

MARCH 2025

DELIVERED MONTHLY TO 6,400 HOUSEHOLDS

# your **WOODCREEK** CHRONICLE

THE OFFICIAL WOODLANDS & WOODBINE COMMUNITY NEWSLETTER

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MEMBERSHIP AWARENESS MONTH**



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official-plumbing-heating.ca

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403-692-0888 | hairtime.ca

## NEW PATIENTS WELCOME

WE CAN HELP YOU AT:

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WE WARMLY  
WELCOME  
EMERGENCIES,  
NEW PATIENTS  
AND  
THEIR FAMILIES

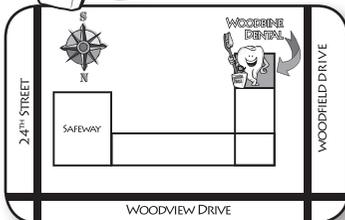
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### WOODLANDS COMMUNITY REAL ESTATE ACTIVITY

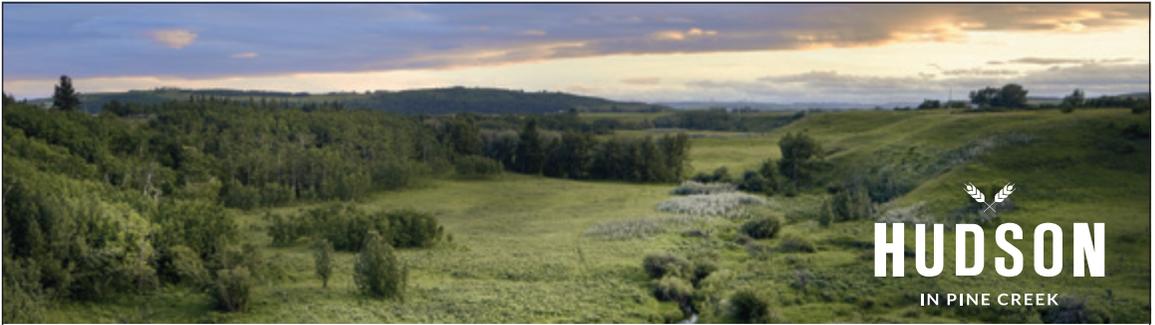
### WOODBINE COMMUNITY REAL ESTATE ACTIVITY

	Properties		Median Price	
	Listed	Sold	Listed	Sold
January 25	7	2	\$364,950	\$394,950
December 24	1	4	\$607,450	\$594,000
November 24	7	6	\$654,450	\$645,000
October 24	5	7	\$534,900	\$525,000
September 24	11	8	\$547,500	\$545,000
August 24	9	9	\$599,900	\$590,000
July 24	15	14	\$634,900	\$637,500
June 24	18	18	\$607,450	\$610,000
May 24	9	7	\$599,900	\$627,500
April 24	7	8	\$390,000	\$397,500
March 24	7	9	\$399,900	\$450,000
February 24	7	5	\$599,900	\$627,500

	Properties		Median Price	
	Listed	Sold	Listed	Sold
January 25	3	2	\$516,450	\$515,250
December 24	0	4	\$762,450	\$740,000
November 24	5	14	\$712,450	\$692,500
October 24	20	18	\$599,450	\$599,800
September 24	17	12	\$664,900	\$651,500
August 24	18	14	\$714,900	\$709,250
July 24	7	6	\$627,200	\$625,000
June 24	18	16	\$687,450	\$680,000
May 24	17	14	\$635,000	\$640,250
April 24	15	18	\$647,400	\$671,750
March 24	16	15	\$655,000	\$645,000
February 24	5	5	\$799,900	\$804,900

To view more detailed information that comprises the above  
MLS averages, please visit [wood.mycalgary.com](http://wood.mycalgary.com)

To view more detailed information that comprises the above  
MLS averages, please visit [wdbn.mycalgary.com](http://wdbn.mycalgary.com)



**Take advantage of our 2.99%\* exclusive interest rate on move-in ready homes!**

Discover Hudson in Pine Creek, a stunning SW community with breathtaking views and amenities out your front door. Visit us today to explore our 3 immediate possession homes and learn more about our final amenity-backing lots. Limited inventory available, visit today!

\*See sales centre for details.



**SHOW HOME HOURS:**

Monday – Thursday: 2-8pm  
Friday By Appointment Only  
Saturday, Sunday and Holidays: 12-5pm

**GET IN TOUCH:**

144 Creekstone Hill SW  
403-930-6399  
hudson@crystalcreekhomes.ca

[crystalcreekhomes.ca](http://crystalcreekhomes.ca)



**PROTECTING FAMILIES**

**PROTECTING FAMILIES**

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**DO YOU HAVE AN ENDURING POWER OF ATTORNEY?**  
**DO YOU HAVE A PERSONAL DIRECTIVE?**

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✓ House calls    ✓ Reasonable fees

Location: **Palliser**

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**MORGAN TOMEY & EMILY TRIGGS** Mar 7  
**RUM RAGGED** Apr 5  
**MARTYN JOSEPH** May 2

**TICKETS & INFO** [FISHCREEKCONCERTS.COM](http://FISHCREEKCONCERTS.COM)

**SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE**

**WOODBINE**

**WOODLANDS**

MANY OTHER PACKAGES AVAILABLE!

