groceries. Pay ZERO tariffs on locally grown and produced food. We've always been fashionably fresh and reliably local.

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Located next to the Collective Beer Store  
426, 12445 Lake Fraser Drive SE, Calgary  
403.475.3155

OPEN Thu – Sat 11am-8pm; Sundays 11am-5pm

**PLATINUM** Best Local Produce **PLATINUM** Best Grocery Store







### Flour & Fire Mediterranean Delights

Indulge in freshly baked delights at the Mediterranean bakery, Flour & Fire. Warm flaky pastries including flatbreads such as za'atar, muhammara, savoury falafels and mouthwatering sandwiches that hit the spot. Every bite is crafted with tradition and love.

Visit us today and experience the authentic flavours of the Mediterranean.



### Istanbul Kitchen

Tasty Turkish style dishes that will indulge your senses. Your journey to Istanbul starts here.

Dine on signature dishes like beef kebab, chicken and donair wrap, meatball plate, delicious snacks, vegan stuffed grape leaves and eggplant dip.

Try the honey cake.

**Istanbul Kitchen**  
587-998-2117

**GOLD**  
Middle Eastern Restaurant

**GOLD**  
Mediterranean Restaurant

**SILVER**  
Ice Cream

**BRONZE**  
Tapas

# AWARD-WINNING FOOD INNOVATION



**The J Spot**  
403-971-2508



It's clear at first glance that each ingredient of the meals at The J Spot have been carefully and expertly placed to create what voters are calling the best burger joint in town. Fine-dining quality, classic comfort food you must try.

## Menu Highlights

- ★ **Best Burger & Fries in Calgary**
- ★ **Mochiko Sandwich**



**Krooked Provisions**  
lyndon@krookedlucys.com



Family-operated business Krooked Provisions offers you the handmade Eastern European classics of sauerkraut and perogies. Uniquely delicious with a Western twist prepared by Red Seal chefs.

## Menu Highlights

- ★ **Lucy Dawg:** Mennonite sausage, swiss cheese, honey habanero aioli, arugula, pineapple-ginger sauerkraut salsa. You will be thinking about it for days to come.
- ★ **Pan-Fried Brussels Sprouts**



**Lola's Cluck & Oink**  
587-877-2253



Familiar foods with worldly taste, upscale, tender and worth it. Lola's Cluck & Oink brings grilling to an elevated place. A dynamite mix of pork and chicken recipes!

## Menu Highlights

- ★ **Sisig:** Chopped pork or chicken with sizzling onions and green chili. Classic and creamy Manila options you can recall with pleasure.



JAMIE  
NEWTON | RE/MAX  
REAL ESTATE ASSOCIATES FIRST

The #1 Selling Team in  
Woodbine & Woodlands\*



\*2024 CREB data listings sold in WB+WL

403-589-2421    [kirsten@jamienewton.ca](mailto:kirsten@jamienewton.ca)

# Why do sellers in Woodbine & Woodlands choose us?



## 1. Expertise

- Skilled & experienced negotiators + proper home preparation secures our sellers **top dollar offers**

## 2. Professional Marketing

- **We captivate buyers** with high-end photos, aerial shots, virtual tours & multichannel marketing

## 3. Our Results\*

- **2,000+** clients served
- **#1 team** at RE/MAX FIRST
- **#1 team** in the South Calgary Zone
- **#5 RE/MAX team** in Western Canada

\*2024 Calgary Real Estate Board + RE/MAX Canada data



403-589-2421



JAMIE  
**NEWTON**   
REAL ESTATE ASSOCIATES

RE/MAX  
FIRST



[kirsten@jamienewton.ca](mailto:kirsten@jamienewton.ca)

# Our customer experience yields winning results. Why?

✓ **Personalized solutions tailored to you.**

Your success is our priority

✓ **Advocacy & professionalism.**

Guiding you with expertise & commitment

✓ **Clarity & Transparency.**

You will have total confidence in the process

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**The Mercantile**  
403-860-8794



Showcasing a wide selection of premium products from over 50 different vendors, there is something for everyone. Whether you are entertaining a party or cooking a new recipe, the Mercantile will impress you with their selections of pantry, meat, dairy and condiment products.

- Vendor Highlights:**
- ★ Irving's Pork Products
  - ★ Rustic Sourdough Bakery



**Mestizo Mexican Street Food**  
587-586-0125



Authentic Mexican cuisine, you can taste the difference. Fresh ingredients, technique and care are what make Mestizo a staple in the food business. Incredible food is what you will find here. Catering available.