# BATHROOM RENOVATION SALE

## SUPREME ULTIMATE

- Remove all old materials from bathroom and job site
- Supply & install new acrylic soaker tub
- Supply & install new toilet with soft close seat
- Supply & install new Delta pressure balance taps
- Supply & install new showerhead & diverter spout
- Supply & install new mold-resistant board
- Supply & install new tile to ceiling
- Supply & install one corner caddy & soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink
- Supply & install new Delta vanity tops
- Supply & install new drain system & pop-up stopper

**ABSOLUTELY NO HIDDEN COSTS**

*Some restrictions may apply. Reg: \$15,679*

SALE **\$11,679**  
*Limited Supplies*

## TUB TO SHOWER CONVERSION

- Remove all old materials from bathroom and job site
- Supply & install one custom shower stall 60" x 30"
- Supply & install new water resistant board
- Tile Schluter base
- Supply & install new tile to ceiling
- Supply & install custom shower doors
- Supply & install new Delta pressure balance taps
- Supply & install new toilet with soft close seat
- Supply & install one corner caddy with soap dish

**ABSOLUTELY NO HIDDEN COSTS**

*Some restrictions may apply. Reg: \$13,679*

SALE **\$9,879**  
*Limited Supplies*

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**All Labour & Material Included**

All packages pertain to standard size bathrooms

# Woodcreek Community Association Executive Board of Directors and Other Contacts

Representatives can be reached through the WCA Office at 403-238-1611 or [wca@woodcreekcommunity.ca](mailto:wca@woodcreekcommunity.ca).

BOARD POSITION	
President	Keith Cartmell
First Vice-President	Jennifer Hogg
Second Vice-President	Simone Bourque
Treasurer	Anne Christopoulos
Secretary	Sue Barter
Past President	Cheryl MacLeod
Gardening Association Coordinator	Ross Snyder
Woodcreek Seniors Representative	Anne Bundgaard
Community Pantry	Naomi Burkinshaw
Community Betterment	Don Lauweryssen
Event Coordinator	Nicole Matheson
Raffle Coordinator	Leanne Long
Casino Coordinator	Ayesha Shaikh
Tree Canopy Improvement	David Varga
Police Liaison	Joshua Heuberger
Director at Large	Scott Eden
Director at Large	Tom Ward
Director at Large	Katie McLeod
Director at Large	Andre Ortiz
Director at Large	Kathy Thirsk

OTHER CONTACTS	
Communications	Sue Larson/ Erin Lackie
Development Liaison	Linda Mulligan
Youth Events Coordinator	Tara Gladun
Events Coordinator	Cassandra Morano
Stampede Breakfast Coordinator	Carole Davis
Mini Basketball Program	Kat Macaulay
St. Jude School Liaison	Carolyn Grabill
Woodbine School Liaison	Pooja Sharma
Woodlands School Liaison	Pam Ashcroft

## WCA Board Meetings

Get involved! Make a difference!

Upcoming 2025 Meeting Dates:

- March 4
- May 6
- June 3
- September 9
- November 4

Meetings start at 7:15 pm. Everyone is welcome to attend!




**Get the Latest Woodcreek News to Your Inbox!**

Scan to subscribe to our NEW monthly newsletter!



## Cover Photo

Do you have a photo that would make a great cover for the *Woodcreek Chronicle*? Email it to [wca@woodcreekcommunity.ca](mailto:wca@woodcreekcommunity.ca).

## EXECUTIVE MESSAGE



Hello Woodcreek!

While we're in the deep freeze as I write this, I hope things are a bit warmer as you read this. Spring is on the way, and we'd like to thank the many volunteers that made our activities so successful this winter. We're looking forward to the many exciting events that will be coming this spring.

We have a lot of exciting projects in the works. Keep an eye on the WCA webpage (<https://www.woodcreekcommunity.ca/>) for when the Community Betterment Project page shows up. You can also order a Good Food box; the next deadline is March 10 for a March 19 pickup. It's not the season just now, but later in the year you can book a tennis or pickleball court; and you can register for an event and read about the numerous programs on offer in our building.

March is Community Association Awareness Month. Your valuable support allows us to provide many events and programs throughout the year. Memberships can be purchased online or by contacting the office. All residents of Woodcreek with a valid Woodcreek membership by March 31 will be entered into a draw to win a large Good Food Box.

While we await the City announcing the new rules for the Capital Conservation Grant that we have often relied on to fund much of the cost of maintaining our facilities, we are investigating alternative grants and moving forward on plans for changes to the building to continue to make it a desirable event rental.

The next board meetings are March 4 and May 6.

*Keith and Jen*

## Mark Your Calendar! Upcoming Events

March 4	Board Meeting
April 4	Paint Night
April 12	Easter Egg Hunt



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CONTACT RANDY CHOMISTEK  
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**Spring Bottle Drive! Get Ready!**

**THE SILVERBIRCH DISTRICT  
BOTTLE DROP &  
CLOTHING COLLECTION!**

**SATURDAY - March 15  
FROM 10:00 AM TO 2:00 PM**

**It's super easy - just drop off your refundables**

**BOTTLE & CLOTHING DROP-OFF  
LOCATION:**

**Braeside Community Centre  
11024 Braeside Dr. SW**

*Thanks to our neighbours who have donated in the past. Your contribution is always appreciated.  
Ask us about Girl Guide cookies.*



# Community Office Hours

**Monday to Friday:**  
**1:00 to 4:00 pm or by appointment**  
**Closed on statutory and civic holidays**

## Community Office Staff

Facility Manager Sue Larson  
Office Administrator Erin Lackie

**Phone:** 403-238-1611  
**Address:** 1991 Woodview Drive SW  
Calgary, AB T2W 5E5  
**Email:** wca@woodcreekcommunity.ca  
**Website:** www.woodcreekcommunity.ca



## SAFE AND SOUND

# Burns and Scalds

by Alberta Health Services

Each year Emergency Medical Services respond to emergencies involving young children who have sustained severe burns or scalds. These incidents often occur inside the child's own home. Common causes include a child accidentally tipping hot liquids onto themselves, touching hot surfaces such as stoves, or making contact with electrical outlets. Fortunately, incidents such as these can be avoided by taking preventative measures.

### Degrees of Burn

- 1°: Affects only the top layers of the skin; appears red like a sun burn; discomfort is generally tolerable.
- 2°: Deeper and much more painful than 1° burns; broken skin or blisters commonly develop.
- 3°: Severe. The deepest layers of skin and tissue are injured; may appear charred or leathery.

### First Aid for Burns

- Skin may continue to burn if not cooled. Immediately douse burns with large amounts of cold water.
- Cover the burn with a sterile dressing, or at least clean material to protect infection.
- Over-the-counter medications may be used for pain. Adhere to directions given on the label.
- Seek further medical attention, as required.

### Prevention of Burns

- Check the temperature of your hot water tank. Temperatures as high as 60°C / 140°F will scald a child in just seconds.
- Use placemats instead of tablecloths. Tablecloths can be yanked downward causing hot drinks or food to spill on a child.
- Turn pot handles to the back of the stove and ensure cords from kettles, slow cookers, and other electrical appliances cannot be reached.
- Avoid picking up a child while holding any hot liquids.
- Ensure electrical outlets are made secure by installing commercially available safety devices which prohibit access.
- Keep children away from areas where appliances are in use (kettles, irons, hot stoves).

If you require immediate medical attention, call 911.



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[www.calgaryweightlossclinic.com](http://www.calgaryweightlossclinic.com)



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www.summitplumbing.ca

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# Epilepsy Awareness Month

## Shine a Light on Epilepsy

This March, let's unite in support of the 30,000 individuals living with epilepsy in Southern Alberta. Together, we can make a meaningful impact. Wear purple, light up spaces, and be part of the movement!

MARCH 26  
**Purple Day**



**Light up the Night in Violet Vibes!** Light up your homes, offices, and public spaces in purple to show your solidarity.



**Dress in Grape Glory!** Show your support by wearing purple clothing or accessories on March 26th.



**Spark a Purple Revolution!** Be a part of the change! Donate or start a fundraiser.



[epilepsycalgary.com](http://epilepsycalgary.com)

Share your purple moments using

**#postyourpurple**



# Why Buy a Membership to the Woodcreek Community Association?

## Community

Membership fees are invested into delivering quality programs and supports the operational needs of our community centre and its grounds in Woodlands and Woodbine.

## Feel Connected and Informed

Helps you meet others in your community, as well as keeps you informed about important activities and community news.

## Events

Attend community events such as dances, children's parties, family skates, Stampede Breakfast, and a growing list of events and activities, either free or at a discount.

## Enjoy Sport Facilities

A variety of sport facilities are available year-round, including basketball, skateboarding, tennis, pickleball, outdoor lit rinks for public skating, hockey, and lacrosse.

## Voting

Membership allows you to vote on community issues at the Annual General Meeting. (Not available for Non-Resident Memberships).

## Receive Support

The community association provides representation and input for Woodcreek residents with the City of Calgary and/or community planning.

## Facility Rentals

The community centre offers fantastic hall and meeting space for public programs and activities, meetings, and family events and gatherings. Members receive a 10% discount for bookings.

## Free Services

Join with your neighbours and participate in community initiatives such as our Community Cleanup Day, Seniors Groups, and Gardening Club.

Support your community, purchase a WCA membership today!

## Cats, Canines, & Critters of Calgary



Jax, McKenzie Towne



Louie, Panorama Country Hills



Luna, Marda Loop



Luna, West Hillhurst



Lutik, Douglas Quarry



Mystery, Christie Park



Neville, Douglas Glen



Snoop, Southwood

To have your pet featured, email [news@mycalgary.com](mailto:news@mycalgary.com)



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daily adventures and essentials.

### COMMUNITY FEATURES



7  
PARKS



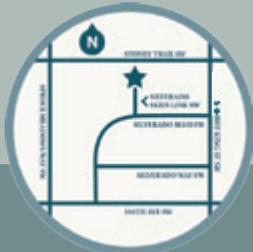
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SCHOOLS



40 MINS  
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Prices & terms are subject to change without notice.

## Single-Family Front-Drive Garage

FROM THE LOW

**\$700s**

## Duplex Homes

FROM THE HIGH

**\$500s**

### HOME BUILDERS

**Brookfield**  
Residential

**EXCEL**  
HOMES

### Show Home Hours

Monday - Thursday    Weekends & Holidays  
from 2-8 pm                    from 12-5 pm

[SilverSpruceCalgary.com](http://SilverSpruceCalgary.com)



Play Makers

# Family Storytime Yoga

At the Woodcreek Community Centre

## Spring Storytime Yoga Session

Friday Classes

10:00 am – 11:00 am

March 7 - April 11, 2025

Limited Family Spaces

Registration Required



[www.playmakerscalgary.com](http://www.playmakerscalgary.com)