**Menu Highlights**

- ★ Assorted Tacos
- ★ Enchiladas



**Nan's Noodle House**  
(north doors)

Nan's Noodle House is a 100% plant-based Asian Kitchen and Market. Our chefs serve up delicious, heart-healthy, plant-based food with passion and creativity. Nan's also carries a variety of plant-based frozen soups, curries, buns, and proteins in one convenient stop.

**Menu Highlights**

- ★ Laksa
- ★ Black Garlic Ramen
- ★ Lemongrass Banh Mi



# AWARD-WINNING FOOD INNOVATION



Since 2022  
**NICE TO MEAT** YOU  
 BBQ & MARKET

**Nice to Meat  
 You Korean BBQ**

Nice to Meat You Korean BBQ serves fantastic meals time and time again. Treat yourself with thick, juicy cuts of meat, dumplings, steamed rice, noodles and vegetables.

## Menu Highlights

- ★ **Glass Noodle Box:** A new addition, these delicately cooked glass noodles with barbequed meat are a taste sensation.
- ★ **Meat Lovers:** A classic carnivorous pleasure.

**PLATINUM**  
 Best BBQ

**GOLD**  
 Korean Restaurant



**Oishidesu  
 Ramen Shack**  
 587-966-4744

**OISHIDESU RAMEN SHACK**  
 RICE BOWL • RAMEN • POKE BOWL

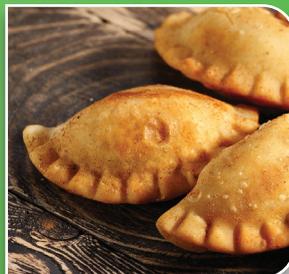
*"Without noodles, there would be chaos and darkness"* is their mantra. The food here lights up the faces of your friends and family with gluten-free and vegan options.

## Menu Highlights

- ★ **Build Your Own Ramen:** A chicken, beef, or pork option, with four vegetable choices. Vegan choices are also available.
- ★ **New Broth Additions:** Shoyu and miso options, along with chicken/pork & mushroom

**GOLD**  
 Noodles

**SILVER**  
 Japanese Restaurant



**Oh Delirium YYC** (north doors)  
 403.891.4058

A family-operated Venezuelan bakery that's been popular at summer farmers markets. They specialize in Latin pastries and baked products like empanadas, pastelitos, tequenos plus customer special event cakes, thousand layer cake, crème brûlée, profiteroles, and tiramisu. Custom cakes for every occasion.

**PLATINUM**  
 Best Pastry

**GOLD**  
 Cookies

**SILVER**  
 Cakes

**SILVER**  
 Dessert



### Petal Aura Floral

403.926.0479

New full-service florist shop at Fresh & Local will brighten up every room with colour and cheer. In just 10 minutes, they will create your own custom bouquet that sends the message you want. Look at their new terrariums, available in so many sizes. Call to order.

**PLATINUM**

Best Florists and Flower Shops



**Pranzo Italiano**  
587-707-0098



Fresh, handmade, skillfully curated meals at Pranzo Italiano are something you can brag about. Italian meals from scratch both fresh and frozen. Soups, pastas, salads, dips, antipasto, pizza, paninis and lasagna.

#### Menu Highlights

- ★ Roasted Lamb
- ★ Osso Buco
- ★ Spaghetti Bolognese

**PLATINUM**  
Best Pasta

**SILVER**  
Italian Restaurant

**SILVER**  
Pizza



**Primal Soup**  
403-454-5282



Constant variety and new products, Primal Soup menu items are all made from scratch and gluten-free. With vegan options and many cultural influences, there is something for everyone.

#### Menu Highlights

- ★ **Thai Coconut Chicken Soup:** Dairy and gluten-free with vegetables, chicken breast, rice vermicelli and more.
- ★ **Thai Coconut Red Curry Soup**

**PLATINUM**  
Best Soup

**GOLD**  
Sandwiches and Subs

# AWARD-WINNING FOOD INNOVATION



## QueChivo Salvadoran Street Food

403.472.9998



Specializing in the exquisite cuisines of El Salvador, the friendly faces at QueChivo bring wonder to the tamales, yuca frita, tacos, sweet plantain, pupusas and other foods you are sure to enjoy.

### Menu Highlights

- ★ **Pupusas:** Affectionately handmade
- ★ **QueChivo Bowls:** Steak, chicken, chorizo, keto and veggie bowls.



## Rendezvous Korean Cuisine

(north doors)

403-660-1681



With inviting service, presentation and taste, Rendezvous Korean Cuisine will amaze you with their menu and give you traditional Korean food with a Western twist.

### Menu Highlights

- ★ **Bibimbap:** Warm rice with meat, a sunnyside-up egg and vegetables presented beautifully with the right combination of flavours.
- ★ **Bulgogi:** Marinated slices of beef with egg and a variety of vegetables.
- ★ **Hot Stone Soup Bowls**



## Ruben's Kitchen



Inspired by my great-grandmother's vibrant kitchen, Ruben's Kitchen brings you cherished family recipes from the heart of Jalisco, Mexico.

Our dishes are crafted with fresh, locally sourced ingredients and enriched with authentic Mexican spices, creating an elevated culinary experience bursting with flavour. Every bite is a celebration of tradition, made for you to enjoy again and again.





**Ruben's Salsa**



Daily samples at Ruben's Salsa give you the opportunity to try a wide range of delicious salsa flavours. You can taste vegan, gluten-free, homemade Mexican style salsa with no preservatives! In salsa heaven they serve Ruben's Salsa. If you miss real salsa, this is the place to get it!

**PLATINUM**  
Mexican Restaurant



587.703.9673

### Rustic Plate: Croffles & French-Japanese Street Food

From refreshing cold noodles to warm and comforting Japanese tempura with a French twist, this one-of-a-kind food hub offers an unparalleled fusion dining experience of French and Japanese cuisine. The croffle—an irresistible croissant waffle—paired perfectly with indulgent melted Raclette cheese, adds a touch of decadence to your dining experience. Try our kid's menu.

#### Menu Highlights

- ★ Tempura Style Fish & Chips with hand-cut fries
- ★ Chicken Karaage
- ★ Smoked Brisket Croffle Sandwich
- ★ Tempura Noodle Bowl

**PLATINUM**  
Best Fish & Chips

**PLATINUM**  
Best Japanese Restaurant

**PLATINUM**  
Best Seafood

**GOLD**  
Fries

**SILVER**  
Fusion Restaurant



**Sabor A Perú**  
825-712-5522



The authentic and traditional Peruvian experience. Smiling and passionate service with skill and precision. Peru is represented and proud with the amazing food at Sabor a Perú.

#### Menu Highlights

- ★ AAA beef tenderloin sauteed with onions & tomatoes served with rice and fries
- ★ Pollo Relleno

**PLATINUM**  
Dessert

**GOLD**  
South American Restaurant

**GOLD**  
Chicken Restaurant

# AWARD-WINNING FOOD INNOVATION



**Shawarma Rebolusyon**  
825-863-0404



For avid fans and newcomers alike, Shawarma Rebolusyon takes the Mediterranean classic to new places with French, Western and Halifax style twists. Sweet and savoury, you will always be satisfied.

## Menu Highlights

- ★ **Surf Shawarma:** An innovative twist that includes breaded white fish fillet and all the familiar toppings.
- ★ **Poutine Shawarma**

**PLATINUM**  
Best Mediterranean

**PLATINUM**  
Best Middle Eastern

**PLATINUM**  
Best Poutine

**PLATINUM**  
Best Vegan

**PLATINUM**  
Best Vegetarian

**GOLD**  
Fusion Restaurant



**Siomai Queen Filipino Street Food**  
403-835-8790



Recipes perfected over many years, the food at Siomai Queen will remind you of the love and comfort of home. A popular street food across the Philippines, these pork dumplings are best washed down with a sago drink.

## Menu Highlights

- ★ **Dumpling Siomai:** Steamed or fried, chili garlic and soy lime sauce, you won't stop until you're full.
- ★ **Sago Drink**

**GOLD**  
Tapas

**SILVER**  
Take Out

**SILVER**  
Fast Food

**BRONZE**  
Asian Restaurant



**SIPS Wine & Beer**  
403-475-4155 ext 6

An inviting and enjoyable atmosphere with live music on weekends, Sips Wine & Beer provides Canadian craft beer and glasses of wine along with daily specials!