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					7			8
4	3	2	6	8				
	8		4			2	3	
	6		1					
3								5
					8		2	
	4	1			6		7	
				1	2	9	5	4
9			3					

**SCAN THE QR CODE FOR THE SOLUTION**



# WINTER PROGRAMS AT WCA

## **Ballroom and Latin Dance Classes for Adults and Children**

Dima Levita and Sasha Antonova (Levita Dance)  
403-613-5070

## **Beavers**

Scouter Tammie  
scoutertammie401@gmail.com

## **Bravo Circus Classes for Kids**

Ages 3 to 13 years  
Maria Chekmareva  
587-894-0675 or maria@bravocircus.ca

## **Friday Prayers for Muslims**

Dr. Mahmood  
403-708-1055

## **Gateway Victory Church**

Pastors Rowan and Mara Fraser  
403-816-1684 (call/text)

## **Girl Guides**

Barb Augustyn  
403-251-5169

## **Judo**

Sensei Vasfi 403-888-9252  
Sensei Alex 587-433-4689  
jisedaidojo@gmail.com

## **Karate for Children and Adults**

Hermann Pirela 5th degree Black Belt (Tanabe Dojo)  
403-880-0992

## **M & D Dance Academy**

Marissa and Desiree Lanoire  
403-473-3252 or 587-438-4725

## **Miniature School of Ballet & Dance**

Alya  
www.miniatureballet.com

## **Move N Mingle**

Alberta Health Services  
403-955-1554

## **Parents and Tots**

Up to 4 years  
Jade Howkins  
jade.howkins@outlook.com

## **Play Makers: A Preschool Program**

Tara Gladun  
admin@playmakerscalgary.com

## **Scouts**

Scouter Tammie  
scoutertammie401@gmail.com

## **Seniors' Bridge/Cards**

Ken Barrie  
403-281-5556

## **Seniors' Fitness (Move & Groove)**

Nancy Ehle  
403-238-1611

## **Seniors' Group**

Chairperson – Anne Bundgaard  
403-238-1611

## **Seniors' Knitting Group**

Sandy Keating  
403-238-1611

## **Southwest Seniors**

Dancing and live music  
George Flood  
flood.george6@gmail.com

## **Sportball**

www.sportball.com

## **Step Classes**

Margarita Fox  
403-612-0365

## **Storytime Family Yoga**

Tara and Tracy  
www.playmakerscalgary.com/yoga

## **Tai Chi**

Christine Tao  
403-238-1611

## **Therapeutic Yoga for Hips, Shoulders, and Back**

Rosemarie Bartschak  
403-607-5806 or www.yoga4community.com

## **Vanshaw Academy of Irish Dance**

Stephanie Henshaw  
vanshawacademy@gmail.com or vanshawirishdance.ca

## **Woodcreek Gardening Association**

Ross Snyder  
gardener@woodcreekcommunity.ca

Visit our website for more information.



March is...

# Community Membership Awareness month!

We can't do what we do without your support!  
As a thank-you, all Woodcreek residents who hold a valid  
membership as of March 31, 2025 will be entered into a  
draw to win a large Good Food Box.

**Support your community by  
purchasing a membership today!**

[www.woodcreekcommunity.ca](http://www.woodcreekcommunity.ca)



# PARENTS AND TOTS

playgroup



Let your little ones (aged 0-5) explore,  
make friends, and build new skills while you  
connect with other parents!

9am - 11am, Mondays  
1991 Woodview Dr SW  
FREE with WCA membership,  
or \$5 drop-in fee

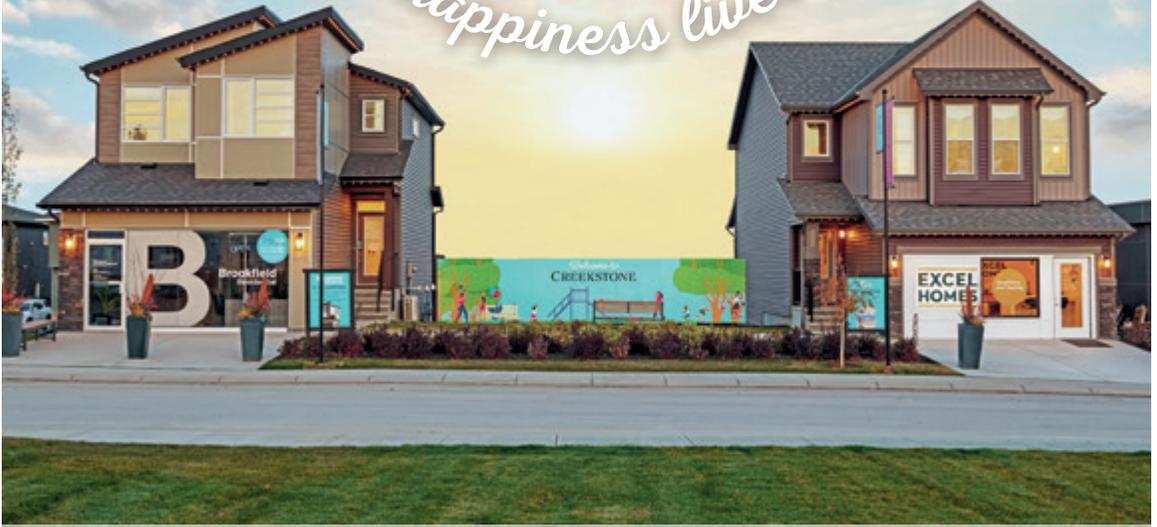


Contact [jade.howkins@outlook.com](mailto:jade.howkins@outlook.com)

# CREEKSTONE

Your New Southwest Enclave

is where  
*happiness lives*



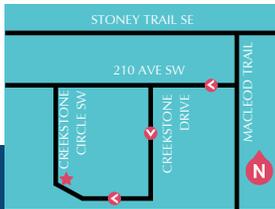
- NEW PHASE JUST RELEASED -

**Single-Family  
Front-Drive Garage**

FROM THE LOW

**\$700s**

Prices & terms are subject to change without notice.