- ★ **Daily Special:** \$24 per 60oz pale ale jugs ALL DAY EVERY DAY, ideal for a group after a long day's work.
- ★ **Happy Hour Specials 3-5pm:**  
**Thursday:** \$2 off glasses of wine  
**Friday and Saturday:** \$5 draft  
**Sunday:** \$7 Mimosa, \$6 Caesars
- ★ **Live Music:**  
Thursdays, Fridays and Saturdays 5:30-7:30pm



**GOLD**  
Bars & Pubs



These hot summer delights and cold winter comforts are a dream come true. Readers be warned! Once you start eating their mini donuts you may not be able to stop! (Formerly Fantasy Donuts)

### Menu Highlights

- ★ **Donuts:** Jelly-filled, rainbow sprinkled, unicorn, rocky road and many more.
- ★ **Chocolate Churros:** Spanish inspired dessert dipped in chocolate and cinnamon.



**Sprinkles & Co.**  
403.890.0001  
403.926.7349



### Liquor infused ice cream? You heard right.

Frozen cocktails, boozy floats, sundaes, and dirty sodas – Tipzy Cow has ice cream that will make you go MOOOO. Try the Moo-lala, lime, coconut, and cream coke. Or the Shirley Moo, a little twist on the classic Shirley Temple.



**Tipzy Cow Creamery**



A wide selection of texture and powerful taste, Zushi's attention to detail gives you the prime opportunity to be in a joyous moment with a wide array of flawless sushi.

### Menu Highlights

- ★ **Fresh Spring Salmon Te-maki:** Served in a large piece of nori, this fresh salmon is topped with cucumber, sweet soy and chive.
- ★ **Shiitake Truffle**



**Zushi**  
403.764.7547

# AWARD-WINNING KITCHENS

## Experience great taste.



Our 2025 Fresh & Local Dining Guide is a menu of award-winning eating options. Use the Dining Guide to help you decide what to eat today. Our 40 culinary kitchens and food artisans have over 2,000 scrumptious items on the menu for you.

**Our Fresh & Local Culinary Chefs** continue to drive local food innovation for your taste buds.

**Thank you for voting the Fresh & Local Market + Kitchens as the best Farmers Market in Calgary for the 4<sup>th</sup> year in a row.**

We appreciate the amazing support that our local businesses and food artisans received from you in the Community Votes 2024 awards. The Community Votes awards program occurred in two voting stages: stage one, an extensive voting to nomination period; stage two, the voting period for Calgarians to determine the People's Choice Winners. Each Calgarian was limited to 1 vote per email address to avoid fraudulent ballot stuffing. In this "2025 Fresh & Local Dining Guide", we celebrate our culinary kitchens and market vendors who were nominated and won. Below each vendor description and signature food item(s), you will see a select list of awards and categories.

PLATINUM

GOLD

SILVER

BRONZE

Our culinary kitchens won recognition for best fish & chips, Asian fusion, burger & fries, chicken, wings, Mediterranean, Mexican, noodles, Italian, soup, Korean, BBQ, sushi, Eastern European, Hawaiian, Japanese, specialty coffee, donuts, sandwich, East Indian, desserts, Latin, home-cooked meals, South American, flowers, gourmet foods, vegetarian, vegan, ice cream, produce and grocery store.

**Come and join us for our brand of chef-inspired community get-togethers at the Fresh & Local Market + Kitchens in Avenida Village.**

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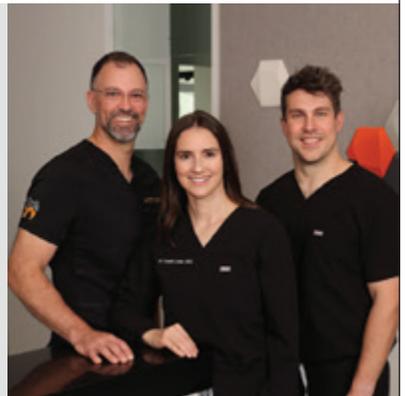
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 [westpeaksdentalsuite.ca](http://westpeaksdentalsuite.ca)





# GARDENING CLUB



THIRD SATURDAY OF THE MONTH  
10:00 AM - NOON



*Whether you're a seasoned gardener or just starting out, we invite you to join us for good conversation and friendship through gardening!*

For more information email Ross at [gardener@woodcreekcommunity.ca](mailto:gardener@woodcreekcommunity.ca)

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# WOODCREEK BOOK CLUB

**APR 30, 2025 · 7:00 PM · 1991 WOODVIEW DR SW**

Join us on the last Wednesday of each month to discuss the book of the month & meet new people in the community!