HOMES BY:

**Brookfield  
Residential**

**EXCEL  
HOMES**

## *Show Home Hours*

Monday - Thursday    Weekends & Holidays  
from 2-8 pm                      from 12-5 pm

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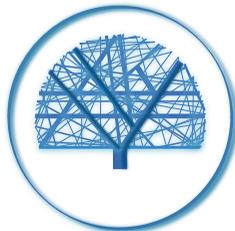
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changes  
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			SAME FEE
Code	Treatment Description	ADA&C Fee Guide Pricing	Willow Park Dental's Pricing
01103	New Patient Exam	\$137.65	<b>\$137.65</b>
02144	4 Bitewing X-Rays	\$105.38	<b>\$105.38</b>
02113	3 PA X-Rays	\$81.35	<b>\$81.35</b>
02601	Panoramic X-Ray	\$106.61	<b>\$106.61</b>
11113	3 Units Scaling	\$250.53	<b>\$250.53</b>
11101	Polishing	\$74.40	<b>\$74.40</b>
12112	Fluoride Treatment	\$36.05	<b>\$36.05</b>

# Family and Cosmetic Dentistry

Whether you're looking for a simple cleaning and check-up for your family or more advanced Cosmetic work, we can help. We offer a full range of services, from Dental Cleanings and Fillings to Cosmetic Procedures such as Dental Implants, Veneers, Crowns & Bridges, Tooth Coloured Fillings, Teeth Whitening, and more. Oh, and did we mention we're great with kids?



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**\$8 PER UNIT**

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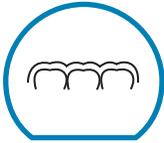
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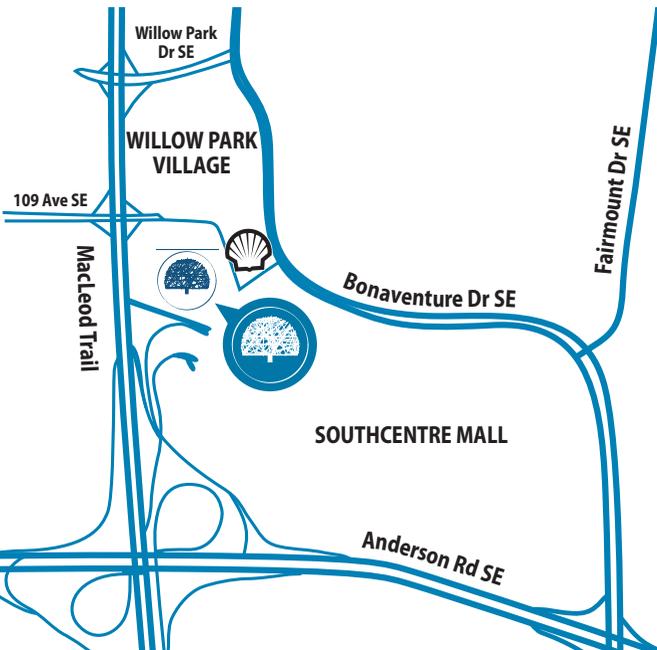


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**W www.willowparkdental.com**



All services performed by a general dentist

## Earth Hour 2025

by *The City of Calgary*

Calgary Unplugged is an annual family-friendly Earth Hour event. Join us for music, entertainment, and learn about environmental actions you can take in your community. Bring along some personal LED lighting and dance to the DJ when the lights go down for the Earth Hour party!

- Location: Central Library (800 3 Street SE)
- Date: Saturday, March 22
- Time: 7:00 to 9:30 pm

You can still participate in Earth Hour if you can't make it to the event! Reduce your impact by turning off nonessential lights, "unplug" from electronics at 8:30 pm, and take this time to reconnect with people, play games, or enjoy hobbies.

Share your participation in Earth Hour on social media with #EarthHour and #EarthHourYYC.

Calgary Unplugged is hosted by The Arusha Centre, with support from The City of Calgary and community agencies.



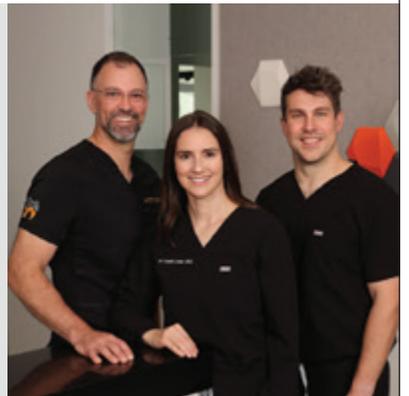
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# GARDENING CLUB

THIRD SATURDAY OF THE MONTH  
10:00 AM - NOON

*Whether you're a seasoned gardener or just starting out, we invite you to join us for good conversation and friendship through gardening!*

For more information email Ross at [gardener@woodcreekcommunity.ca](mailto:gardener@woodcreekcommunity.ca)

## Woodcreek Book Club

Join the Woodcreek Book Club and meet fellow members of the Woodcreek community! We'll be hosting in-person book club meetups on the last Wednesday of each month at the Woodcreek Community Association Hall to discuss the book of the month.

Our February book pick is *The Woman in Cabin 10* by Ruth Ware.

Our monthly book club dates will be on Wednesdays, March 26, April 30, May 28, and June 25. Attend some or all - we'd love to have you!

### Register for the March Book Club Meet-Up:

Date: Wednesday, March 26, 2025

Time: 7:00 pm

Where: 1991 Woodview Drive SW, Calgary

Cost: Free

Register at [woodcreekcommunity.ca](http://woodcreekcommunity.ca)

## GAMES & PUZZLES

### Guess the Toy!

1. This fashion doll, created by Ruth Handler, made her debut at the American Toy Fair on March 9, 1959.
2. This toy originates from the Swahili word "kujenga" which means "to build".
3. This was the first toy ever advertised on television, featuring parts that could be stuck into a fruit or vegetable.
4. Max Park holds the record for solving this 3D combination puzzle toy at 3.13 seconds.
5. This stretchy, bouncy, moldable toy was used aboard Apollo 8 to help secure tools and equipment in zero gravity.
6. This toy was named after Theodore Roosevelt who famously refused to shoot a captured animal during a hunting trip in 1902.



SCAN THE QR  
CODE FOR THE  
ANSWERS!



JOIN THE

# WOODCREEK BOOK CLUB

**MAR 26, 2025 · 7:00 PM · 1991 WOODVIEW DR SW**

Join us on the last Wednesday of each month to discuss the book of the month & meet new people in the community!

## OUR MARCH BOOK PICK:

The Woman in Cabin 10  
by Ruth Ware



### REGISTER AT:

[www.woodcreekcommunity.ca](http://www.woodcreekcommunity.ca)

### COST:

Free for WCA members & non-members.

Contact [wca@woodcreekcommunity.ca](mailto:wca@woodcreekcommunity.ca) or (403)238-1611 for more info.



## Good Food Box

The Good Food Box Program is a program under the Community Kitchen Program of Calgary whereby anyone can purchase boxes of fresh fruits and vegetables at an affordable price.

Each Good Food Box contains a combination of fruits and vegetables. The content varies monthly, due to seasonal availability.

### Pricing and Sizes

- Small: \$30 for 15 to 20lbs
- Medium: \$35 for 25 to 30lbs
- Large: \$40 for 35 to 40lbs

\*Please note weights are approximate.

Orders are placed monthly through the Woodcreek Community Association office and can be made in person, over the phone, or online. Payment is due at the time of ordering and no refunds can be issued. If you would like to donate a Good Food Box to our community pantry, please select 'donate a box' when ordering.

Order By 4:00 pm	Pickup Date (1:00 to 5:00 pm)
March 10	March 19
March 31	April 9
May 5	May 14

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The Woodcreek Community Association  
invites you to

xx



# PAINT & SIP NIGHT

xxx

xxx

**PAINT × SIP × MINGLE**

**1991 WOODVIEW DRIVE SW**

**FRI, APR 4, 2025**

**7 PM**

**MEMBERS:**

**\$40 + GST\***

**NON-MEMBERS:**

**\$45 + GST\***

*\* includes 1 drink ticket & art materials*

**Register at [www.woodcreekcommunity.ca](http://www.woodcreekcommunity.ca). Must be 18+.**

Contact [wca@woodcreekcommunity.ca](mailto:wca@woodcreekcommunity.ca) or (403)238-1611 for more info.

## Woodcreek Racquet Memberships

Courts located at Woodborough Park

The 2025 racquet season is almost here! To book the WCA courts, members require a current Woodcreek community membership plus a racquet membership. Early bird racquet memberships will be available in April. Please ensure that your WCA membership is up to date to receive further information on when the courts will open.

### Renew or Purchase Your Membership!

**Single - \$15 + GST**  
**Family - \$25 + GST**

**Single Senior (over 60) - \$10 + GST**  
**Senior Family (both over 60) - \$15 + GST**  
**Business - \$20 + GST**

Woodcreek memberships are available for purchase online.  
[www.woodcreekcommunity.ca](http://www.woodcreekcommunity.ca)  
**(403) 238-1611**



### Pi and Einstein, a Perfect Pair!

Many may know Pi Day is celebrated on March 14 - but it also marks the birthday of Albert Einstein. Born in Ulm, Germany in 1879, Einstein's birthday coincides with this mathematical celebration, making March 14 a double treat for both math and science enthusiasts!



## YOUR CITY OF CALGARY

### Find Your Next Job at the Youth Hiring Fair – March 27

by *The City of Calgary*

Mark your calendars! The Youth Employment Centre (YEC) is excited to announce the return of the Youth Hiring Fair on Thursday, March 27 at the Big Four Building from 1:30 to 6:00 pm. If you're between the ages of 15 and 24, this event is your opportunity to meet with 80 employers ready to hire for part-time, full-time, permanent, or seasonal positions.

Whether you're starting your job search or advancing your career, the Youth Hiring Fair is the place to be. You'll have the chance to connect directly with employers from various industries offering diverse opportunities for all skill levels.

Before the event, be sure to visit the Youth Employment Centre at 315 – 10 Ave SE to receive free assistance with resume building and interview preparation. Our expert employment counsellors are available to help you build confidence and ensure you're ready to make a strong impression on potential employers.