## OUR APRIL BOOK PICK:

*The Huntress*  
by Kate Quinn



### REGISTER AT:

[www.woodcreekcommunity.ca](http://www.woodcreekcommunity.ca)

### COST:

Free for WCA members & non-members.

Contact [wca@woodcreekcommunity.ca](mailto:wca@woodcreekcommunity.ca) or (403)238-1611 for more info.



## Good Food Box

The Good Food Box Program is a program under the Community Kitchen Program of Calgary whereby anyone can purchase boxes of fresh fruits and vegetables at an affordable price.

Each Good Food Box contains a combination of fruits and vegetables. The content varies monthly, due to seasonal availability.

### Pricing and Sizes

- Small: \$30 for 15 to 20lbs
- Medium: \$35 for 25 to 30lbs
- Large: \$40 for 35 to 40lbs

\*Please note weights are approximate.

Orders are placed monthly through the Woodcreek Community Association office and can be made in person, over the phone, or online. Payment is due at the time of ordering and no refunds can be issued. If you would like to donate a Good Food Box to our community pantry, please select 'donate a box' when ordering.

Order By 4:00 pm	Pickup Date (1:00 to 5:00 pm)
May 5	May 14
June 2	June 11
July 14	July 23
August 11	August 20

## Money, Money, Money

Did you know Canada's currency was once pounds, shillings, and pence? However, on April 14, 1871, Canada switched to dollars, cents, and mills. The mill (1/1000 of a dollar) never made it into circulation but was used for accounting purposes.



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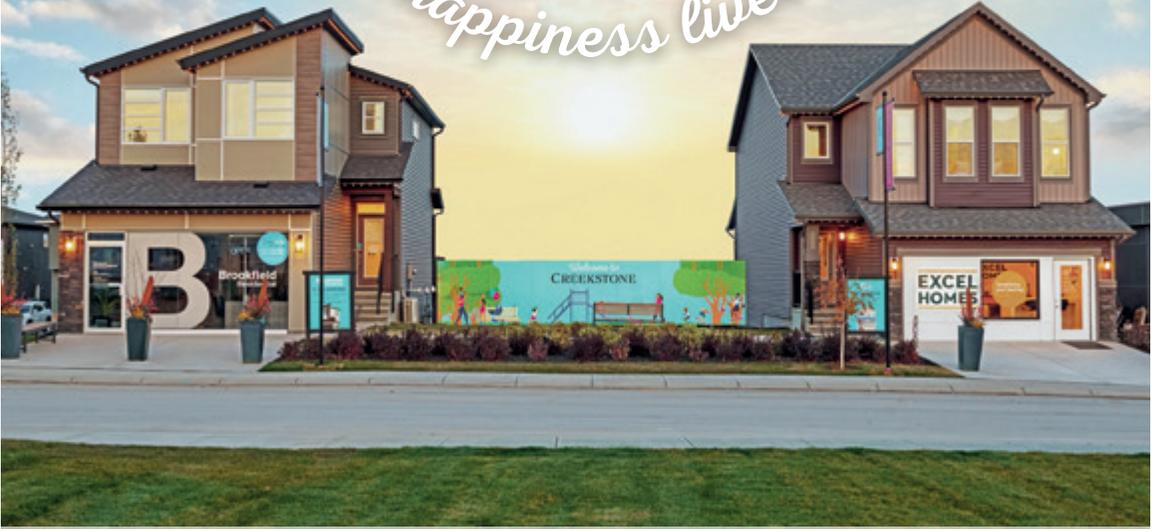


[www.jacksonjackson.ca](http://www.jacksonjackson.ca)

# CREEKSTONE

Your New Southwest Enclave

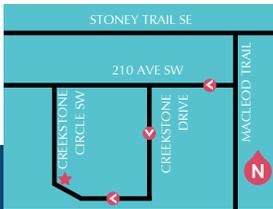
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*happiness lives*



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**Single-Family  
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# Woodcreek Racquet Memberships

Courts located at Woodborough Park.

The 2025 racquet season is almost here! To book the WCA courts, members require a current Woodcreek community membership plus a racquet membership. Early bird racquet memberships are now on sale for \$52.50 and will increase to \$63 after April 30. Please ensure that your WCA membership is up to date to receive further information on when the courts will open.

**Renew or Purchase Your Membership!**

**Single - \$15 + GST**  
**Family - \$25 + GST**

**Single Senior (over 60) - \$10 + GST**  
**Senior Family (both over 60) - \$15 + GST**  
**Business - \$20 + GST**

Woodcreek memberships are available for purchase online.  
[www.woodcreekcommunity.ca](http://www.woodcreekcommunity.ca)  
**(403) 238-1611**

**COSMIC TRUCE: THE ECLIPSE THAT STOPPED A BATTLE!**

On April 6, 648 BC, the Ancient Greeks recorded one of the earliest solar eclipses! Greek historian Herodotus described how the eclipse coincided with the battle between the Lydians and the Medes, scaring the armies into a truce. Talk about a cosmic peacekeeper!

## YOUR CITY OF CALGARY

# Collection Days Are Changing in April

by *The City of Calgary*

Starting April 22, many Calgary households will see blue, black, or green cart pick-up days moving to improve routes. These updates also align with the return of city-wide weekly green cart collection. The new collection schedules will be available on [calgary.ca/cartschedule](http://calgary.ca/cartschedule) by April 8. Check your schedule to:

- Find out whether your blue, black, or green cart pick-up day is changing.
- Know when your weekly green cart begins.

Collection schedule changes update automatically if you have signed up for reminders.

Did you know that The City provides free reminders for your blue, black, and green cart pick-up days? All you need to do is sign up! When it's time to put your carts out for collection, we'll send you a reminder. When you sign up, you will get:

- Instant access to your pick-up schedule.
- Notifications about any changes to your collection schedule.
- Useful tips for using your blue, green, and black carts.

### It's Easy!

Option 1: Go to [calgary.ca/cartschedule](http://calgary.ca/cartschedule).

- Type your address in the search box to view your collection days.
- Click on 'Get a reminder' to receive your preferred method. Choose to be notified by email, calendar, or phone, either the day before or the day of your collection.

Option 2: Download the Garbage Day App onto your phone.

- Available on the App Store or Google Play.
- Set notifications to remind you of your cart collection days.

Never miss another cart collection day again.



**Woodcreek**  
Community Association  
Serving the Communities of Woodbine and Woodlands

# EASTER EGG HUNT

Face painting, games + more!

**SAT. APRIL 12**

**1-3 PM**

Members:  
**FREE**

Non-members:  
**\$5 per child**

**Egg Hunt Times**

**1:30 PM : 0-3 years**

**1:45 PM: 4-7 years**

**2:15 PM : age 7+**

Non-perishable  
donations for our  
community pantry  
would be greatly  
appreciated!

**Registration is required**  
**No tickets sold at the door**  
**[www.woodcreekcommunity.ca](http://www.woodcreekcommunity.ca)**  
**403-238-1611**



# DISCREET & CONVENIENT TEETH STRAIGHTENING



*“Your Oral Health Is Our Priority”*



**COMFORTABLE:**

Custom-made for each individual, Invisalign aligners ensure a comfortable and snug fit, eliminating the potential for irritation or discomfort associated with traditional braces.



**PREDICTABLE RESULTS:**

Invisalign uses advanced digital technology to create a step-by-step plan for teeth movement, allowing individuals to visualize expected results before starting treatment for a predictable and controlled approach.



**INVISIBLE APPEARANCE:**

Invisalign offers a virtually invisible appearance due to its clear and transparent aligners, allowing individuals to undergo orthodontic treatment discreetly.



**SHORTER TREATMENT:**

In some cases, Invisalign may offer a shorter treatment duration compared to traditional braces, thanks to precise and personalized treatment plans.



**REMOVABLE:**

Invisalign aligners are removable, providing flexibility in eating and facilitating easier oral hygiene practices by allowing individuals to take them out for brushing and flossing.



**IMPROVED ORAL HEALTH:**

Being able to remove the clear aligners when necessary makes it easier to practice good oral hygiene like brushing and flossing. This can lead to a cleaner, healthier mouth and cut down on additional issues like mouth sores, cavities, bad breath, and tooth decay.



**GIVE US A CALL**  
(403) 271-2661



**EXPLORE OUR WEBSITE**  
[www.symmetrydental.ca](http://www.symmetrydental.ca)

• All services provided by a general dentist

## Participating Businesses

We thank the following businesses for their ongoing support of our community. See website for more information.