Don't miss out on this fantastic opportunity to secure your next job. Visit [calgary.ca/yechiring](http://calgary.ca/yechiring) for more details!





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Community Association  
Serving the Communities of Woodbine and Woodlands

# EASTER EGG HUNT

Face painting, games + more!

**SAT. APRIL 12**

**1-3 PM**

Members:  
**FREE**

Non-members:  
**\$5 per child**

**Egg Hunt Times**

**1:30 PM : 0-3 years**

**1:45 PM: 4-7 years**

**2:15 PM : age 7+**

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donations for our  
community pantry  
would be greatly  
appreciated!

**Registration is required**  
**No tickets sold at the door**  
**[www.woodcreekcommunity.ca](http://www.woodcreekcommunity.ca)**  
**403-238-1611**



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Invisalign uses advanced digital technology to create a step-by-step plan for teeth movement, allowing individuals to visualize expected results before starting treatment for a predictable and controlled approach.



### INVISIBLE APPEARANCE:

Invisalign offers a virtually invisible appearance due to its clear and transparent aligners, allowing individuals to undergo orthodontic treatment discreetly.



### SHORTER TREATMENT:

In some cases, Invisalign may offer a shorter treatment duration compared to traditional braces, thanks to precise and personalized treatment plans.



### REMOVABLE:

Invisalign aligners are removable, providing flexibility in eating and facilitating easier oral hygiene practices by allowing individuals to take them out for brushing and flossing.



### IMPROVED ORAL HEALTH:

Being able to remove the clear aligners when necessary makes it easier to practice good oral hygiene like brushing and flossing. This can lead to a cleaner, healthier mouth and cut down on additional issues like mouth sores, cavities, bad breath, and tooth decay.



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 SPA AQUA PRIMA  
 Sylvan Learning of Mid-South Calgary  
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 Vanshaw Academy of Irish Dance  
 Woodbine Chiropractic & Massage  
 Woodbine Dental  
 Woodbine Optometry  
 Woodbine Safeway  
 Woodlands Medical Clinic

## WOODCREEK SENIOR MOMENTS

The Woodcreek Seniors' meetings are scheduled for the first and third Tuesday of each month, and meetings begin at 9:30 am. We are extending an invitation to seniors in the community to attend one of our meetings. Come, meet us, have a coffee, and see what the group can offer. We welcome all seniors to our group.

If you are interested in joining, please contact the Woodcreek Community Association at 403-238-1611 for a WCA membership.

- March 4 - Meeting and enjoyable game
- March 18 - Meeting and Speaker (TBA)
- April 1 - Meeting. Bingo
- Watch for "Meet for Breakfast" date in April

For further information, please contact Anne, Chairperson, at 403-238-1611 or email akbund954@gmail.com, or Sandy, Vice-Chair at woodcreekseniors826@gmail.com.

### Other Weekly Senior Programs Are:

- **Knitting and Crochet Group** - Meets on Monday at 1:00 pm. For further information, contact missuskeating@gmail.com.
- **Bridge** - Meets on Tuesday at 1:00 pm. For further information, contact kenbarrie@gmail.com.



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## Breakfast Quesadilla

by Jennifer Puri



Eggs are tasty, filling, and good for your health as a whole; eggs contain a little bit of every nutrient you need. Cheap and easy to prepare, they are an inexpensive source of high-quality lean protein.

Blue, green, brown, or white eggs may have different colours but there is no difference in taste or nutrition between them. An average hen lays 300 to 325 eggs per year. The colour of the yolk depends on the hen's diet and age, and typically as hens age, their eggs become larger.

An extremely versatile ingredient, eggs are not just for eating but are used to make beauty products such as face masks, compost, and garden fertilizer. In many cultures, the egg is a symbol of new life, fertility, and rebirth.

Eggs are also a breakfast/brunch mainstay, and scrambled, poached, baked, or fried are some of the ways to consume eggs. Quick and simple to cook, eggs can also be used in burritos or quesadillas as shown in the recipe for breakfast quesadillas below.

**Prep Time:** 20 minutes

**Cook Time:** 20 minutes

**Servings:** 2

### Ingredients:

- 2 large tortillas
- 1 ½ tsp. olive oil
- 1 chorizo sausage, cooked and casing removed
- 3 eggs lightly beaten
- ¼ tsp. salt
- 1 tbsp. butter

- 1 cup shredded Mexican cheese
- 2 cups kale washed, stemmed, and coarsely chopped
- 1 cup sliced button mushrooms
- ¼ cup chopped green onion
- ½ cup chopped red bell pepper
- ½ jalapeno, seeds removed and chopped (optional)
- Cooking spray

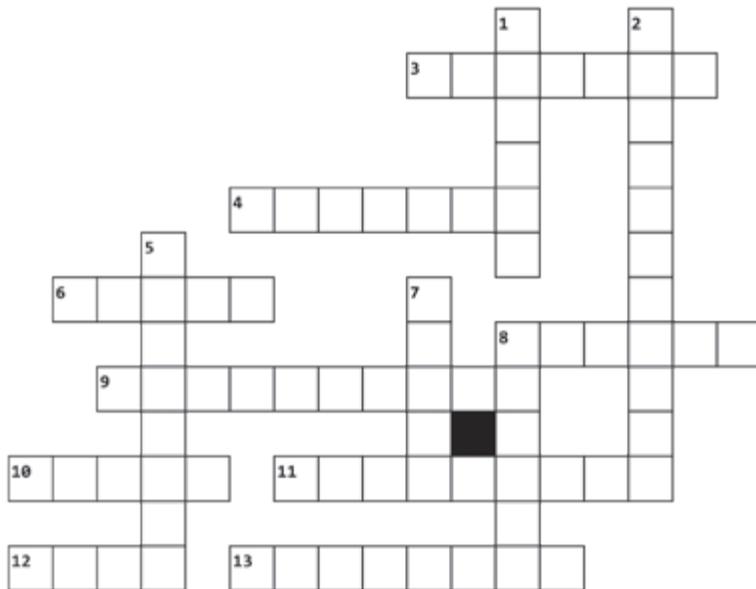
### Directions:

- Heat olive oil in a pan or nonstick skillet on medium heat. Add onions and sauté for about two minutes. Next add red peppers and mushrooms and sauté for another two minutes and then add kale, jalapeno pepper, and chorizo sausage. Cook until veggies are tender and then remove from heat and keep warm.
- In a skillet, melt butter on medium heat and pour in the egg mixture with a ¼ tsp. of salt. Cook eggs while stirring until they start to firm up then scramble until they are cooked through and remove from heat.
- Coat a large skillet or fry pan with cooking spray and heat on medium heat. Place a tortilla in the pan and sprinkle a ¼ cup of cheese on one half of the tortilla followed by half the veggie mixture and half the scrambled egg. Top with a ¼ cup of cheese and fold tortilla in half over filling. Cook for a few minutes until tortilla is golden brown, turning once.
- Transfer quesadilla to a cutting board and repeat the process with the second tortilla.
- Slice each quesadilla into two or three slices and serve with your favourite hot salsa, guacamole, or sour cream.

Bon Appétit!



# March Crossword



## Across

3. Known as the “Fight of the Century”; on March 8, 1971, Muhammad Ali’s 31-fight winning streak was ended by Joe \_\_\_\_\_ in Madison Square Garden.

4. Nathan \_\_\_\_\_ was born on March 27, 1971, in Edmonton, Alberta, and is best known for his role as Captain Malcolm on *Firefly*.

6. Pink \_\_\_\_\_’s album *The Dark Side of the Moon* was released on March 1, 1973, and stayed on the Billboard Top 200 album charts for 741 weeks!

8. A \_\_\_\_\_ *Life*, an emotional novel following the lives of four friends and written by Hanya Yanagihara, was first published on March 10, 2015.

9. This pale-blue gemstone is one of March’s birthstones.

10. On March 26, 1953, Dr. Jonas Salk successfully tested a vaccine for this disease that has affected notable individuals such as Frida Kahlo, Franklin D. Roosevelt, Joni Mitchell, and Neil Young in the past.

11. Known for her roles in *Schitt’s Creek*, *Home Alone*, and *Beetlejuice*, \_\_\_\_\_ O’Hara was born on March 4, 1954, in Toronto, Ontario.

12. The month of March is named after this Roman god of war.

13. This iconic film about a giant ape causing chaos in New York City first premiered on March 2, 1933, at Radio City Music Hall.

## Down

1. Daylight \_\_\_\_\_ Time will start on Sunday, March 9 this year.

2. This national park with geothermal features spanning across Wyoming, Montana, and Idaho became the first national park in the world on March 1, 1872.

5. Daffodils and \_\_\_\_\_ are the official birth flowers of March.

7. March is officially \_\_\_\_\_ Heritage Month in Canada and celebrates the history and impact of individuals, past and present, from the country nicknamed the “Emerald Isle”.

8. On March 2, 2024, \_\_\_\_\_ James made NBA history by becoming the first player to score 40,000 career points.



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**MANN BIKE CAVE:** Welcome to 2025 and a new season of bicycle services at Mann Bike Cave. Full comprehensive tune-ups will remain at last year's prices for the spring and summer season. Please phone or text me at 403-620-3036 or check out [mannbikecave.com](http://mannbikecave.com).

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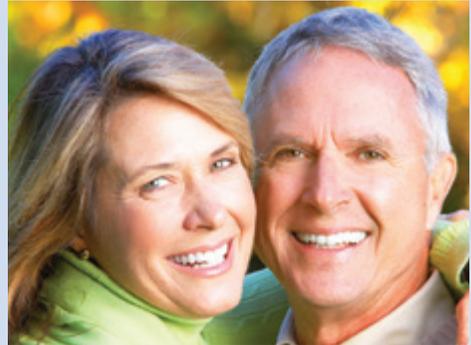
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[OakridgeDentureCentre@gmail.com](mailto:OakridgeDentureCentre@gmail.com)

[www.OakridgeDenture.com](http://www.OakridgeDenture.com)

**403-251-1522**

**Charles Gulley, DD, F.C.A.D.**  
Denturist, Denture Specialist



# KARATE

[www.acku.org](http://www.acku.org)

## Thursdays

Beginners (ages 4 and up)  
6:15 pm - 6:45 pm

Colour Belts (ages 7 and up)  
7:00 pm - 8:00 pm

Train karate at any of our clubs

**Braeside Community Center**  
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- Valuation Analysis
- Marketing Strategy Development
- Preparation of Marketing Materials
- Target Buyer Identification and Outreach
- Managing the Bid Process
- Negotiation and Deal Structuring
- Due Diligence Management
- Regulatory and Compliance Guidance
- Transaction Closing
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NOT INTENDED TO SOLICIT PROPERTIES ALREADY LISTED FOR SALE