A Cut Above Lawn and Yard Services  
Accent Tile & Stone LTD  
Barron Electric  
CottageCare Calgary South  
DB Design Studio  
Faith Homecare and Supported Living  
Financial Fitness Paradigm  
Hailey's Paradise Nails & Spa - NEW LOCATION  
Kathy Thirsk - Realtor  
Lisa Laughton - Realtor  
Mann Bike Cave  
Play Makers Preschool  
Pur & Simple - Buffalo Run  
Shoppers Drug Mart – Woodbine  
SPA AQUA PRIMA  
Sylvan Learning of Mid-South Calgary  
Terrin Daemen - Realtor  
The Canadian Eatery  
Vanshaw Academy of Irish Dance  
Woodbine Chiropractic & Massage  
Woodbine Dental  
Woodbine Optometry  
Woodbine Safeway  
Woodlands Medical Clinic

## WOODCREEK SENIOR MOMENTS

It is with sadness that Woodcreek Seniors learned of the passing of a founding member and past president, Sheila Jahrig. Condolences are extended to Cec, her husband, and their family.

The Woodcreek Seniors' meetings are scheduled for the first and third Tuesday of each month, and meetings begin at 9:30 am. We are extending an invitation to seniors in the community to attend one of our meetings. Come, meet us, have a coffee, and see what the group can offer. We welcome all seniors to our group.

If you are interested in joining, please contact the Woodcreek Community Association at 403-238-1611 for a WCA membership.

- April 1 - Meeting and bingo
- April 8 - Meet for breakfast. Pur & Simple, 9:30 am
- April 15 - Meeting and entertainment. TBA
- April 29 - Lunch Bunch at Canadian Eatery
- May 6 - Meeting

For further information, please contact Anne, Chairperson, at 403-238-1611 or email [akbund954@gmail.com](mailto:akbund954@gmail.com), or Sandy, Vice-Chair at [woodcreekseniors826@gmail.com](mailto:woodcreekseniors826@gmail.com).

### Other Weekly Senior Programs Are:

- **Knitting and Crochet Group** - Meets on Monday at 1:00 pm. For further information, contact [missuskeating@gmail.com](mailto:missuskeating@gmail.com).
- **Bridge** - Meets on Tuesday at 1:00 pm. For further information, contact [kenbarrie@gmail.com](mailto:kenbarrie@gmail.com).



## Word of the Month

**Ebullient: adjective (ih-buhl-yuhnt)**

**Liveliness, enthusiasm,  
overflowing with excitement.**

**He was in quite an ebullient mood.**



**Woodcreek**  
Community Association  
Serving the Communities of Woodbine and Woodlands

# GLOW PARTY

**FOR TWEENS!**

**FRIDAY, MAY 30th, 7-9PM**

**CASH CONCESSION • DJ • GLOWSTICKS**

**MEMBERS \$6 • NON-MEMBERS \$9**

**RECOMMENDED FOR AGES 9-12**

**KIDS ONLY - FULLY CHAPERONED EVENT  
WITH NO RE-ENTRY**

**GET YOUR TICKETS BY MAY 29th AT:**

**[WWW.WOODCREEKCOMMUNITY.CA](http://WWW.WOODCREEKCOMMUNITY.CA)**

**NO TICKETS SOLD AT THE DOOR**

## Woodcreek on Wheels

Our second annual “Woodcreek on Wheels” Show & Shine is to be held on Saturday, June 21 from 11:00 am to 2:00 pm.

In support of this event, we are looking for community members or friends who have vintage, rare, or unusual vehicles that they would like to show off and share knowledge of. Vehicles will be showcased in the community hall parking lot where there are roughly 25 stalls available, anticipating room between for walking through. To ensure success, we ask that you register your vehicles. Registration can be done online at [www.woodcreekcommunity.ca](http://www.woodcreekcommunity.ca) under ‘Event Registration’ or by contacting the WCA office.

For questions and for volunteer opportunities, please contact Ruth at [hepburnr@shaw.ca](mailto:hepburnr@shaw.ca), Dianna at [adamsdianna825@gmail.com](mailto:adamsdianna825@gmail.com) or 403-804-9379, or the WCA office.

## WCA Tidy-Up



Help improve the appearance of Woodcreek and maybe meet some of your like-minded neighbours on May 24, 2025.

What is it? A volunteer community tidy-up of our sidewalks, green spaces, and pedestrian alleyways. This is in addition to the annual Cleanup Day at the Woodcreek Community Centre, held on the same day.

**When?** Saturday, May 24, 2025, from 10:00 am to noon.

**Where?** Anywhere in the Woodlands and Woodbine area where you have seen litter or accumulations of leaves and similar things; for example, sidewalks, bus stops, green spaces, and pedestrian alleyways.

**Who?** Everyone in Woodlands and Woodbine is invited to participate in tidying up our own community.

**How?** Please use your own tools such as ‘trash grabbers’, brushes, shovels, and garbage or compost bags. To make this a zero-cost tidy-up, we ask that you please put what you collect in your own bins back home. This is the first year of a community tidy-up; if there is enough support, we could arrange a large central bin in the future.

**Why?** Our neighbourhood is quite well maintained, but The City does not have the resources to clean every corner of it. This event is also an opportunity to be able to say hi to your neighbours out there sharing your willingness to volunteer. Limiting the hours to just 10:00 am to noon will help us all interact.

**Safety.** Obviously be aware and considerate of cars, children, and other people. Don’t go on private property. Use good gloves to avoid contact with anything unpleasant or sharp. Although it may be tempting, don’t use power tools such as mowers or trimmers as these increase the chances of someone being hurt.

Questions? Please email [woodcreektidyup@gmail.com](mailto:woodcreektidyup@gmail.com).

Thank you for caring.



# BUSINESS CLASSIFIEDS

**ELECTRICITY IS NOT A HOBBY:** Call a licensed electrician and pot light specialist. No job is too small. Excellent rates. Please call John at 403-708-6555.

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**NEPTUNE PLUMBING & HEATING LTD:** Qualified journeymen plumbers/gasfitters, very experienced in Woodbine and Woodlands. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

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**WOODLANDS | WOODBINE MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

**LANDSCAPING & WINDOW CLEANING:** Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

**JUNK TO THE DUMP / ODD JOBS:** Safety starts with a clean and clutter free environment. Disposal of any household unwhants. Reno clean-ups. Move in/out garbage removal. Disposal/recycling of appliances/electronics. Reno moves. Very prompt service, best prices and satisfaction always guaranteed! We load. Senior discount. Please call Sanil for your free estimate at 403-616-2758.

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**CADILLAC LAWN CARE:** Landscaping, sod install and rip out, rock beds, mulch. Call for a free quote. Sheldon: 403-796-9377. Email sheldonporter@live.com.

**WOODLANDS | WOODBINE PAINTER:** Experienced Calgary Painter - Transform your space with precision and style! Our professional painting services bring life to your home. Skilled in interior and exterior projects. Affordable rates with top-quality results. Contact Jonathan for a free estimate at 403-561-4338. Your trusted choice for a fresh, vibrant look. www.fivestarpainting.com.

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

**CROWN RENOVATIONS:** Book your kitchen reno and have it installed for spring. Beautiful kitchen, bathroom and complete basement renovations at affordable prices. Over 40 years' experience in quality renovations. Full service custom cabinetry manufactured in Calgary. Local, licensed, bonded, and insured. Free in-house estimates. Full house renovations. www.crownrenovations.com. Contact Susan at 403-801-1140 or crownreno@shaw.ca.

**DALTON'S WINDOW CLEANING & MORE:** Offering the service of more free time and sunshine. We are a small, local Woodlands cleaning service specializing in interior & exterior window cleaning, pressure washing, eavestrough cleaning, snow removal, Christmas lights installation, and so much more. Services starting at \$100, with major multi-service discounts. 403-990-6149. Daltonswindows@gmail.com.

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**MANN BIKE CAVE:** Welcome to 2025 and a new season of bicycle services at Mann Bike Cave. Full comprehensive tune-ups will remain at last year's prices for the spring and summer season. Please phone or text me at 403-620-3036 or check out mannbikecave.com.

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# BUSINESS CLASSIFIEDS

continued

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This ad is not intended to solicit properties already under contract or listed on MLS



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AND  
THEIR FAMILIES**

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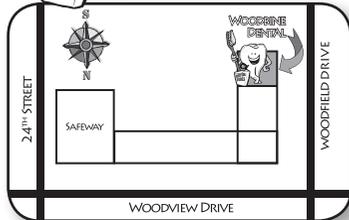
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